



NOTES FROM MIDDLE INCOME SENIOR OPPORTUNITIES (MISO) COMMITTEE MEETING

Date: June 26, 2023

Time: 9:15AM

Commissioners Present: Jeff Austin, Maria Barr

Absent: Kathy Uhl & Irene Liana

Staff Present: Anna Sawamura

Board of Supervisors Liaison: None

Public: Sandra Lang, Christina Dimas-Kahn

1. Call to Order	Chair Austin called the meeting to order at 9:17AM
2. Public Comments	Public comment from Sandra Lang - The MISO Committee’s work is of great importance. Agreed with Commissioner Dimas Kahn that it's important to reflect our committee discussions accurately in the monthly notes. I read an article printed in the SF Chronicle that explained the high living costs in the Bay Area. A six figure income is considered low-income. This is a crisis and that is why this committee is so important.
3. Note Taker	Maria Barr
4. Approve Agenda	Didn’t have a quorum to approve agenda
5. Approve Notes	Didn’t have a quorum to approve meeting notes
6. Work Plan Activities - Long-Term Care Research	<ol style="list-style-type: none"> 1. Commissioner Dimas-Kahn provided some input for the committee because she is terming out of the Commission on Aging this month. She suggested that the MISO Committee continue to accurately reflect our committee discussions in the monthly meeting notes. This will help keep the committee organized and moving forward. Plus, you can share the committee notes with other advocacy organizations. Along with recruiting more members for the committee. We need public members to help us brainstorm on how we can advocate for middle-income issues. Plus, she suggested reviewing the committee work plan in the upcoming months to make sure the actions items are still relevant for the upcoming year. Some action items might not be a priority for the current committee members anymore. Identify and prioritize gaps middle income seniors face in income, housing and healthcare to take it to the next level. 2. Chair Austin agreed it was important to continue working on these gaps. Commissioner Barr brought up the information shared about the C4A Conference last month. She feels it's important to focus on the expansion of Medi-Cal, CalAim and Universal Basic Income. 3. Commissioner Dimas-Kahn notified the committee that Chair Austin and her met last month to discuss the current MISO work plan and identified priority items on it. She assured the committee that Chair Austin will



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	<p>continue to work closely with her to achieve success as the committee moves forward without her as the Chair.</p> <ol style="list-style-type: none"> 4. Commissioner Dimas-Kahn mentioned the Congressional Budget proposed budget indicates they want to increase the monthly Medicare Part B premium to \$458 in 2024. This is an example of how things will get worse for the middle income seniors in the future. Increased worries about seniors and their finances. 5. Commissioner Austin commented that he would like to learn more about Medi-Cal and Medicare because he never understood when he oversaw his mother’s insurance coverage. 6. Public Member Sandra Lang said that as a long-term insurance agency it is really difficult to get recertified because you have to understand Medicare and MCAL. Commissioner Dimas Kahn offered to give a brief Medicare and MCAL tutorial at the next MISO meeting. She is not going to use a power point. Instead she is going to use the white board in the conference room. 7. Anna reminded us that the plan to learn about Medicare was a good idea, but suggested that we start with Plan A, B, and C to simplify the study process 8. Commissioner, Austin, agreed that our work plan should be manageable. 9. Commissioner Dimas-Kahn and Commissioner Austin agreed that we work on bringing in more ideas from the public to keep our work relevant. Such as notify the faith based communities about our work. 10. Sandra Lang agreed it’s a good idea for the public to know about our work.
<p>Action Items for the next meeting</p>	<ol style="list-style-type: none"> 1. Review the current work plan and decide on the actions items that are still relevant to the committee members. Think about how to reach the general public to tell them about the MISO Committee. How to approach the faith based communities 2. Create a presentation for the Board of Supervisors
<p>Next Meeting</p>	<p>July 31, 2023 @ 9:15AM Location: SMC Building, 2200 Alameda de las Pulgas, Room 209, San Mateo, CA</p>
<p>10. Adjournment</p>	<p>Meeting adjourned at 10:17AM</p>