

# San Mateo County Health Equity Initiatives

Culture and community affect our health.



We are building a healthcare system that values our different neighborhoods, languages, schools, and families.

**We carry our history in our bodies. How can we not?**

- Nancy Krieger, *Unnatural Causes*

**Health Equity Initiatives (HEIs)** build wellness and peace of mind in San Mateo County communities. HEIs work with community leaders and Behavioral Health and Recovery Services (BHRS) programs to address community-identified needs. Each Initiative meets monthly to discuss, plan, and implement resources, trainings, workshops, and celebrations.

**Diversity and Equity Council (DEC)** provides a platform for HEIs, BHRS staff, and partner agencies to discuss how culture and community impact health through BHRS policies and practices.

### Recent Accomplishments

- Hired bicultural BHRS community outreach workers
- Advocated for San Mateo County Pride Center
- Hosted Black History Month event to build community
- Worked with Philippine Consulate to improve immigrant wellness
- Trained providers to better support Latino clients

**Join us! Help build wellness in your community.**

**All are welcome at HEI & DEC meetings**

# Health Equity Initiative Meeting Details 2020-2021

Please contact co-chairs for most up-to-date information.

Initiative	Day	Time	Location	Co-chairs
<b>African American Community Initiative</b>	2 <sup>nd</sup> Tues. of the month	10:30am-12:00pm	*Silicon Valley Community Foundation: 1300 S El Camino Real, San Mateo	<b>Lee Harrison</b> LeHarrison@smcgov.org (650) 372-6118 <b>Pam Ward</b> wpam3238@gmail.com
<b>Chinese Health Initiative</b>	1 <sup>st</sup> Fri. of the month	1:30-3:00pm	*San Mateo BHRS: 2000 Alameda de las Pulgas, Rm. 201 San Mateo	<b>Connie Chen</b> cchen2@smcgov.org <b>Tammy Vuong</b> qvuong@smcgov.org (650) 372-6235
<b>Diversity and Equity Council</b>	1 <sup>st</sup> Fri. of the month	11:00am-12:30pm	*Silicon Valley Community Foundation: 1300 S El Camino Real, San Mateo	<b>Frances Lobos</b> flobos@smcgov.org (650) 372-3272 <b>Brenda Nunez</b> brenda.nunez@star-vista.org (650) 579-0359 x 25
<b>Filipino Mental Health Initiative</b>	3 <sup>rd</sup> Thurs. of the month	3:30-5:00pm	*Daly City Youth Health Center (DCYHC) 350 90 <sup>th</sup> St., 3 <sup>rd</sup> Floor, Daly City	<b>Stephanie Balon</b> fhmismc@gmail.com (650) 387-7142 <b>Christi Morales-Kumasawa</b> fhmismc@gmail.com (650) 489-5046
<b>Latino Collaborative</b>	4 <sup>th</sup> Tues. of the month	3:30-5:00pm	*San Mateo BHRS: 2000 Alameda de las Pulgas, Rm. 201 San Mateo	<b>Gloria Cahuich Gonzalez</b> gcgonzalez@smcgov.org (650) 573-3665 <b>Pati Ramirez</b> pati@alasdreams.com
<b>Native and Indigenous Peoples Initiative</b>	3 <sup>rd</sup> . Thurs. of the month	8:30–10:00am	*SMC BHRS Central Clinic: 1950 Alameda de las Pulgas, San Mateo	<b>Gloria Gutierrez</b> ggutierrez@smcgov.org (650) 573-2076 <b>Silvia Salcedo</b> SiSalcedo@smcgov.org (650) 464-8966
<b>Pacific Islander Initiative</b>	1 <sup>st</sup> Tues of the month	11:00am-1:00pm	*Rotating. See facebook.com/piismc	<b>Brittany Tonga</b> bafu@pcrcweb.org <b>Luci Latu</b> LLatu@smcgov.org (650) 573-3702
<b>Pride Initiative</b>	2 <sup>nd</sup> Wed. of the month (exc. June)	4:30-6:00pm	*SMC Pride Center: 1021 S. El Camino Real, San Mateo	<b>Scott Gruendl</b> sgruendl@smcgov.org <b>Dana Johnson</b> theractivist@gmail.com
<b>Spirituality Initiative</b>	2 <sup>nd</sup> Tues.of the month (exc. Dec.)	12:30-2:00pm	*Silicon Valley Community Foundation: 1300 South El Camino Real, Room 112A, San Mateo	<b>Isaac Frederick</b> ifrederick@smcgov.org (650) 802-3351 <b>Melinda Ricossa</b> mricossa@smcgov.org (650) 372-8573



