# **Pediatric Medical Treatment Protocols**

# Pediatric Upper GI Bleeding

For vomiting blood or coffee ground emesis, and for melena (i.e., black, tarry stools)

### History

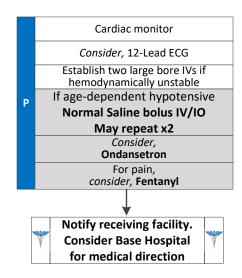
- · Congenital abnormalities
- Varices
- Medications (e.g., ibuprofen, ASA, steroids)
- Stress
- GERD
- Ulcers
- Vomiting • Liver disease
- · History of oral intake

### Signs and Symptoms

- · Coffee ground emesis
- Hematemesis
- Tachycardia
- Hypotension
- · Black, tarry stool

### **Differential**

- Varices
- Gastritis
- · Bleeding ulcer
- Epistaxis
- Hemoptysis
- · Mallory Weiss tear
- Pepto Bismol use
- · Food allergy



## **Pearls**

- Hemoptysis and epistaxis can appear to be an upper GI bleed. Perform a thorough history and assessment.
- Limit time on scene and transport quickly.

