



SAN MATEO COUNTY HEALTH

AGING & DISABILITY SERVICES

MEETING MINUTES

Commission on Aging

Aging Readiness and Family Caregiver Support Committee

Date May 19, 2025

Location: 2000 Alameda de Las Pulgas Room 209

Commissioners present: Co-Chair Kathy Uhl, Maria Elena Barr, Patty Clement, Twila Dependahl

Commissioners excused: Karen Coppock, Co-Chair Daniela Jonguitud

Staff present: Shawne O'Connell, Anna O. Dyer

Public present: No additional attendees

1. Welcome and Introductions	Co-Chair Uhl called the meeting to order at 9:30 am and welcomed members of the public, but no one attended from the public.
2. Public Comment	No public members attended.
3. Note Taking Assignment	Commissioner Clement volunteered to take minutes
4. Revise/Approve <i>May 19, 2025,</i> Agenda	M/S/P by Barr and Dependahl
5. Revise/Approve <i>April 28, 2025,</i> Committee Minutes	M/S/P by Dependahl and Barr
6. Discussion and Approval of new Co-Chair	Discussion regarding Commissioner Uhl stepping down from co-chair and needing another commissioner to step up into co-chair role. It was M/S/P that Commissioner Clement would take on the role as co-chair with Commissioner Jonguitud remaining as other co-chair by Dependahl and Barr.
7. Discussion and finalize Work Plan	After discussion and with the addition of the Advocacy Ad-Hoc Committee in place, the decision to change our second goal was M/S/P by Dependahl and Clement to read as: Goal II: Independence and Autonomy across generations: Increase awareness for older adults led planning support from family, friends, and community. In addition, as commissioner Jonguitud had a special interest in this area, it was agreed to inform her of this change after our meeting.

8. Revision and approval of potential advocacy proposals	Commission Clement shared that before the May Commission meeting, she had a brief discussion with Director Lee about more education for the Advocacy Ad-Hoc committee and maybe the entire commission around how to increase the commission's ability to have more of an impact and ability to write letters and make recommendations to the Board of Supervisor and other bodies around advocacy items. Director Lee had already been thinking about this and said he had reached out to gather more education and would be able to invite someone to explain and
	help us become more active in this area. More to come. With that being introduced and the change to the committee's work plan, we no longer will be looking at advocacy items in this committee.
9. Announcements	No announcements
10. Adjournment	M/S/C Barr and Dependahl 10:53 am