



Join the ODE Parent Project®



Find answers to your parenting questions

Do you want to build a stronger relationship with your kids?

The Parent Project® is a 12-week class that gives parents, grandparents, and caregivers the tools to build strong and healthy families. *All classes are free!*

Sign up for the Parent Project® and get:

- Resources to help you and your kids
- Tools to increase your child’s success and attendance at school
- Tips to improve communication with your child
- Strategies to prevent their use of alcohol or drugs
- Practical tools that work for your family

Dinner and childcare provided!
Childcare limited to first 20 children who sign up, ages 3-15, potty trained.

DATES

Classes start:
Tuesday, September 10th
5:30 pm – 9:00 pm
Carlmont High School
1400 Alameda de las Pulgas
Belmont, CA 94002

Class dates:
9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
10/29, 11/5, 11/12, 11/19, 11/26

Class language:
English

Register in advance:

Michelle Kelley
mikelley@seq.org
(650)595-0210, x 39606

