



Mental Health Services Act (MHSA) Steering Committee Meeting

Thursday, May 2, 2024 / 3:00 – 4:30 PM

Hybrid Meeting

Location: San Mateo Library, Laurel Room, 55 W 3rd Ave, San Mateo

Zoom: <https://us02web.zoom.us/j/89224214146>

Dial in: +1 669 900 6833/ Meeting ID: 892 2421 4146

MINUTES

<p>1. Welcome & Introductions <i>Jean Perry and Leticia Bido, BHC Commissioners & MHSA Steering Committee Co-Chairpersons</i></p> <ul style="list-style-type: none"> Participants shared name, pronouns and affiliation via chat. MHSA Steering Committee members introduced via slide. In-person attendees introduced themselves. 	<p>5 min</p>																				
<p>2. Agenda Review & Logistics – Doris Estremera, MHSA Manager</p> <ul style="list-style-type: none"> Agenda reviewed. Current agenda, handouts, available on the MHSA website, www.smchealth.org/MHSA, under “Announcements” tab. Previous meeting minutes available on the MHSA website, www.smchealth.org/MHSA, under “Previous Steering Committee Materials” tab. Stipends available to clients and family members participating; collected via chat. Notice that meeting was being recorded. Participation guidelines – enter questions in chat, will address those first; raise hand button instructions shared, to be used during question/answer; share airtime, practice both/and thinking, be brief and meaningful with opinions. Quick Poll – participants (42, excluding MHSA staff) reported demographics, there was an 71% (n=30) response rate at the time the poll was launched: <div data-bbox="267 1507 560 1675" data-label="Table"> <table border="1"> <thead> <tr> <th colspan="2">Age Range</th> </tr> </thead> <tbody> <tr> <td>16-25</td> <td>7%</td> </tr> <tr> <td>26-59</td> <td>77%</td> </tr> <tr> <td>60-73</td> <td>17%</td> </tr> </tbody> </table> </div> <div data-bbox="682 1480 1279 1837" data-label="Figure"> <table border="1"> <caption>Race/Ethnicity</caption> <thead> <tr> <th>Race/Ethnicity</th> <th>Percentage</th> </tr> </thead> <tbody> <tr> <td>Asian or Asian-American</td> <td>18%</td> </tr> <tr> <td>Black or African-American</td> <td>9%</td> </tr> <tr> <td>Latino/a/x or Hispanic</td> <td>21%</td> </tr> <tr> <td>Native Hawaiian or Pacific Islander</td> <td>6%</td> </tr> <tr> <td>White or Caucasian</td> <td>45%</td> </tr> </tbody> </table> </div>	Age Range		16-25	7%	26-59	77%	60-73	17%	Race/Ethnicity	Percentage	Asian or Asian-American	18%	Black or African-American	9%	Latino/a/x or Hispanic	21%	Native Hawaiian or Pacific Islander	6%	White or Caucasian	45%	<p>5 min</p>
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<p>3. General Public Comment – Commissioner Leticia Bido</p> <ul style="list-style-type: none"> For non-agenda items Additional public comments can also be submitted via email to mhsa@smcgov.org. Pat Willard – Would like to see a marketing team meet to create warmer name for the forthcoming Mental Health Crisis Mobile Response team, the Non-Law Enforcement Mobile Program, that is about to launch. 	<p>10 min</p>																																				
<p>4. Announcements – Commissioner Jean Perry</p> <ul style="list-style-type: none"> May Mental Health Month: www.smchealth.org/MHM <ul style="list-style-type: none"> Be Sensitive Be Brave for Mental Health (in Spanish and English), Hearts Minds Hands, San Bruno: May 4th May is Asian American, Native Hawaiian, Pacific Islander Month. The Chinese Health Initiative, Filipino Mental Health Initiative and Pacific Islander Health Initiative will be receiving a proclamation from the San Mateo County BOS on May 7th at 9am. Next MHSA Workgroup, MHSA Program Client Outcomes, kick off meeting in October 2024: www.surveymonkey.com/r/MHSAOutcomesWorkgroup <ul style="list-style-type: none"> Commissioner Jean Perry: A MHSA workgroup was not held in the Spring so that resources could be put into getting a RFP launched, and there should be a steering committee or workgroup that can give input into what goes into the RFP. 	<p>10 min</p>																																				



