

Pediatric Non-Traumatic Headache

For non-traumatic headache or head pain

History

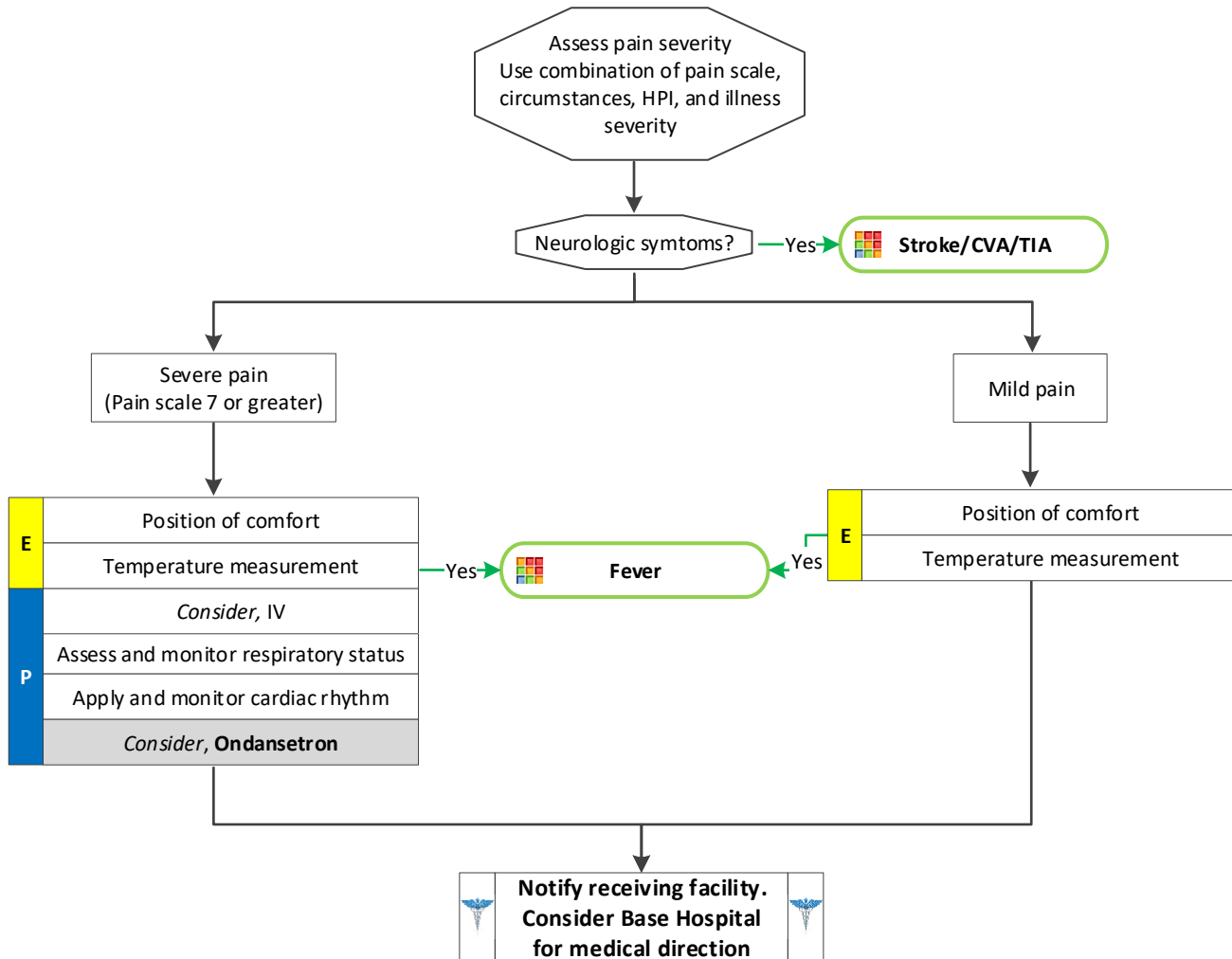
- Age
- Location and duration
- Severity (0–10 scale)
- Past medical history
- Drug allergies and medications
- Fever

