Mental Health Services Act (MHSA) Three-Year Plan Prioritization Session
Wednesday, April 26, 2017 / 4-7pm
Veterans Memorial Senior Center, Redwood Room
1455 Madison Ave, Redwood City, CA

MINUTES

1. Welcome 4:10 PM

   Supervisor Dave Pine, District 1, Board of Supervisors
   Steve Kaplan, Director BHRS

2. MHSA Overview 4:15 PM
   - Community Program Planning Process
     Doris Estremera, MHSA Manager

MHSA background information was provided: Prop 63, voted in 2004 by California voters, imposes a 1% tax on personal income in excess of $1M. Funding is allocated to Counties to transform the mental health system. MHS Components and percent allocated funding and one-time funding components were explained. This included reviewing Community Services and Supports (CSS), Prevention and Early Intervention (PEI), Innovations (INN), Workforce Education and Training (WET), Capital Facilities and Information Technology, and Housing.

MHSA Planning requirements were explained including required stakeholder engagement, called the Community Program Planning process. The MHSA Steering Committee meets twice a year, there is a 30 day public comment and public hearing process on all MHSA Annual Updates. The Annual Update is a report of services provided over the year, activities, program outcomes, evaluations. During a the 3-Year planning phase, more thorough input is sought through a Needs Analysis and a Strategy Development Phase. It is an opportunity to hear from the community and prioritize needs in the event that there is additional funding (tax revenue).

3. Review of Recommended Strategies 4:30 PM
   - Prepared Public Comments

Before beginning the review of recommended strategies for the next three years, a few items were brought forward for consideration:

1) Priority recommendations identified in 2014-17 planning remain a priority. Expansion of supports for isolated older adults was the one priority that was not implemented. If funding becomes available this will be implemented first

2) PEI component requires that at least 51% of funds go to programs serving individuals ages 0-25, including school-based strategies. It was proposed that a taskforce of subject matter experts be brought together for two follow up meetings between July and September to prioritize programs and services with as specific emphasis on school-based, evidence-based
services, to meet the 51% PEI funding requirement. If you are interested in participating in this taskforce, please email your interest to mhsa@smcgov.org

Review of the 17 priority recommendation began, prepared Public Comments included:

- **Children and Youth (C/Y) FSP**
  - Speaker: Susan Howe, Edgewood
    - Edgewood serves Transitioned Aged Youth (TAY) who are 17-25 year olds
    - Edgewood TAY are the most vulnerable and most resilient of this age range
      - 75% are out of homes
      - 90% have experienced trauma
      - Stay an average length of 2 years
    - TAY are
      - Developmentally attuned
      - Emerging adults
      - In a time of transition
    - Transition are largely due to gap in housing
      - Lack of housing undermines progress and growth
    - There is no TAY specific housing or shelter

- **Adult and Older Adult FSP**
  - Speaker: Lenore Gutelli, Caminar
    - Oversees Full Service Partnership (FSP) which are full wrap around services
    - There are 30 FSP slots
    - FSP Case Managers have a tough job
    - FSP clients are the most severe of those with mental illness
    - It’s hard to find support clients because of the lack of funding
    - Clients struggle with basic needs (e.g. bathing, cutting nails, interviewing as a prospective tenant)
    - Case managers advocate everyday
    - FSP clients include 75 and 80 year olds who are struggling
    - Caminar needs more resources to continue to do job they are doing
  - Speaker: Kevin Jones, Telecare
    - It starts with a place to live
    - Full service partnerships
    - MHSA housing funding has not increased in years or ever
    - Locked setting cost $7,000/month
    - Our current subsidy for housing is $500
    - Sustainable financially
    - MHSA outcomes are all amazing

- **Criminal Justice Involvement**
  - Speaker: Jose Solano, Pathways
    - Current client of Pathways program
    - Pathways is the reason for his success
    - Case manager Teresa helped him
He was diagnosed with schizophrenia
Today, he has been clean for 3 years and 9 months
He has a 3.47 GPA with all As and Bs
Pathways paid for 3 consecutive semesters at CSM to make it happen
He now has two degrees from CSM
He wanted to make Pathways proud by paying for his own program
He recommends Pathways to be a high priority for funding consideration