<p>5. Proposition 1 Implementation – <i>Doris Estremera, MHSA Manager, & Dr. Jei Africa, BHRS Director</i></p> <ul style="list-style-type: none"> • Prop 1 impacts the entire BHRS system, not just MHSA, and how we will approach funding, program development and outcomes. • Behavioral Health trends: Integrating mental health and substance use services, engaging a broader group in the community planning process, maximizing revenues, improving transparency and outcomes and performance monitoring/reporting, evidence-based practices, population health focus, other priority areas such as unhoused and criminal justice involved individuals among others. • Timeline: Preparation will occur April -December 2024. Official planning process will begin January 2025 to develop an integrated 3-year plan, and transition period through June 30, 2026. Current programming remains as is during this time. Full implementation of BHSA begins July 1, 2026. • Three component of Prop 1: 6 <ul style="list-style-type: none"> ○ 1. \$6.38B bonds – there will be an application process to access funds, application may be released as early as October 2024. ○ 2. MHSA reform: Name change from MHSA to BHSA. Funding allocations changed to 30% housing interventions (including navigation), 35% FSP, 35% BH services and supports (at least 15% to early intervention and 51% to youth 0-25. State took 5% of the BHSA revenues to implement population-based prevention activities. <p>BHSA will require \$15.1M redirection of MHSA funds to meet requirements, including outpatient treatment programs, population-based prevention programs and innovation and technology projects.</p> <p>MHSA Steering Committee Role: Taskforce will be initiated in early 2025 to allow for broader engagement. Will procure a consultant(s) to assist with kick-off and RFP process. Public input can be given to staff to incorporate into the RFP, but staff cannot share the RFP, internal process. Changes to existing steering committee. Broader engagement required.</p> <ul style="list-style-type: none"> ○ 3. Statewide accountability and transparency of behavioral health services: Need to fill gaps in operational and administrative supports, e.g., staffing, EHRs, fiscal reporting systems, strategic planning. • Q&A <ul style="list-style-type: none"> ○ Pat Willard: How much of BHRS programs are state mandated? Will BHSA requires us to report on state mandates only or programs that BHRS has implemented on its own. ○ Doris Estremera: It’s a balance. There are local priorities that will remain priorities, such as equity. We will have an integrated plan that the Steering Committee will oversee that involves all of BHRS revenue sources and reporting on all the BHRS revenue sources in the same manner that we have been reporting for MSHA. 	<p>1 hour 15 min</p>
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- Charo Martinez Resendiz: Dr. Africa mentioned population health focus. Could you elaborate on that?
- Doris Estremera: what we have been doing is broad prevention, but BHSA is more specific because it is about our clients and the Medi-Cal eligible population that we serve. It's narrowing our reach.
- Adriana Furuzawa: Regarding the MHSA and future BHSA categories, I see that we will have 4% shifting to the state for population-based prevention, does that mean those funds will not come out of the County's allocation?
- Doris Estremera: We don't get 100% of the allocation. The State always took 5% just for administration statewide. Now it is increased to 10% in order to do statewide population-based prevention campaigns and workforce strategies statewide. We are getting a smaller allocation overall.
- Adriana Furuzawa: Does this mean that programming for that category will require applications directly to the state?
- Doris Estremera: I anticipate that is how it will impact local counties but, that is still to be determined. Our experience with current State allocations for programming has been that some funds are allocated and managed by the State for statewide initiatives and some funds are allocated to counties via bidding processes.
- Adriana Furuzawa: The addition of corrective action plans and monetary sanctions if any steps in the planning requirements are missed or delayed - is this new?
- Doris Estremera: Yes, this is new and iterates the importance of meeting state requirements around the community planning process. Things will look differently in terms of how we engage in planning.
- Melissa Platte: Regarding outcomes and reports, I encourage BHRS to speak with existing contractors about the kind of data and outcomes we are already collecting and able to report on, as opposed to going out to a consultant to do this work.
- Laura Gomez: For the Early Intervention category, is the 51% that goes to youth 51% of the 30%?
- Doris Estremera: Correct.
- Laura Gomez: What is the definition of early intervention for ages 0-25?
- Doris Estremera: This is an unknown at the moment because the Department of Health Care Services is going to define what early intervention is, and it may be different than what it is now. Current definition includes engaging individuals at high risk of developing mental health challenges before diagnosis of a severe mental health condition, before they need intensive services (apart from early psychosis work).
- Commissioner Jean Perry: The Behavioral Health Infrastructure Program process that was run 2 years ago identified capital purchases for housing and buildings. Is there going to be another process?



