**Pediatric General Weakness**

For non-focal weakness, general malaise, and any nonspecific ‘sick’ symptoms

**History**
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history (e.g., cancer, heart disease, adrenal disease, diabetes)
- Medications
- Recent history of oral intake
- Number of wet diapers

**Signs and Symptoms**
- General malaise
- Fatigue
- Isolated or general weakness

Associated Symptoms (helpful to localize source)
- Cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

**Differential**
- Infection/sepsis
- Medication/drug/toxin reaction
- Hypothermia/hyperthermia
- Electrolyte imbalance
- Botulism
- Dehydration
- Myasthenia gravis/Guillain-Barre

**Pearls**
- Obtain an accurate history of formula use, including brand and concentration when made. Bring formula with you to hospital.
- Botulism can be caused by the oral intake of honey in children under the age of 1 year.

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**E**
- Temperature measurement
- Blood glucose analysis
- Cardiac monitor

**P**
- Establish IV
- If age-dependent hypotensive
- Normal Saline bolus IV/IO
  - May repeat x2

**Steps**
- Notify receiving facility
- Consider Base Hospital for medical direction

**Conditions**
- Hypothermia
- Hyperthermia
- Hypoglycemia
- Hyperglycemia

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San Mateo County Emergency Medical Services
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