Speaker: Nubia Barraza, StarVista’s Girl’s Program
- She is the lead therapist and program coordinator
- Girl’s camp changed her outlook on therapy
- Girl’s camp has previously received MHSA funding

Outreach Collaboratives
- Speaker: Kava Tulua, One East Palo Alto
  - Coordinator of Mental Health initiative for One East Palo Alto
  - Clients now go to service providers (versus service providers needing to outreach to bring clients to services)
  - Outreach has huge impact on community
- Speaker: Mary Bier, North County Outreach Collaborative
  - Many community partners and spaces
  - Our main goal is to educate people about services available to them and reduce stigma and increase access to services
  - The only way we can achieve this goal is to build relationships and trust
  - Focused outreach
    - Faith in action
      - Worked in 4 churches
      - Connected to services immediately for those tenants whose rent increased

Pre-Crisis Outreach & Response
- Speaker: Ian Adamson, Family Assertive Support Team (FAST)
  - Clients stay involved 3-6 months until family member is connected to services they need
  - Tremendous need for Spanish speaking staff – area of expansion

Older Adults System of Care
- Speaker: Joicy Mean, Older Adult System of Integrated Services (OASIS)
  - More medically vulnerable seniors in OASIS programs
  - OASIS has Chinese speaking and Spanish speaking case managers
  - OASIS needs more peer support community workers (bilingual)
  - It takes a longer time to help seniors (e.g. they may lose their driver’s license)

Supported Services for Clients in Recovery
- Speaker: Riley, California Clubhouse
  - Has a mental illness and is a member of California Clubhouse
  - Wasn’t qualified for Vocational Rehabilitation Services and Caminar (these programs only accepted clients by referral)
He kept looking for employment
California Clubhouse was the open door for him
California Clubhouse matched him with a retail store
He has been employed halftime for about 6 months
As a result of this job, he has more earned income and feels less isolated
His experience shows that someone with mental illness can be part of the team
At his work, he says “have a great day!” and really meant it
He now sees the world as a more friendly place

Wellness Services for Migrant Populations
- Speaker: Ziomara Ochoa, Clinical Services Manager
  - Coastside
  - For people to access services, they have to leave their community
  - Coastside has been a community that has been forgotten
- Speaker: Yolanda Novelo, Peer Support Worker
  - She represents a community that has a lot of intergenerational trauma
  - She never thought her family would receive mental health services
  - Her daughter was suicidal
  - Her daughter was traumatized when she was 2 years old (sexually molested)
  - Yolanda was being trained and learning skills from the Parent Project for her daughter to feel safe to talk to her
  - It is hard to reach services outside Coastside
  - She was able to receive services after being designated with higher level of care
  - Many Coastside families make minimum wages (less than she does)
  - To go to the other side of the hill, they have to lose a day of work

Homeless Mental Health
- Speaker: Dr. Faye McNair-Knox, One East Palo Alto (OEPA)
  - OEPA Executive Director since 2004
  - Homelessness is the biggest social issue in East Palo Alto
  - OEPA has been able to rally a lot of support to lack of access to mental health services in East Palo Alto
  - Multicultural Wellness Center
    - Dr. McNair-Knox is proud of work that has been done to have a safe space for individuals to receive information and get referred – community center
    - Took major organizing effort to get shelter at EPA
    - EPA has one of the highest homeless populations in the County of San Mateo
    - OEPA finds a lot of overlap with those who are unhoused and have mental health conditions

Prevention of Early Psychosis
- Speaker: Bruce Adams, PREP/BEAM
Many individuals graduate from PREP/BEAM
There is anxiety that comes with excitement of graduation
PREP/BEAM graduates are discharged to lower level of care
What happens after PREP?
Recovery is a journey (not a destination)
PREP/BEAM would like to provide this after care approach (e.g. support group) and show long term outcomes

Speaker: Mike, PREP/BEAM
Family Support Specialist for PREP/BEAM
Son is a graduate of PREP/BEAM
He went from psychosis to community college to attending University of Arizona, Tuscon
The work that PREP/BEAM does is meaningful and real
Everyone in this team is fully committed to it

