



Mental Health Services Act (MHSA) Steering Committee Meeting

Thursday, September 5, 2024 / 3:00 – 4:30 PM

Hybrid Meeting

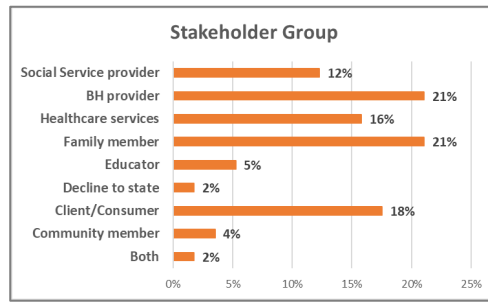
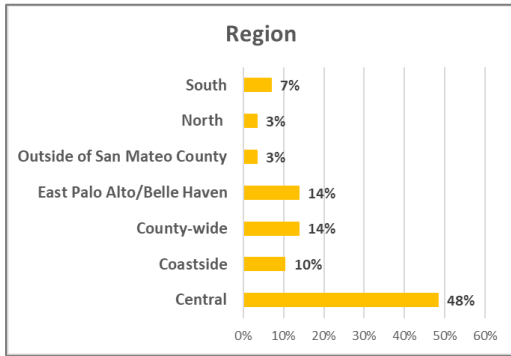
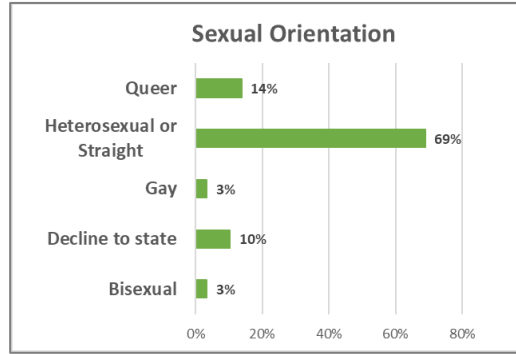
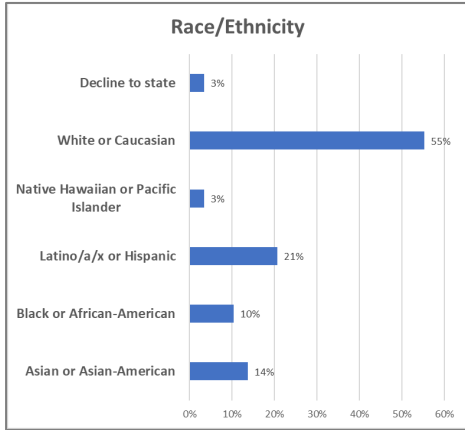
Location: San Mateo Library, Laurel Room, 55 W 3rd Ave, San Mateo

Zoom: <https://us02web.zoom.us/j/89224214146>

Dial in: +1 669 900 6833/ Meeting ID: 892 2421 4146

MINUTES

<p>1. Welcome & Introductions <i>Jean Perry and Leticia Bido, BHC Commissioners & MHSA Steering Committee Co-Chairpersons</i></p> <ul style="list-style-type: none"> Participants shared name, pronouns and affiliation via chat. MHSA Steering Committee members introduced via slide, including new members Dee Wu (Northeast Medical Services) Jana Spalding (BHRS Office of Consumer and Family Affairs) In-person attendees introduced themselves. 	5 min								
<p>2. Agenda Review & Logistics – Doris Estremera, MHSA Manager</p> <ul style="list-style-type: none"> Agenda reviewed. Current agenda, handouts, available on the MHSA website, www.smchealth.org/MHSA, under “Announcements” tab. Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA, under “Previous Steering Committee Materials” tab. Stipends available to clients and family members participating; collected via chat. Notice that meeting was being recorded. Participation guidelines – enter questions in chat, will address those first; raise hand button instructions shared, to be used during question/answer; share airtime, practice both/and thinking, be brief and meaningful with opinions. Quick Poll – 29 participants (68%) responded to the poll: <div style="display: flex; justify-content: space-around;"> <table border="1" data-bbox="285 1503 596 1730"> <caption>Age Range</caption> <tbody> <tr> <td>16-25</td> <td>10%</td> </tr> <tr> <td>26-59</td> <td>69%</td> </tr> <tr> <td>60-73</td> <td>17%</td> </tr> <tr> <td>Decline to state</td> <td>3%</td> </tr> </tbody> </table> <div data-bbox="695 1503 1247 1833"> <p>Gender Identity</p> <ul style="list-style-type: none"> Another gender identity (4%) Female/Woman/Cisgender Woman (72%) Genderqueer/Gender Non-Conforming/Gender Non-Binary (7%) Male/Man/Cisgender Man (17%) </div> </div>	16-25	10%	26-59	69%	60-73	17%	Decline to state	3%	5 min
16-25	10%								
26-59	69%								
60-73	17%								
Decline to state	3%								



3. General Public Comment – Commissioner Leticia Bido

- For non-agenda items
- Additional public comments can also be submitted via email to mhsa@smcgov.org.
- Ivy Clark – is this the place or can I be directed to where I can discuss the HPSM medi-cal Uber hold music? Doris to follow-up with her with the correct contact info.
- Lucy Latu of Taulama for Tongans – September is Suicide Prevention Awareness month. The data being collected by HPSM and other sources are not showing us (Tongans). If we're not seen in the data, then the issues and needs of our community are not known or addressed. Asking Steering Committee to help with voicing that.