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<ul style="list-style-type: none"> ○ Doris Estremera: I believe so, but I will get back to you. ○ Commissioner Jean Perry: Mandated evaluation is already happening as part of contractor requirements to conduct evaluations. Will BHSA require new systems of evaluation? ○ Doris Estremera: Possibly. At minimum, the evaluation and reporting that is currently being done for MHSA will be required for all BHRS programs, whether or not they are funded by BHSA moving forward. ○ Commissioner Jean Perry: I would like to see a road map or more publicly viewable way to see how integration is going to happen. ○ Lee Harrison: Are we looking at opportunities for doing business differently – using peers, more peer billing for revenue? ○ Doris Estremera: Yes. Our goal is to maximize the money that we are able to bill for, and that includes peers and peer certification process. We need think about opportunities to bring in other revenue to fill in these gaps. The consultant we bring on to help us during the transition period will help us think about these things. ○ Pat Willard: Are the Health Equity meetings coming to an end? ○ Doris Estremera: No. The Diversity Equity Council is a state mandate. No decisions have been made about which programs are ending. ○ Commissioner Jean Perry: Will this affect the prevention dollars coming to Department of Public Health? ○ Doris Estremera: Prop 1 does not affect that funding and actually supports this work in that the State allocation of prevention funds will be allocated in collaboration with the California Department of Public Health. This is an opportunity for us to collaborate with our local public health partners. ○ Pat Willard: Do the health equity initiatives require funding? ○ Doris Estremera: Yes, the health equity initiatives currently receive funding under MHSA under prevention. ○ Maria Lorente-Foresti: The health equity initiatives are not coming to an end, but there may be changes in priorities or strategic plans. ○ Dan Foley: I have concerns about shifting of funding and priorities with BHSA, especially towards housing. How do we know this money will be spent responsibly? ○ Doris Estremera: The intended target is housing for the most vulnerable communities - unhoused individuals living with serious mental behavioral health challenges. ○ Commissioner Leticia Bidos: To recap, this is the beginning of the process and more to come in September. I encourage you to subscribe to the MHSA website to stay in the know. ○ Commissioner Michael Lim: I would encourage the public to attend the Behavioral Health Commission to give input. ○ Lucy Latu: Thank you for reaffirming that things aren't going away right away, there is time to align with new requirements. 	
<p>6. Adjourn</p>	<p>5 min</p>