Crisis Response
Speaker: Narges Dillon, StaVista
Director of StarVista Crisis Center
StarVista Crisis Center serves thousands of callers per year and provides school presentations
There is a need for increased prevention and intervention for school-aged youth
More people come forward when they attend school presentation
StarVista gets more and more requests for younger students
Hopes to advocate for appropriate assessment especially most vulnerable young people

Community Engagement and Empowerment
Speaker: Yolanda Ramirez, San Mateo County Behavioral Health and Recovery Services
Lives in San Mateo
Has two kids
Family Partner for County of San Mateo
6 years ago, almost lost her daughter with a suicide attempt
Participated in Parent Project and became a Health Ambassador Program
Her daughter is now in recovery
Was a family partner for Edgewood

4. Additional Input & Prioritization (All participants)  6:00 PM
Open Public Comment

Additional recommendations were brought forward for consideration and all participants were given two votes to prioritize across these additional recommendations. A peer-run warm-line, peer support during and after discharge from psychiatric hospitalization and a coordinated approach to outreach in the Chinese community were prioritized and added to the 17 recommendations for voting by the Steering Committee
Public Comments included:

- **Veterans**
  - **Speaker: Soni Adams, Department of Veteran Affairs (VA)**
    - Nice to be in solidarity with amazing people
    - Working for VA, understands issues of severe mental illness and suicide
    - Veterans have twice the rate of completed rates of suicide than civilians
    - Some (not all) veterans have access to VA care based on certain criteria
    - There is a need to create a form of transportation to link veterans to resources
      - Such transportation would
        - Reduce acute hospitalizations
        - Improve access to quality care
        - Open up and streamline services to others in community who don’t have VA for their health care
  - **Speaker: Donald DC Barlow, VA Palo Alto**
    - Peer Support Specialist at VA Palo Alto
    - Mental Health Intensive Case Management
    - Consumer of correctional institutional setting
    - Minority veterans coordinator
    - Whole health coach
    - Help veterans transition out of treatment court
    - When on parole and homeless, did not have transportation or funds
    - Transportation accessibility to mental health care providers
    - Echo voices of his peers and consumers of various products MHSA/BHRS offers
    - Just don’t show how to get there but also help people get there (transportation) so they can get the product and services that they need
    - Open up mental health services that don’t qualify

- **Linda, Telecare Client**
  - Was kicked out of the apartment
  - Sleeping at park benches
  - Sleeping at airports
  - Sleeping on the streets until she met Telecare
  - There were shelters that only let people stay there for 30 days
  - They gave her a shelter for 2 years
  - She has an apartment and been there for 2.5 years

- **Valisha, Consumer**
  - Consumer for almost 7 years
  - Today, in school and drug free

- **Darrell, Concerned Citizen**
  - Not associated with any proposed recommendation
  - Happy to see so many good programs
  - In and out of many hospitals
His one ask is that programming be created in neighborhoods so that they are accessible and easy to find.

**Steve Sust, Chinese Health Initiative**
- No systematic or coordinated education, outreach and referrals for the Chinese community in this county.
  - No one speaking Mandarin/Cantonese to answer ACCESS line (despite Chinese being a threshold language)
  - No psychoeducation that is linguistically and culturally appropriate for Chinese community
  - Chinese Community Outreach Worker position is scheduled to end June 30, 2017 with no confirmed plan of continuing this position
- Recommendation: Systematic or coordinated education, outreach and referrals for the Chinese community in this county.

**Michael Horgan, Heart & Soul, Inc.**
- Recommends peer run respite
- Safe and home like environment
- Offer empowerment and meaningful choices
- Provide a much needed alternative for those seeking help from trauma or at risk for psychiatric illness

**Helene Zimmerman, NAMI San Mateo County**
- Mentally ill from borderline personality disorder
- Started attending connecting meeting
- Graduated from peer to peer meeting
- Pals and the mentors – often their first paid opportunity after mental health life transition

**Dana, NAMI San Mateo County**
- Took and graduated NAMI peer to peer course
- Trained to teach the course in 2014
- Facilitates connection group
- Peer to peer program
- Hold a job for the last 11 years
- What was missing for her was the sense of community
- You can do quite well but still feeling not connected to other people
- NAMI creates a sense of community
- NAMI has great programs based on research
- Support mentors on discharge and peer pals program

**Christopher Jump, Heart and Soul, Inc and Peer Recovery Collaborative**
- Member Peer Collaborative
- Larger peer voice in the community
- Experienced extreme states of sadness
- Constantly beaten and belittled
- Physically and verbally abused (parents said they wanted to kill him)
- He thought he was worthless
He was told he was sick and told to take pills which didn’t help him live and thrive.

