



SAN MATEO COUNTY HEALTH
**AGING & ADULT
SERVICES**

Notes from Middle Income Senior Opportunities (MISO) Committee Meeting

Date: June 27, 2022

Commissioners present: Chair Christina Dimas-Kahn, Kathy Uhl, Maria Barr

Scott McMullin, excused

Public: Sandra Lang

Staff Present: Anna Sawamura, Suki Ho

Board of Supervisors Liaison: Sophia Brink

Public Comment: Sandra Lang, discussed the adverse effect the inflation is having on seniors, including middle income seniors struggling to afford aging.

1. Chair Christina Kahn welcomed committee members at 8:34
2. Commissioner Barr assigned to take notes
3. Approve Agenda, Commissioner Barr, seconded by Commissioner Uhl
4. Prior Minutes reviewed and approved, after corrections: Barr, Uhl
5. MISO Committee Work plan, Goal I: To work on strategies and a fact sheet to best disseminate existing information that helps elders in the community to connect with programs and services that help optimize a long happy life at home.
6. Commissioner Uhl pointed out the benefits of the Help at Home Booklets and the need for revision and updates and increased distribution, especially to shut-ins.
7. Anna spoke about a Dignity at Home, program being revised for around July that provides handrails for the home, and other services for fall prevention. Suggest a fact sheet of needs and corresponding services and costs for elder adults to help meet the growing demand for safety at home.
8. Anna, suggested work with AAS Information Officer on a proposed site, a one stop resource with bulletins and e-mails to distribute important health access information for elders and others who need this information.
9. Commissioner, Uhl, suggested Middle Income and seniors with disabilities be included in the distribution of any new or revised information.

10. Commissioner Dimas-Kahn, study of new Med-Cal full scope benefits for residents 50 and older. Further study on estate recovery, if needed legal aid? Goal II Anna to investigate What and Who, when phones or SMC Alerts do not work in some areas. III, Affording Aging, continues advocating for Universal Basic Income and research on cities already benefited by the program that helps seniors afford aging with dignity.
11. Adjournment: Motion: Commissioner Barr, 2nd Commissioner Uhl, adjourned 9:56 a.m.