

Upper GI Bleeding

For vomiting blood or coffee ground emesis, and for melena (i.e., black, tarry stools)

History

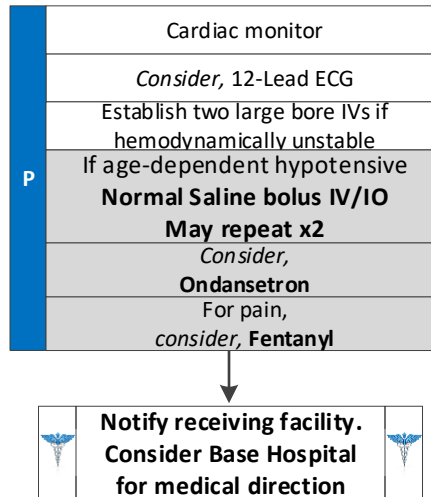
- Congenital abnormalities
- Varices
- Medications (e.g., ibuprofen, ASA, steroids)
- Stress
- GERD
- Ulcers
- Vomiting
- Liver disease
- History of oral intake

Signs and Symptoms

- Coffee ground emesis
- Hematemesis
- Tachycardia
- Hypotension
- Black, tarry stool

Differential

- Varices
- Gastritis
- Bleeding ulcer
- Epistaxis
- Hemoptysis
- Mallory Weiss tear
- Pepto Bismol use
- Food allergy



Pearls

- Hemoptysis and epistaxis can appear to be an upper GI bleed. Perform a thorough history and assessment.
- Limit time on scene and transport quickly.