Wasn’t able to hold a job or house.

Finally found a place he can get some therapy and place where he can show his worth and value.

Medication free for 8 years.

Asking for peer respite center.

Elaine Peng, NAMI Chinese and Chinese Health Initiative

Shared personal experience with her own and her daughters mental health issues.

Advocating for Chinese outreach program.

Spoke in Chinese and May translated her speech in English.

May, NAMI San Mateo

This is the first time NAMI is requesting funding from the County of San Mateo.

Eddrena

Youth 25-30 year old.

Need to be incorporated into a caregiver program such as a TAY type program.

Plus 24 hour supportive housing for those youth.

Not just safe to get housing for them.

Not enough for individuals to just stay safe.

Additional Written Public Comments are attached.

5. Voting & Prioritizing Strategies (MHSA Steering Committee only) 6:40 PM

Results will be tallied and posted on the MHSA website, www.smchealth.org/MHSA.

6. Adjourn 7:00 PM

MARK YOUR CALENDARS!

MHSA Three-Year Plan Presentation
Mental Health and Substance Abuse Recovery Commission

June 7, 2017 / 3-5pm

Health System Campus, Room 100, 225 37th Ave., San Mateo, CA
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

<table>
<thead>
<tr>
<th>Personal information (OPTIONAL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name: <strong>ERIK MCCREADY</strong></td>
</tr>
<tr>
<td>Agency/Organization: <strong>Clayton Clubhouse</strong></td>
</tr>
<tr>
<td>Phone Number: <strong>(650) 277-2177</strong></td>
</tr>
<tr>
<td>Email address: <strong><a href="mailto:ERIKMCCREADY@GMAIL.COM">ERIKMCCREADY@GMAIL.COM</a></strong></td>
</tr>
<tr>
<td>Mailing address: <strong>1017 N CONCORDIA DR</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Stakeholder group you identify with (check all that apply):</th>
</tr>
</thead>
<tbody>
<tr>
<td>X Mental Health Client/Consumer</td>
</tr>
<tr>
<td>_ AOD Client/Consumer</td>
</tr>
<tr>
<td>_ Family Member of Client/Consumer</td>
</tr>
<tr>
<td>_ Community Member</td>
</tr>
<tr>
<td>_ Community Agency</td>
</tr>
<tr>
<td>_ Social Services/Human Services Provider</td>
</tr>
<tr>
<td>_ Mental Health Provider</td>
</tr>
<tr>
<td>_ Substance Use Provider</td>
</tr>
<tr>
<td>_ Health Provider</td>
</tr>
<tr>
<td>_ Education</td>
</tr>
<tr>
<td>_ Law Enforcement/Criminal Justice</td>
</tr>
</tbody>
</table>

Please provide comment/feedback:

I am representing **CALIFORNIA CLUBHOUSE** and am advocating on behalf of **130 member clubhouse**.

I can attest that all of our members benefit as the total number of hospitalizations among our members has decreased. The lack of repetitive day and social activities has significantly improved the life of me and many others.

Please turn over ➔
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)
Name: EDDRENA PETERS
Agency/Organization: 
Phone Number: 650-491-5107
Email address: eddrena.peters@smcmail.com
Mailing address: 210 N Delaware #3, San Mateo, CA 94401

Stakeholder group you identify with (check all that apply):

- [ ] Mental Health Client/Consumer
- [ ] AOD Client/Consumer
- [x] Family Member of Client/Consumer
- [ ] Community Member
- [ ] Community Agency
- [ ] Social Services/Human Services Provider
- [ ] Mental Health Provider
- [ ] Substance Use Provider
- [ ] Health Provider
- [ ] Education
- [ ] Law Enforcement/Criminal Justice

Please provide comment/feedback:
EXPANDED AFTER CARE SERVICES 25-35yr olds graduating from the TAFSP. Plus 24 hour supported housing for those adults.