SAN MATEO COUNTY HEALTH

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MEETING CHAT

00:34:39	Frances Lobos (she/her):	<p>Welcome to today's MHSA Steering Committee Meeting!</p> <p>Before we begin, please put your name, pronouns, and affiliation(s) in the chat. If you haven't done so already, please be sure your screen name also includes your name and pronouns.</p> <p>Agenda, handouts, slides: https://www.smchealth.org/bhrs/mhsa , under "Announcements" tab.</p> <p>Past meeting materials/minutes: under "Steering Committee" tab.</p> <p>Agenda: agenda_mhsa_steering_cmttee_050224.pdf (smchealth.org)</p>
00:34:52	Melissa Platte:	Melissa Platte (she/her) Mental Health Association of San Mateo County
00:34:57	Frances Lobos (she/her):	<p>Presentation: mhsa_steering_committee_meeting_050224.pdf (smchealth.org)</p> <p>If you identify as a client/consumer of behavioral health services or a family member, you qualify for a stipend for attending this meeting. You can request this stipend by sending me a private message with two pieces of information (1) your email and (2) confirmation you want a stipend. You can also stay online after the meeting to let us know!</p>
00:34:57	Luci Latu:	Luci Latu (she/her/hers) - Taulama for Tongans
00:35:12	Rubi Garcia:	Rubi Garcia, (She, her, hers) Voices of Recovery San Mateo County
00:35:21	Amanda Russell:	Amanda Russell (she/her/hers) Executive Director, Caminar
00:35:35	Carolyn Shepard:	Carolyn Shepard (she, her) Solutions for Supportive Homes
00:35:36	Nicoletta Kelleher:	Hi everyone. My name is Nicoletta Kelleher and I am a Program Coordinator with SMC's Behavioral Health and Recovery Services Office of Diversity and Equity.
00:35:58	D Foley:	Dan Foley, Benefits Specialist at LifeMoves
00:36:07	Kava Tulua (she/her/hers):	Good Afternoon Everyone -- Kava, she/her/hers with One East Palo Alto
00:36:11	Pat Willard:	Pat Willard (he/him), Founder, Peninsula Ant-Racism Coalition
00:36:14	Adriana Furuzawa:	Greetings! Adriana Furuzawa (she, ela, ella), Felton Institute, Division Director, (re)MIND Programs Exec Director
00:36:19	Frances Lobos (she/her):	<p>Welcome to today's MHSA Steering Committee Meeting!</p> <p>Before we begin, please put your name, pronouns, and affiliation(s) in the chat. If you haven't done so already, please be sure your screen name also includes your name and pronouns.</p> <p>Agenda, handouts, slides: https://www.smchealth.org/bhrs/mhsa , under "Announcements" tab. Past meeting materials/minutes: under "Steering Committee" tab.</p> <p>Agenda: agenda_mhsa_steering_cmttee_050224.pdf (smchealth.org)</p>



SAN MATEO COUNTY HEALTH

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		Presentation: mhsa_steering_committee_meeting_050224.pdf (smchealth.org)
00:36:21	Charles Hansen:	Hello everyone. Charles Hansen - Chief Program Officer - Peninsula Family Service
00:36:27	Paul Nichols:	Paul Nichols Behavioral Health Commission
00:36:31	Frances Lobos (she/her):	If you identify as a client/consumer of behavioral health services or a family member, you qualify for a stipend for attending this meeting. You can request this stipend by sending me a private message with two pieces of information (1) your email and (2) confirmation you want a stipend. You can also stay online after the meeting to let us know!
00:36:40	John McMahon:	John McMahon, (he/him/his), NAMI San Mateo County
00:36:56	Lanajean Vecchione:	Lanajean Vecchione MHSa peer consultant and community member
00:37:00	Ed Ortiz:	Ed Ortiz (he/him/his) — Cruz Consulting - General Public Participant
00:37:18	Frances Lobos (she/her):	https://www.smchealth.org/bhrs/mhsa
00:37:19	Charo Martinez:	Charo Martinez (she/her/ella) Behavioral Health and Recovery Services Office of Diversity and Equity.
00:40:45	Frances Lobos (she/her):	Participation Guidelines <ul style="list-style-type: none"> • Enter questions in the chat box as we go • General public comment (non-agenda items) • Share your unique perspective and experience • Share the airtime; allow every voice to be heard • Practice both/and thinking, consider all ideas along with your personal interests • Be brief and meaningful when voicing your opinion
00:42:54	Frances Lobos (she/her):	After this presentation, please type into the chat or raise your hand if you have any comments for this public input section. We will try to call you in the order of your comment. For verbal comment, please limit your questions and comments to 1-2 minutes. Additional public comments can also be submitted via email to mhsa@smcgov.org You can also subscribe to San Mateo County's MHSa website to stay connected: https://www.smchealth.org/bhrs/mhsa
00:46:08	Frances Lobos (she/her):	Mental Health Month: http://www.smchealth.org/MHMFall 2024 MHSa Workgroup – Program Outcomes: https://www.surveymonkey.com/r/MHSAOutcomesWorkgroup
00:53:02	Pat Willard:	Agree with Jei
00:54:11	Frances Lobos (she/her):	https://www.surveymonkey.com/r/MHSAOutcomesWorkgroup



