

National Day of Prayer

For Behavioral Health and Understanding

1 in 4 people have a mental health condition but less than half get the help they need.

We are ALL touched by mental illness. Only with the guidance, prayers and actions from our faith and behavioral health networks working together, will our communities reach better mental health and well-being.

At the Day of Prayer for Behavioral Health and Understanding, faith and secular leaders will join hundreds of events around the country to publicly recommit ourselves to replace misinformation, blame, fear and prejudice with truth, inclusion and love in order to offer hope and support to those most in need.

Community members, consumers, family members, faith community and behavioral health providers all welcome!

The National Day of Prayer has been observed in San Mateo County since 2016 thanks to our sponsors:



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

Please Join Us

Tuesday, October 11, 2022
12:00pm – 1:30 pm

Program: Prayers, testimonials,
various expressions of faith

Free virtual event where all are
welcome

Registration [link](#)



Questions?

Isaac Frederick: ifrederick@smcgov.org
Pam Ward Pious: wpam3238@gmail.com

www.smchealth.org/Spirituality