

Notes from Middle Income Senior Opportunities (MISO) Committee Meeting

Date: July 31, 2023 at 915 AM

Commissioners present: Chair Jeff Austin, Kathy Uhl, Maria Barr, Irene Liana

Public: Christina Dimas Kahn

Staff Present: Anna Sawamura, Suki Ho

Public Comment: None

- 1. New Chair, Jeff Austin welcomed committee members at 9:17am.
- 2. No Public Comments were made.
- 3. Commissioner Barr volunteered to take notes.
- 4. Approval of Agenda: Commissioner Bar moved to approve the agenda, seconded by Commissioner Liana, motion approved.
- 5. Approval of June 2023 Minutes: Commissioner Barr moved to approve the minutes, seconded by Commissioner Uhl, motion approved.
- 6. Discussion of Work Plan: Chair Jeff Austin stated important for MISO to continue working on items from the FY22-23 work plan. Discussion followed. It was identified the goals and objectives are still relevant and will help the committee stay focused. As former chair, Christina Dimas Kahn offered to assist Chair Austin with the work plan.
- 7. A discussion on the *Help at Home Booklet* and *Answers* publised by the Council on Aging of Orange County took place. Committee highlighted need to find better ways to get the word out on resources and services available in our community.
- 8. Anna reminded us that work is being done to centralize and increase visibility of all San Mateo Boards and Commissions on the county website. A timeline does not currently exist but she will keep the Commission updated as information becomes available.
- 9. Christina Dimas-Khan presented a comprehensive overview of Medicare Part A and B. The presentation was extremely informative and committee hope to get a follow up session.
- 10. It was announced as a reminder that the Commission is in recess during the month of August.
- 11. Adjourn: Commissioner Barr moved to adjourn, seconded by Commissioner Uhl. Meeting adjourned at 10:47am.
- 12. Next MISO Meeting is scheduled for Monday, September 25th from 9:15-10:45am.