



NOTES FROM MIDDLE INCOME SENIOR OPPORTUNITIES (MISO) COMMITTEE MEETING

Date: January 31, 2022

Commissioners Present: Christina Dimas-Kahn, Scott McMullin, Kathy Uhl and Maria Barr

Excused: None

Staff Present: Anna Sawamura

Board of Supervisors Liaison: None

Public: Sandra Lang

1. Call to Order	Chair Dimas-Kahn called the meeting to order at 8:31AM
2. Public Comments	Public comment from Sandra Lang - There needs to be more emphasis on raising costs for housing rentals due to inflation. Concerned about food insecurity because homebound seniors are dealing with increased costs for groceries. How can the MISO committee help with these concerns?
3. Note Taker	Chair Dimas-Kahn
4. Approve Agenda	Scott McMullin and Maria Barr
5. Approve Notes	The meeting notes for November are informational only because only one commissioner attended the meeting.
6. Discussed the MISO Workplan for 2022	<p>Chair Dimas-Kahn mentioned that some of the action steps from Goal 3- Employment training for older adults who would like more financial security or “more money to live on” are still incomplete from last year. Are we interested in completing the incomplete goals for 2022? She also asked whether to keep the same goals from last year?</p> <p>Commissioner Barr suggested using the same goals from last year because they are important.</p> <p>Commissioner McMullin would like to continue focusing on technology training for older adults because it’s essential to secure employment. Teaching older adults how to prepare for the job market (interviewing skills) is an important factor too. He mentioned the Mature Workers Program offered through Peninsula Family Service (PFS). He offered to find out more information about the program.</p> <p>Commissioner Uhl agreed with moving forward on completing the unmet objectives for Goal 3 but would like to include steps on how to disseminate information about employment resources available to older adults throughout San Mateo County (SMC). Ideas for disseminating information to older adults communities: Age Friendly, The Villages, and RAC Committee.</p>
	Chair Dimas-Kahn suggested wordsmithing the current goals to



	<p>the following:</p> <ul style="list-style-type: none"> ● Goal 1 - Living Safely @ Home <ul style="list-style-type: none"> - Emergency Disaster Preparedness - Long-Term Care Options ● Goal 2 - Affording Aging <ul style="list-style-type: none"> - Financial Literacy - Food insecurity - Employment Opportunities - Job Matching Program ● Goal 3 - Technology Training <ul style="list-style-type: none"> - How to use computers and smartphones - Programs currently available to seniors <p>Commissioner McMullin suggested notifying the public about Durable Medical Equipment (DME) loan closets, such as CID. Age Friendly in Redwood City is partnering with Rotary Club to create a loan closet in the area. They didn't know about the program at CID or they would have partnered with them.</p> <p>All of the commissioners agreed it's important to notify older adults about resources available in SMC. The committee would like to figure out a way to become a funnel of information.</p>
<p>7. Guest Speakers for General Commission Meetings</p>	<p>Chair Dimas-Kahn asked the commissioners for topics/guest speakers suggestions for the General Commission on Aging Meeting.</p> <p>Commissioner McMullin suggested a presentation about DME loan closets and current partnerships with the Villages and Rotary Club.</p> <p>Chair Dimas-Kahn suggested a presentation about Long-Term Care Options and Changes with Medi-Cal in July.</p> <p>Commissioner Uhl suggested a Fall Prevention presentation.</p>
<p>8. Report from Aging and Adult Services</p>	<p>Report from Anna Sawamura about food insecurity -</p> <ul style="list-style-type: none"> ● The state and federal government are identifying the impact on older adults during COVID. Aging and Adult Services is working on creating a survey to disseminate to recipients of the Great Plates Delivered, Second Course and Home Delivered Meal programs. ● Nationwide they are looking at how nutrition is being viewed - Anna suggested keeping nutrition on the MISO work plan. ● Receiving nutrition funding from the American Rescue Plan and Older Adults Recovery



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9. Action Items for Feb. Meeting	<ul style="list-style-type: none">• Continue working on the MISO work plan for 2022• Develop objectives (action steps) for each goal
10. Adjournment	Meeting ended at 9:55 AM