Signs and Symptoms

- Severity (pain scale)
- Quality (e.g., sharp, dull, or stabbing)
- Radiation
- Relation to movement or respiration
- Photophobia
- Nausea/vomiting
- Fever

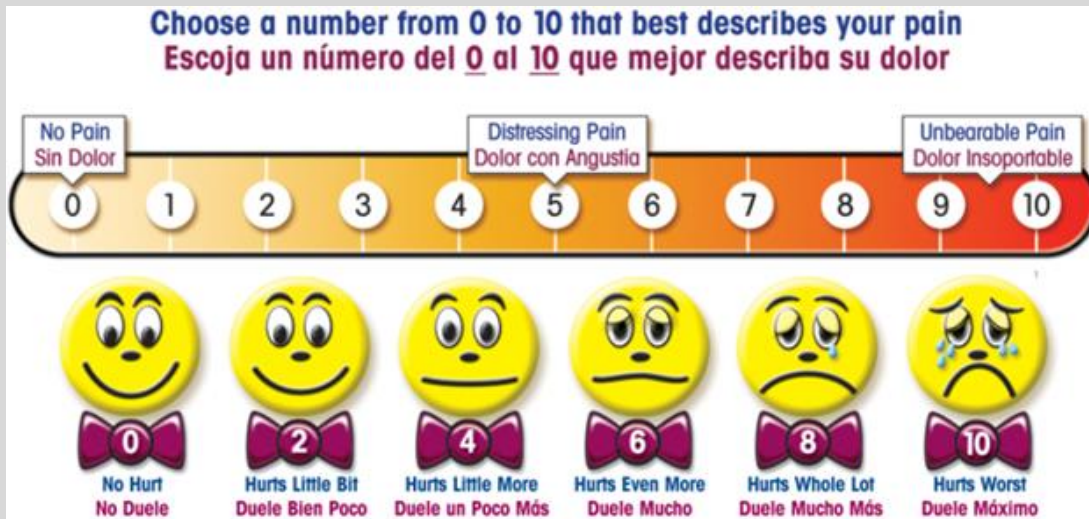
Differential

- Migraine
- Intracranial hemorrhage
- Arterial hypertension
- Behavioral
- Viral/bacterial infection
- Hypoxia
- Hypercapnia
- Carbon monoxide poisoning



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FLACC Scale		0	1	2
1	Face	No particular expression or smile	Occasional grimace or frown, withdrawn, disinterested, worried look to face, eyebrows lowered, eyes partially closed, cheeks raised, mouth pursed	Frequent to constant frowning, clenched jaw, quivering chin, deep furrows on forehead, eyes closed, mouth opened, deep lines around nose/lips
2	Legs	No particular expression or smile	Uneasy, restless, tense, increased tone, rigidity, intermittent flexion/extension of limbs	Kicking or legs drawn up, hypertonicity, exaggerated flexion/extension of limbs, tremors
3	Activity	No particular expression or smile	Squirming, shifting, back and forth, tense, hesitant to move, guarding, pressure on body part	Arched, rigid, or jerking, fixed position, rocking, side to side head movement, rubbing of body part
4	Cry	No particular expression or smile	Moans or whimpers, occasional cries, sighs, occasional complaint	Crying steadily, screams, sobs, moans, grunts, frequent complaints
5	Consolability	No particular expression or smile	Reassured by occasional touching, hugging, or talking to, distractible	Difficult to console or comfort

Pearls

- Pain severity (0 – 10 scale) shall be recorded before and after all BLS pain control measures delivery. Monitor blood pressure and respirations closely as pain control medications may cause hypotension or respiratory distress.
- FLACC scale is intended for patients under 12 months of age.