



Notes from Middle Income Senior Opportunities (MISO) Committee Meeting

Date: September 25, 2023 at 9:21 AM

Quorum was not established. The meeting was held as an informational meeting.

Commissioners present: Maria Barr

Commissioners Absent: Jeffrey Austin, Kathy Uhl

Staff Present: Anna Sawamura, Suki Ho

Members of the Public: Christina Dimas Kahn, Irene Liana (joining virtually)

Public Comment:

The following public comment was sent by Sandra Lang via email for today's meeting:

Without violating any confidentiality I have a friend who has a friend , fairly well situated and with LTC through a pension plan who is caring for her 90 plus years of age husband. They had to use a nursing home recently and upon discharge needed hospice care round the clock. Their bills were way above what their LTC covers and they have some coverage and resources

I hope maybe when the BOS hears its revised budget on Tuesday they are aware of this issue.

Anna Sawamura welcomed committee members at 9:21

1. Commissioner Barr volunteered to take notes
2. Approve Agenda: Quorum was not established. The agenda was not approved but followed as an informational meeting.
3. Christina Dimas Kahn discussed the possibility of having a co-chair if needed so quorum can be established and business can be conducted.
4. Approve Minutes. Minute approval will be included in the October agenda.
5. Christina Dimas-Kahn suggested important for MISO to continue working on our proposed work plan, Commissioner Kahn discussed the quality of the *Help at Home Booklet* published by the Council on Aging of Orange County. We can use their ideas in our own San Mateo County's Help at Home booklet, to make it easier for the public to find the many resources and services available in our community. Discussion followed regarding cost and staffing information.



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6. Anna reminded us that work is continuing on the San Mateo County Boards and Commissions county website. A timeline does not exist, but the goal is to have a better and improved site.
7. In response to Sandra Lang's public comment, Christina Dimas-Khan presented the idea that because of the health care shortage, going forward it would be helpful to have a case manager and county coordinators to monitor and better manage and coordinate the health needs of older adults.
8. Commissioner Barr shared her experience tabling at the Burlingame Senior Fair where the Help at Home Booklets were very popular. Many seniors requested nursing information and general health care resources. Many requests for the English version "I am in America; I want to learn English a good idea for me because I practice before I make a call. A suggestion to maybe have more books in English and not as many in Mandarin
9. Adjournment: 10:47 a.m.
10. Next meeting, October 30, time 9:15, place, 2000 Alameda de las Pulgas, Room 209