Upper GI Bleeding

History
- Congenital abnormalities
- Varices
- Medications (e.g., ibuprofen, ASA, steroids)
- Stress
- GERD
- Ulcers
- Vomiting
- Liver disease
- History of oral intake

Signs and Symptoms
- Coffee ground emesis
- Hematemesis
- Tachycardia
- Hypotension
- Black, tarry stool

Differential
- Varices
- Gastritis
- Bleeding ulcer
- Epistaxis
- Hemoptysis
- Mallory Weiss tear
- Pepto Bismol use
- Food allergy

Pearls
- Hemoptysis and epistaxis can appear to be an upper GI bleed. Perform a thorough history and assessment.
- Limit time on scene and transport quickly.

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<th>Cardiac monitor</th>
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<tr>
<td>Consider, 12-Lead ECG</td>
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<tr>
<td>Establish two large bore IVs if hemodynamically unstable</td>
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<td>If age-dependent hypotensive</td>
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<tr>
<td>Normal Saline bolus IV/IO</td>
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<td>May repeat x2</td>
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<td>Consider, Ondansetron</td>
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<td>For pain, consider, Fentanyl</td>
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Notify receiving facility. Consider Base Hospital for medical direction.