Hypertension

For patients with primary concern for hypertension without symptoms related to a more specific primary impression. For symptomatic patients, use related primary impression as primary (e.g., headache) and hypertension as secondary. DO NOT use for incidental finding of hypertension.

History
- Age
- Past medical history
- Drug allergies and medications
- Access to Nicotine products
- Use of over-the-counter medications
- Access to illicit drug use

Signs and Symptoms
- Tinnitus
- Hypertension

Differential
- Stroke (hemorrhagic or ischemic)
- Drugs of abuse (e.g., amphetamines, cocaine, PCP)
- Primary Aldosteronism/Wilm's tumor
- Hypertrophic cardiomyopathy
- Overdose/toxic ingestion

Pearls
- Hypertension is defined as a patient with a systolic blood pressure > 130 or a diastolic blood pressure > 80.
- This primary impression should be reserved only for asymptomatic patients complaining of high blood pressure, regardless of actual blood pressure.

Procedure:

E  Place patient in position of comfort

P  Cardiac monitor
    Consider, IV
    Consider, 12-Lead ECG

Overdose/Toxic Ingestion
    *if indicated*

Notify receiving facility. Consider Base Hospital for medical direction.