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhasa@smcgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act
Public Comment Form

Personal information (OPTIONAL)

Name: ___________________ Agency/Organization: ___________________

Phone Number: ___________ Email address: _________________________

Mailing address: _______________________________

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Health Provider
- Education
- Law Enforcement/Criminal Justice

Please provide comment/feedback:

Prevention of Early Psychosis graduates need aftercare support, so do the emerging adults who graduate or otherwise transition from the TAY FSP. Their needs are not the same as older adults.

Please turn over ➔

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsa@smcgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act
Public Comment Form

Personal information (OPTIONAL)
Name: __________________ Agency/Organization: _________________
Phone Number: __________ Email address: _______________________
Mailing address: _____________________________________________

Stakeholder group you identify with (check all that apply):
_ Mental Health Client/Consumer _ AOD Client/Consumer
_ Family Member of Client/Consumer ✗ Community Member
_ Community Agency _ Social Services/Human Services Provider
_ Mental Health Provider _ Substance Use Provider _ Health Provider
_ Education _ Law Enforcement/Criminal Justice

Please provide comment/feedback:

Please increase culturally sensitive outreach, education & engagement services for Chinese

Community. Stigma is a big barrier in our community and we need more culturally

sensitive outreach to engage the family and the person in service as it generally takes a longer

period of time and # of meetings to build trust with and engage this community. They are very reluctant
Acknowledge they need help or get help. This includes the family member and the individual as it is very shameful for them.
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)

Name: Velisha Sooosh
Agency/Organization: Telecare
Phone Number: 650-510-0927 Email address: VelishaSooosh@gmail.com
Mailing address: 1321 Marshall St #302 RWC 94063

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Health Provider
- Education
- Law Enforcement/Criminal Justice

Please provide comment/feedback:

I am a Consumer of MH at Telecare. Because of Housing Funding, I've been fortunate enough to benefit. Today I go to college, volunteer at Telecare for 3 yrs, also my home keeps me able to be independent, reliable, and most importantly, med compliant.

Please turn over →
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)
Name: Christopher Jumps
Agency/Organization: 
Phone Number: 622-4961 Email address: ChristopherJumps@smc.org
Mailing address: 210 Industrial Rd #205 San Carlos, CA 94070

Stakeholder group you identify with (check all that apply):
- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Health Provider
- Education
- Law Enforcement/Criminal Justice

Please provide comment/feedback:

Need for a peer run respite center.
Need for more investment in peer support.
Need for more affordable housing.

Please turn over →

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsai@smgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: Ashley
Agency/Organization:
Phone Number: 612-725-682
Email address: ashley.langston@gmail.com
Mailing address: 906 15th Ave, Redwood City, CA 94063

**Stakeholder group you identify with (check all that apply):**

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Education
- Health Provider
- Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

I recently moved to San Mateo County and left my little brother on the East coast. He was diagnosed with schizophrenia six months ago and I do not know where I would be without NAMIS programs and support. I wish my brother could be here to receive the local resources that would be available to him. In particular, the Mentor on Discharge (MOD)

Please turn over
Comments:
and Peer Pals programs would be life changing. MoD partners recently discharged patients with paid peer mentors who understand what the patient is going through at a time when it is needed most. This offers a lifeline via a connection to a member of the community who does not judge the individual. I have heard my brother lament that no one understands him, no one has experienced what he has, and that all of his friends have 'moved on' with their lives leaving him behind and alone. I cannot stress enough what a program like MoD (starting when the patient is hospitalized) and Peer Pals (after the patient is discharged from the hospital) would mean to my brother and how special NAMI San Mateo is for providing these services. However, they need help to pay more mentors and to pay mentors more (higher wage). Often these peer mentors struggle to find gainful employment or have to choose between being a mentor and having a higher paying job. The service these mentors provide is vital for individuals with mental illness. Please help to make the option of serving as a mentor a viable option for these individuals.
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act
Public Comment Form

Personal information (OPTIONAL)
Name: Judy Sherman
Agency/Organization: 
Phone Number: 650-545-2977 Email address: Judy.Sherman@smc.gov
Mailing address: 3100 Melendy Dr, San Carlos 94070

Stakeholder group you identify with (check all that apply):
- [ ] Mental Health Client/Consumer
- [x] Family Member of Client/Consumer
- [x] Community Member
- [ ] Community Agency
- [ ] Mental Health Provider
- [ ] Education
- [ ] AOD Client/Consumer
- [x] Social Services/Human Services Provider
- [ ] Substance Use Provider
- [ ] Health Provider
- [ ] Law Enforcement/Criminal Justice

Please provide comment/feedback:
Expansion of emergency, residential, and supportive housing with MHS is impractical given the availability & cost of housing in the County.

