



**NOTES FROM MIDDLE INCOME SENIOR OPPORTUNITIES (MISO) COMMITTEE MEETING
 July 26, 2021**

Commissioners Present: Dimas-Kahn (Chair), Uhl, Hastie

Staff Present: Anna Sawamura Board of Supervisors Liaison: Ann O'Brien

Public: Sandra Lang

1. Call to Order	Chair Commissioner Dimas-Kahn called the meeting to order at 8:30 a.m.
2. Public Comments	Ms. Lang spoke about how the cost of living affects older adults, even though, there is a SSA increase we cannot take it for granted.
3. Notes Taker	Commissioner Uhl volunteered to take meeting notes.
4. Add other Agenda Items	None
5. Approve Agenda	Moved by Commissioner Uhl; Commissioner Hastie seconded.
6. Approve June Minutes	Moved by Commissioner Hastie; Commissioner Uhl seconded.
7. Report about the Great Plates Delivered Program and funding update about congregate meals	<p>Chair Dimas-Kahn asked Ms. Sawamura to provide an update on the Great Plates Delivered (GPD) program:</p> <ul style="list-style-type: none"> • Self-Help for the Elderly is providing Asian meals in North County. They recently expanded to include the following cities: San Mateo, Foster City, Burlingame, Belmont and San Carlos. • Peninsula Volunteers focused on delivering meals to South and Central County. San Mateo County asked them to expand their service area to go further North. • Senior Coastsiders is delivering meals to the Great Plates Delivered (GPD) recipients residing on the Coast. • S.F. Meals on Wheels is delivering meals to the northern part of the County – South San Francisco, Colma and segments of Daly City. • San Mateo County approved a two year contract for the Second Course Program at \$1.9 million/year. • City Council of Daly City approved the Second Course Meal Program. They are now delivering 150 meals/day. • SMC Aging & Adult Services have been educating the Great Plates Delivered recipients and 20% of them require meal assistance and have self attested that they are eligible for home delivered meals. • SMC has not received official notice about extra funding from the State of CA for OAA Congregate and Home Delivered meals. • Second Course Program delivers meals to individuals who are eligible for it. Most recipients of the GPD do not know about the Second Course Program and need to be educated about it. • Second Harvest is providing grocery deliveries to the individuals who were receiving meals from GPD and do not need help with meal



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	<ul style="list-style-type: none"> • preparation. At this time, we do not know how many people are receiving the grocery deliveries. • Some of the GPD recipients are unsatisfied with the meals offered through Second Course Program and Home Delivered Meals and are canceling the services. We are educating them on the difference between food need and food preference. This is a program for those who have no other options/assistance with meals.
8. Discussion about the work plan action items due under Goal III	<p>Chair Commissioner Dimas-Kahn asked Anna whether she has listed the MISO Emergency Response form on the San Mateo County website. She is going through county protocol to get it posted.</p> <p>Discussed Goal three of MISO work plan – Employment training for older adults who would like more financial security or “more money to live on”.</p> <ul style="list-style-type: none"> • MISO would like to email a list of questions to employment training agencies to determine what type of assistance they provide to older adults. • MISO committee members need to gather the contact name for each employment agency • Create survey questions to email/mail the employment agencies • Ask the commissioners at the next General Meeting whether they are interested in helping – October meeting.
Action Items:	<ul style="list-style-type: none"> • Ms. Sawamura post MISO ER Response form on the San Mateo County website. • Chair Dimas-Kahn will email Commissioner Lee about distributing the ER form do their distribution list. Ask individual commissioners distribute to their personal contacts. • Commissioner Uhl will type up the July meeting minutes • Chair Dimas-Kahn will update the work plan with completed items.
9. Adjournment	<p>Meeting adjourned at 9:40AM Next meeting: September 27, 2021</p>