



Join the ODE Parent Project®



Find answers to your parenting questions

Do you want to build a stronger relationship with your kids?

The Parent Project® is a 14-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

DATES

Classes start:
Wednesday, September 16th, 2020
6:00 pm – 8:30 pm

Virtual Via Zoom
Class dates:
9/16, 9/23, 9/30, 10/7, 10/14, 10/21, 10/28, 11/4, 11/11, 11/18, 11/25, 12/2, 12/9, 12/16

Class language:

Spanish

Register in advance:

Alfred Pineda
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www.smchealth.org/ParentProject