Strongly support outreach services to isolated older adults, refugees, migrants, and vulnerable underserved groups.

Please turn over →
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)
Name: JEFAN CHAN
Agency/Organization: NAMI
Phone Number: 650-888-1790
Email address: jeanchenccc@hotmail.com
Mailing address: 65 CROWN COURT San Mateo CA 94402

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Education
- Law Enforcement/Criminal Justice

Please provide comment/feedback:

Some of the provider's service are overlapped. Providers should work together to minimize the cost of service. Since funding is limited, consolidate service to make money spending smart.

Please turn over →
Comments:

For some of MHSA Service not even has representative to present their service their funding should cut out or eliminate because they do not care.
San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act  

**Public Comment Form**

**Personal information (OPTIONAL)**

Name: 

Phone Number: 

Mailing address: 

**Agency/Organization:** NAMI

**Email address:** hjimmer@namicommentorg

**Stakeholder group you identify with (check all that apply):**

- [ ] Mental Health Client/Consumer
- [ ] AOD Client/Consumer
- [ ] Family Member of Client/Consumer
- [ ] Community Member
- [ ] Community Agency
- [ ] Social Services/Human Services Provider
- [ ] Mental Health Provider
- [ ] Substance Use Provider
- [ ] Health Provider
- [√] Education
- [ ] Law Enforcement/Criminal Justice

**Please provide comment/feedback:**

The service categories do not cover the education + support needs for families. Support Peer Programs - pre inpatient discharge + post discharge follow up. Build + strengthen our current programs. The peer + family support models in services to expand family to family services is what NAMI is all about - it's just different working.

---

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsa@smcgov.org  
225 37th Avenue, 3rd Floor, San Mateo, CA 94403  
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act
Public Comment Form

Personal information (OPTIONAL)
Name: Riley
Agency/Organization: California Clubhouse
Phone Number: Email address:
Mailing address:

Stakeholder group you identify with (check all that apply):
✓ Mental Health Client/Consumer
__ AOD Client/Consumer
__ Family Member of Client/Consumer
__ Community Member
✓ Community Agency
__ Social Services/Human Services Provider
__ Mental Health Provider
__ Substance Use Provider
__ Health Provider
__ Education
__ Law Enforcement/Criminal Justice

Please provide comment/feedback:

Please turn over 

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsa@smcgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)

Name: Kim Collette   Agency/Organization: DCYHC

Phone Number: 650-985-2015  Email address: Kgillette@edyc16youth.org

Mailing address: __________________________

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer  - AOD Client/Consumer
- Family Member of Client/Consumer   - Community Member
- Community Agency   - Social Services/Human Services Provider
- Mental Health Provider   - Substance Use Provider  - Health Provider
- Education   - Law Enforcement/Criminal Justice

Please provide comment/feedback:

Thank you for taking the time to listen to all of the needs of the community.
It is so important that we remember how large and diverse this county is. We need to prioritize North San Mateo County services along with other hard to reach populations. We also need to prioritize services to youth and working to decrease stigma at an early age.

Please turn over 

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsa@smc.gov
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
It is unfortunate that this process came off as competitive. It would be helpful if we could find a way to discuss this as a team working together, not against other organizations.
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act
Public Comment Form

Personal information (OPTIONAL)
Name: Amna
Agency/Organization: California Clubhouse
Phone Number: (650) 749-7658 Email address: amnah.sh@gmail.com
Mailing address:

Stakeholder group you identify with (check all that apply):
☒ Mental Health Client/Consumer  ☒ AOD Client/Consumer
☐ Family Member of Client/Consumer  ☒ Community Member
☐ Community Agency  ☐ Social Services/Human Services Provider
☐ Mental Health Provider  ☐ Substance Use Provider  ☐ Health Provider
☐ Education  ☐ Law Enforcement/Criminal Justice

Please provide comment/feedback:
California Clubhouse is a fantastic organization that has helped me and many of my friends immensely. It deserves to have additional expansion funding so it can continue to help people with mental illness in the community.

