Hyperglycemia

For patients with primary concern for hyperglycemia and/or associated symptoms (e.g., blurred vision, frequent urination or thirst) without more specific primary impression and those requiring field treatment. DO NOT list for incidental finding of hyperglycemia related to another illness.

**History**
- Past medical history
- Medications
- Recent blood glucose check
- Last meal
- Compliance with diet/meds
- Blood sugar log
- Insulin pump

**Signs and Symptoms**
- Altered mental status
- Combative or irritable
- Diaphoresis
- Seizure
- Abdominal pain
- Nausea or vomiting
- Weakness
- Dehydration
- Deep or rapid breathing

**Differential**
- Alcohol or drug use
- Toxic ingestion
- Trauma or head injury
- Seizure
- Stroke
- Altered mental status

**Pearls**
- It is safer to assume hypoglycemia than hyperglycemia if doubt exists.
- Quality control checks should be maintained per manufacturer’s recommendation for all glucometers.

**Blood glucose analysis**

**Cardiac monitor**

**Consider, 12-Lead ECG**

**Consider, Establish IV**

If blood glucose ≥ 350mg/dL

**Normal Saline bolus**

May repeat x2

**Notify receiving facility. Consider Base Hospital for medical direction**

**Altered Mental Status if indicated**

**Temperature measurement**

**Blood glucose analysis**