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH & RECOVERY SERVICES**

More information available at [www.smchealth.org/hej](http://www.smchealth.org/hej)

\* During COVID-19 Pandemic all meeting held via Zoom (see below)

## ***SMC BHRS Health Equity Initiative (HEI) Zoom Meeting Schedule & Details***

African American Community Initiative	2nd Tues. of the month 10:30am-12:00pm <a href="https://us02web.zoom.us/j/953843834">https://us02web.zoom.us/j/953843834</a> Meeting ID: 953 843 834 Passcode: <i>Please contact co-chair for meeting password</i>
Chinese Health Initiative	1st Fri. of the month 1:30pm-3:00pm <a href="https://us02web.zoom.us/j/84178101540">https://us02web.zoom.us/j/84178101540</a> Meeting ID: 841 7810 1540 Passcode: <i>Please contact co-chair for meeting password</i>
Diversity & Equity Council	1st Fri. of the month 11:00am-12:30pm <a href="https://us02web.zoom.us/j/82308801376">https://us02web.zoom.us/j/82308801376</a> Meeting ID: 823 088 1376 Passcode: <i>Please contact co-chair for meeting password</i>
Filipino Mental Health Initiative	3rd Thurs. of the month 5pm-6:30pm <a href="https://paloalto.zoom.us/j/95825097637pwd=MlBYQ0R5czhJbnBxMzFZUWtZcU92Zz09">https://paloalto.zoom.us/j/95825097637pwd=MlBYQ0R5czhJbnBxMzFZUWtZcU92Zz09</a> Meeting ID: 958 2509 7637 <i>Dial in by phone &amp; Passcodes: Please contact co-chair for additional information</i>
Latino Collaborative	4th Tues. of the month 3:30pm-5:00pm <a href="https://us02web.zoom.us/j/964067192">https://us02web.zoom.us/j/964067192</a> Meeting ID: 964 067 192 Passcode: <i>Please contact co-chair for meeting password</i>
Native & Indigenous Peoples Initiative	3rd. Thurs. of the month 8:30am-10:00am <a href="https://us02web.zoom.us/j/84443157442">https://us02web.zoom.us/j/84443157442</a> Meeting ID: 844 4315 7442 Passcode: <i>Please contact co-chair for meeting password</i>
Pacific Islander Initiative	1st Tues. of the month 11:00am-1:00pm <a href="https://us02web.zoom.us/j/814908106">https://us02web.zoom.us/j/814908106</a> Meeting ID: 814 908 106 Passcode: <i>Please contact co-chair for meeting password</i>
PRIDE Initiative	2nd Wed. of the month 4:30pm-6:00pm <a href="https://us02web.zoom.us/j/284596014">https://us02web.zoom.us/j/284596014</a> Meeting ID: 284 596 014 Passcode: <i>Please contact co-chair for meeting password</i>
Spirituality Initiative	2nd Tues. of the month 12:30pm-2:00pm <a href="https://us02web.zoom.us/j/84355692513">https://us02web.zoom.us/j/84355692513</a> Meeting ID: 843 5569 2513 Passcode: <i>Please contact co-chair for meeting password</i>