### Pediatric Diarrhea

**For diarrhea without bleeding. NOT for melena, use Upper GI Bleeding**

#### History
- Age
- Duration of symptoms
- Severity of symptoms
- Past medical history
- Medications
- Exposure to known food allergy
- Ingestion of new food
- Travel history

#### Signs and Symptoms
- Warm
- Flushed
- Sweaty
- Chills/rigors

**Associated Symptoms (helpful to localize source)**
- Malaise, cough, chest pain, headache, dysuria, abdominal pain, mental status changes, rash

#### Differential
- Food intolerance or allergy
- Medication or drug reaction
- Viral infection
- Bacterial infection
- Ebola

#### Treatment

| E | Contact, droplet or airborne precautions, as indicated |
|   | Temperature measurement |
|   | Blood glucose analysis |
| P | Establish IV |
|   | Cardiac monitor |
|   | If age-dependent hypotensive  
|   | Normal Saline bolus IV/IO  
|   | May repeat x2  
|   | Consider, Ondansetron |
|   | For pain  
|   | consider, Fentanyl |

- **Abdominal Pain**
- **Overdose/Poisoning/Ingestion**

- Notify receiving facility.  
  Consider Base Hospital for medical direction

- **Hypoglycemia**
- **Hyperglycemia**

### Pearls
- Consider Ebola and obtain recent travel history.
- When you have a concern for a contagious infectious disease (i.e., measles, SARS, Ebola), contact your supervisor.