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

00:56:16	Pat Willard:	Which RFP was Jean talking about?
00:56:49	Frances Lobos (she/her):	<p>After this presentation, please type into the chat or raise your hand if you have any comments for this public input section. We will try to call you in the order of your comment. For verbal comment, please limit your questions and comments to 1-2 minutes.</p> <p>Current FY 23-24 MHSA-funded programs: https://www.smchealth.org/sites/main/files/mhsa_components_and_programs_updated_fy_23-24.pdf Additional public comments can also be submitted via email to mhsa@smcgov.org.</p>
00:57:46	Sofia Recalde (she/her), BHRS ODE:	Pat, Doris will address your question during this presentation.
01:17:01	Rubi Garcia:	Thank you so much Dr. Africa to you and your team.
01:41:34	Frances Lobos (she/her):	<p>please type into the chat or raise your hand if you have any comments for this public input section. We will try to call you in the order of your comment. For verbal comment, please limit your questions and comments to 1-2 minutes.</p> <p>Current FY 23-24 MHSA-funded programs: https://www.smchealth.org/sites/main/files/mhsa_components_and_programs_updated_fy_23-24.pdf Additional public comments can also be submitted via email to mhsa@smcgov.org.</p>
01:41:34	Dan Foley:	I deeply regret voting "Yes" on Prop 1, especially since the vote was so close. This is a lesson for those of us who vote by mail to take a closer look at what we're voting on before we vote early. I see where the top donors in favor of the "Yes" vote were the largest correctional officers' union in this state, Kaiser, and Sutter Health, who all have powerful lobby groups and stand to gain from this new law being passed. I work with the homeless population in this county, and I have serious concerns that not enough housing and adequate outpatient services will be available for people on the streets and in our shelters. Instead, it appears there's more funding for court-ordered residential treatment and we need to keep an eye out for signs of corruption and bad actors profiting off the suffering of those less fortunate. I'm not sure if I have a question, but I really would like to see how these funds will be used in a way that's accountable to the public.
01:45:13	Lanajean Vecchione:	Replying to "I deeply regret voti..." I read the entire bill and it was reported that the additional pages to include it cost the state a small fortune before it even passed.
01:50:33	Frances Lobos (she/her):	If you identify as a client/consumer of behavioral health services or a family member, you qualify for a stipend for attending this meeting.



SAN MATEO COUNTY HEALTH

BEHAVIORAL HEALTH & RECOVERY SERVICES

		<p>You can request this stipend by sending me a private message with two pieces of information (1) your email and (2) confirmation you want a stipend. You can also stay online after the meeting to let us know!</p> <p>Thank you so much for attending this meeting! Please take our survey so we can continue to improve our experience serving you!</p> <p>www.surveymonkey.com/r/MHSA_MtgFeedback_2024</p> <p>Email: mhsa@smchealth.org Website: https://www.smchealth.org/MHSA</p>
01:50:53	Lee Harrison:	<p>What are the ramifications for peer support services? Will there be Increases in peer workforce and revenue resulting from billing? Are there any opportunities here, or only deficits?</p>
01:54:15	Frances Lobos (she/her):	<p>How to Get Involved – and stay informed! Sign-up to receive MHSAs emails from https://www.smchealth.org/MHSA</p> <p>Want to get involved in BHRS-wide opportunities? Join one of many Standing Committees: https://www.smchealth.org/get-involved</p> <p>View the monthly Director’s Update provided to the commission https://www.smchealth.org/general-information/bhc-and-executive-committee-agendas-minutes</p> <p>Subscribe to the BHRS Blog https://smcbhrsblog.org/</p> <p>For funding opportunities, sign up on the Request for Proposal website http://smchealth.org/bhrs/rfp</p>
01:58:13	Frances Lobos (she/her):	<p>Thank you so much for attending this meeting! Please take our survey so we can continue to improve our experience serving you!</p> <p>www.surveymonkey.com/r/MHSA_MtgFeedback_2024</p>
02:02:50	Kava Tulua (she/her/hers):	<p>Thank you Ms. Doris and your team for this very informative meeting!</p>
02:03:18	Mary Bier:	<p>Thank you everyone - I am thankful that this meeting was recorded! Jammed packed with information. Thank you Doris!!</p>
02:04:50	Lanajean Vecchione:	<p>Link the workforce training money to peer certified support now that the health equity meetings are coming to an end, that is my suggestion.</p>
02:06:05	Pat Willard:	<p>Health equity meetings are coming to an end?</p>
02:06:42	Lanajean Vecchione:	<p>That is what I heard Doris can confirm. Also mental health month, suicide prevention, etc.</p>
02:09:41	Dan Foley:	<p>I saw where some funds are allocated towards our chronically homeless population, but also that we aren't clear on how they define that. How much input will local residents have when funding is decided upon for this?</p>
02:10:56	Lanajean Vecchione:	<p>Sorry that I started this rumor of them going away everything is in a flux and we are adjusting to some big changes</p>



