



Notes from Middle Income Senior Opportunities (MISO) Committee Meeting

Date October 30, 2023 at 9:18 AM

Commissioners Present: Chair, Jeff Austin, Kathy Uhl, Maria Barr

Commissioners Excused: Irene Liana

Public: Christina Dimas Kahn

Staff: Anna Sawamura, Suki Ho

1. Chair Austin called the meeting to order at 9:18am
2. Public Comment: Sandra Lang submitted the following via email: As a member of the public I remain interested and concerned for all of the economic challenges and issues facing our aging population. Although I can't attend the MISO meeting on October 30, as a member of the public I want to encourage your work regarding the connection between increasing cost of living in SMC and its impact upon cost and accessibility of healthcare services
3. Commissioner Barr volunteered to take notes
4. Approval of agenda: Commissioner Barr moved to approve the agenda, seconded by Commissioner Uhl, agenda approved.
5. Approval of minutes for July meeting; Commissioner Uhl moved to approve, seconded by Commissioner Barr, minutes approved.
6. Committee reviewed September's informational meeting notes.
7. Anna Sawamura discussed new Housekeeping Requirements for members attending meetings at the 2000 Alameda de las Pulgas location. To avoid confusion, these new housekeeping requirements will be distributed to members for ease of compliance.
8. MISO Committee Members discussed work plans going back to 2021, 2022 and agreed that the 2023 work plan will remain the same. Going forward to 2024, emphasis will be placed on three areas:
 - A. Number one, will be Communication
Beginning with Chair Austin setting up a meeting with Chair Lee of the RAIC. The plan also will follow up on the work of the AAS Communications Officer to follow new and revised sites for older adults.
 - B. Number two, will be to research the gaps of the Middle-Income Seniors receiving Long Term Care Services in San Mateo County. Chair Austin explained that the bills on Long Term Care did not make it to the floor in Sacramento. MISO will continue to work on this issue due to the increasing number of Seniors who will need Long Term Care.
 - C. Number three will be Fall Prevention to notify the General Commission and general public about Fall Prevention in San Mateo County. The committee will



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

consider getting a Fall Prevention Speaker to advise on programs and services available for Middle Income Older Adults and adults with disabilities.

9. MISO will continue discussing the 2023-2024 work plan goals and objectives, any revisions or new action items will be shared with the Executive and RAIC Committees.
10. Meeting adjourned at 10:48am.
11. Next MISO meeting is scheduled for Monday January 29, 2024, at 9:15