10 min



<p>4. Announcements – Commissioner Jean Perry</p> <ul style="list-style-type: none">• Suicide Prevention & Recovery month - https://smcsuicideprevention.com/<ul style="list-style-type: none">○ Communal candle decorating workshop – September 10○ Suicide prevention awareness for seniors – September 17○ Heart & Soul Seeing through Stigma event – September 18○ Recovery Connection Center (recently re-opened) Open House on September 12 5-8pm○ And more!• Next MHA Steering Committee Workgroup, MHA Program Client Outcomes, kick off meeting in October 2024:<ul style="list-style-type: none">○ Workgroup meet 3-4 times to develop outcome measures for MHA programs○ Deadline to apply is September 6, 2024: www.surveymonkey.com/r/MHSAOutcomesWorkgroup• Prop 1 BSA implementation RFP in process to select consultants to support transition to BSA on July 1, 2026.<ul style="list-style-type: none">○ Vendor will help BHS do an organizational assessment to learn if we have the right staffing, infrastructure to implement BSA and new requirements. This will start as soon as possible. Community planning and development of 3-year integrated plan will start in early 2025.○ Prop 1 does not allocate dedicated prevention funds to behavioral health departments. It does not mean that BHS is not committed to this work, it just means we do not have the millionaire’s tax to fund this work. Prevention is going to the state and will funnel through to public health departments.○ John Butler – If the state is getting the prevention funding, who is going to advise the state of our prevention needs?<ul style="list-style-type: none">▪ Doris Estremera – this is through the required Community Health Improvement Plan (CHIP) required of all counties are developed by public health departments. There is a Mental Health workgroup, that is open to the public, and will advise the mental health prevention needs for the community, so there is opportunity for involvement.○ Pat Willard – Does this mean that the Board of Supervisors need to fund prevention?<ul style="list-style-type: none">▪ Doris Estremera – it means that during our upcoming community planning processes, we will be talking about prevention and what’s important to us as a community, doing prioritization and then BHS will figure out how the partnership with public health may support this or if there’s opportunity to request general funds. We will figure that out as part of the process. Kick of planning in the new calendar year, likely in February/March.○ John Butler asked for clarification about what tomorrow’s deadline is for.	<p>10 min</p>
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<ul style="list-style-type: none"> <ul style="list-style-type: none"> <ul style="list-style-type: none"> ▪ Doris Estremera: Tomorrow is the deadline to sign up to participate in the MHSAs Program Outcomes workgroup. The Community Planning Process for the next 3-year plan will begin in early 2025. To get involved in the community planning process, please sign up on the MHSAs website and subscribe for notices. ○ Lanajeane Vecchione: When are you going to choose the workforce members? <ul style="list-style-type: none"> ▪ Doris Estremera – Within a few weeks after the deadline tomorrow. • MHSAs Impact Report – Copies available for those in-person. Let Doris know if you would like to receive a soft copy. 	
<p>5. Innovation (INN) Funding Opportunity – <i>Doris Estremera, MHSAs Manager, & Alison Hamburg, Consultant</i></p> <ul style="list-style-type: none"> • Introduction <ul style="list-style-type: none"> ○ Under MHSAs, BHRS is required to allocate 5% of funding to new, innovative ideas. In 2022, Alison Hamburg helped MHSAs think through how to make this process inclusive. We received 19 ideas and moved 4 ideas forward. We currently have 6 active innovation projects. ○ We have an opportunity to consider additional innovation projects. We looked back at previously considered innovation ideas and selected 2 that fit the State’s new innovation requirements – pet care and peer support for peer workers. In addition, there are 2 new opportunities that fit our priorities – Progressive Improvements for Valued Outpatient Treatment (PIVOT) and Coastsides allcove. • Alison provided an overview of each of the 4 innovation ideas: <ul style="list-style-type: none"> ○ <u>Peer support for peer workers</u> – limited resources to support peers’ own mental health and recovery needs that might arise in their work. This proposal will fill a gap by delivering non-clinical, peer-delivered support services for peers and family members in the workforce and who experience peer-related stress as part of their work. ○ <u>Animal Care for client stability, housing stability and wellness</u> – Pets provide individuals with many mental health and wellness benefits. Individuals with animals who need higher levels of care or support often decline residential or hospital care because of uncertainty around care for their animal. Or individuals sometimes are not able to maintain care for their animal which could result in unhealthy conditions for the person or animal and may put some individuals at risk for losing housing. This proposal will provide temporary animal foster care (trained volunteer peers) when an individual is crisis or needs behavioral health treatment. ○ <u>Coastsides allcove</u> – allcove is a multi-county collaborative approved by the state. This proposal is to expand the type of services that allcove provides to the Coastsides which is geographically isolated and has more limited access to care. Coast Pride was awarded startup 	1 hour