SAN MATEO COUNTY HEALTH

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02:13:44	Melissa Platte:	Thank you Doris et al. I will have to sign off.
02:13:59	Frances Lobos (she/her):	Thank you so much for attending this meeting! Please take our survey so we can continue to improve our experience serving you! www.surveymonkey.com/r/MHSA_MtgFeedback_2024
02:14:53	Frances Lobos (she/her):	How to Get Involved – and stay informed! Sign-up to receive MHSA emails from https://www.smchealth.org/MHSA
02:19:31	Sofia Recalde (she/her), BHRS ODE:	https://www.smchealth.org/behavioral-health-commission
02:21:06	Nicoletta Kelleher:	Thank you all so much, have a wonderful rest of your day.
02:21:17	Amanda Russell (she/her/hers):	Thank you
02:21:17	Luci Latu (she/her/hers):	Thank you all and Doris...thank you!!!
02:21:25	Charles Hansen:	Thank you
02:21:28	Lanajean Vecchione:	Thank you everyone and Doris for your hard work
02:21:36	Adriana Furuzawa:	Thank you Doris! Thanks everyone!



SAN MATEO COUNTY HEALTH

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ATTENDANCE

There were 44 attendees; 11 participants in-person, 33 logged in to through Zoom. Below is a list of attendee names; call-in numbers are unidentifiable and not included.

MHSA Steering Committee Co-Chairpersons

1. Jean Perry (she/her), BHC Commissioner
2. Leticia Bido (she/her), BHC Commissioner

MHSA Steering Committee Members

3. Adriana Furuzawa (she/her), Felton Institute
4. Jessica Ho (she/her), North East Medical Services
5. Juliana Fuerbringer, California Clubhouse
6. Kava Tulua (she/her), One East Palo Alto
7. Maria Lorente-Foresti (she/her) BHRS Office of Diversity and Equity (ODE)
8. Mary Bier (she/her), North County Outreach
9. Melissa Platte (she/her), Mental Health Association
10. Michael Lim (he/him), BHC Commissioner
11. Vivian Liang (she/her), North East Medical Services

BHRS Staff

12. Doris Estremera (she/her), MHSA Manager
13. Jei Africa (he/him), BHRS Director
14. Camille Hicale (she/her), BHRS ODE
15. Lee Harrison (he/him), BHRS
16. Nicoletta Keller (she/her), BHRS ODE
17. Charo Martinez (she/her), BHRS ODE
18. Sofia Recalde (she/her), MHSA MA

Other Participants

19. Amanda Russell, Caminar
20. Ammi Rostin
21. Ana Mata, San Mateo Daily Journal
22. Ana Pulido, Peninsula Healthcare District
23. Angela Buelow
24. Barbara Patterson, Caminar
25. Billie Jean
26. Carolyn Shepard, Solutions for Supportive Homes
27. Charles Hansen, Peninsula Family Service
28. Dan Foley, LifeMoves
29. Ed Ortiz
30. Helen Tong-Ishikawa
31. Ivy Clark
32. Jessi Misslin
33. Jo
34. John McMahon, NAMI
35. Kate Phillips, NAMI
36. Kathryn Huber
37. Lanajean Vecchione
38. Laura Gomez
39. Leslie Wambach, NAMI
40. Lisa Litsey, California Clubhouse
41. Luci Latu, Taulama for Tongans
42. Pat Willard, Peninsula Ant-Racism Coalition
43. Paul Nichols, BHC Commissioner
44. Rubi Garcia, Voices of Recovery San Mateo County