SAN MATEO COUNTY HEALTH

BEHAVIORAL HEALTH & RECOVERY SERVICES

<p>from MHOAC to establish allcove center in HMB. MHSA INN funds will supplement and support early intervention services and behavioral health services for youth 12-25 and their families.</p> <ul style="list-style-type: none"> ○ <u>PIVOT</u> – multi-county system level project developed by Orange County. San Mateo is coming on board as a partner. The project is intended to support counties in transition to BHSA. San Mateo is proposing to fund one PIVOT component around developing capacity for billable services. In San Mateo County, community-based providers typically provide early intervention, mild-to-moderate behavioral health services that are funded by MHSA. As counties transition to BHSA and prioritize billable services, it is critical to develop infrastructure and a network of providers who are eligible to bill Medi-Cal for services – both specialty mental health and early intervention services. This will help sustain early intervention projects that have been funded by MHSA by assisting CBOs go through this process, begin to bill Medi-Cal and become specialty mental health providers if there is interest. ● Breakout sessions – 4 breakout groups. There were 2 rounds of breakout groups. Meeting participants were then invited to participate in 2 breakout groups to discuss 2 of the 4 ideas. ● There is more opportunity to give feedback. At the next Behavioral Health Commission meeting on October 2nd, we will be opening 30-day public comment. The summaries for each of these proposals are available on the MHSA website. Alison will help us write fully developed proposals for each of these ideas and incorporate your feedback. 	
<p>6. Adjourn</p>	<p>5 min</p>



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ATTENDANCE

There were 43 attendees; 13 participants in-person, 30 logged in to through Zoom. Below is a list of attendee names; call-in numbers are unidentifiable and not included.

MHSA Steering Committee Co-Chairpersons

1. Jean Perry (she/her), BHC Commissioner
2. Leticia Bido (she/her), BHC Commissioner

MHSA Steering Committee Members

3. Dee Wu (she/her), North East Medical Services
4. Jana Spalding (she/her), BHRS Office of Consumer and Family Affairs (OCFA)
5. Juliana Fuerbringer, California Clubhouse
6. Kava Tulua (she/her), One East Palo Alto
7. Maria Lorente-Foresti (she/her) BHRS Office of Diversity and Equity (ODE)
8. Mary Bier (she/her), North County Outreach
9. Michael Lim (he/him), BHC Commissioner

BHRS Staff

10. Chandrika Zager (she/her), MHSA MA
11. Doris Estremera (she/her), MHSA Manager
12. Sofia Recalde (she/her), MHSA MA
13. Sylvia Tang (she/her), Community Health Planner
14. Yolanda Ramirez (she/her), BHRS OCFA

Presenter(s)

15. Alison Hamburg, BHRS ODE Consultant

Other Participants

16. Alex Lyman-Golding, San Mateo Pride Center
17. California Clubhouse
18. Cameron Zeller, Coast Pride
19. Colin Chu, BHC Youth Commissioner
20. Frieda Edgette, BHC Commissioner
21. Heather Cleary, Peninsula Family Services
22. Iny Li
23. Jackie Alms, Peninsula Health Care District
24. John Butler
25. Jordan Anderson
26. Lanajean Vecchione
27. Leslie Wambach, NAMI
28. Low Sunga, San Mateo Pride Center
29. Luci Latu, Taulama for Tongans
30. Mango Martin
31. Mary Cravalho, SMC Veteran's Commission
32. Maryann Sargent, Department of Housing
33. Mluv Wallace, One New Heartbeat
34. Paloma Serna, Saving Lives in Custody CA
35. Pat Willard, Peninsula Anti-Racism Coalition
36. Paul Nichols, BHC Commissioner
37. Rubi Garcia, Voices of Recovery Services
38. Ryan Magcuyao, Acknowledge Alliance
39. ShaRon Heath, Voices of Recovery Services
40. Susan Cortopassi
41. Sydney Hoff, Felton Institute
42. Tiffany Bailey, Mental Health Association
43. Waynette Brock, One New Heartbeat