Please turn over ➔
You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsha@smcgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)

Name: [Redacted]
Agency/Organization: [Redacted]
Phone Number: 650-730-7756
Email address: [Redacted]
Mailing address: 152 El Granada, 94018

Stakeholder group you identify with (check all that apply):

- [ ] Mental Health Client/Consumer
- [ ] AOD Client/Consumer
- [ ] Family Member of Client/Consumer
- [ ] Community Member
- [ ] Community Agency
- [ ] Social Services/Human Services Provider
- [ ] Mental Health Provider
- [ ] Substance Use Provider
- [ ] Health Provider
- [ ] Education
- [ ] Law Enforcement/Criminal Justice
- [X] IN PEER CASING CLASS

Please provide comment/feedback:

Need people to go to help people at the site that can't leave. Bushes to seek help in HB.

Please turn over
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)

Name: ____________________________ Agency/Organization: ____________________________

Phone Number: __________ Email address: ____________________________

Mailing address: ____________________________

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer
- AOD Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Social Services/Human Services Provider
- Mental Health Provider
- Substance Use Provider
- Health Provider
- Education
- Law Enforcement/Criminal Justice

Please provide comment/feedback:

All the needs and requests are so important. Please consider supporting a community that is isolated.
Help the Coast develop a center of services like the Barbara Matter Center and the EPA community center! The community really needs it.
The stigma on the Coast has been a difficult barrier to breakdown due to the rural nature of the community and limited resources to really make a big impact.

Please turn over →

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsa@smcgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)
Name: Yolanda Ramirez
Phone Number: 650-346-4931 Email address: ymrainiree.smcgov.org
Mailing address: 727 Shasta St., Redwood City, CA 94063

Stakeholder group you identify with (check all that apply):
- Mental Health Client/Consumer
- Family Member of Client/Consumer
- Community Member
- Community Agency
- Mental Health Provider
- Education
- AOD Client/Consumer
- Social Services/Human Services Provider
- Substance Use Provider
- Health Provider
- Law Enforcement/Criminal Justice

Please provide comment/feedback:
I support the Peers and Family Support Models to increase engagement of clients and caregivers in services.
I support prevention-community engagement and empowerment recommendation, to have more leaders in our community.

Please turn over →
San Mateo County Health System  
Behavioral Health and Recovery Services  
Mental Health Services Act  
Public Comment Form

<table>
<thead>
<tr>
<th>Personal information (OPTIONAL)</th>
</tr>
</thead>
</table>
| Name: **Amada Espinoza**  
Agency/Organization: **BHRS Health Ambassador** |
| Phone Number: **650-445-1596**  
Email address: **amadaespinoza10@yahoo.com** |
| Mailing address: ________________ |

<table>
<thead>
<tr>
<th>Stakeholder group you identify with (check all that apply):</th>
</tr>
</thead>
</table>
| __ Medical Health Client/Consumer  
__ AOD Client/Consumer  
__ Family Member of Client/Consumer  
__ Community Member  
__ Community Agency  
__ Social Services/Human Services Provider  
__ Mental Health Provider  
__ Substance Use Provider  
__ Health Provider  
__ Education  
__ Law Enforcement/Criminal Justice |

<table>
<thead>
<tr>
<th>Please provide comment/feedback:</th>
</tr>
</thead>
</table>
| Como madre de una cliente de salud mental agradezco mucho por todos los servicios que ha recibido mi hija que se ha recuperado muy bien gracias a todos esos servicios. Por esto pido que el comité nos siga apoyando económicamente para que todas las familias sigan teniendo esperanza porque la recuperación es posible mientras tengamos apoyo.  

**Gracias por todo** |

Please turn over
### Personal Information (Optional)

<table>
<thead>
<tr>
<th>Name</th>
<th>Mark Hansen</th>
</tr>
</thead>
<tbody>
<tr>
<td>Agency/Organization</td>
<td>NAMI San Mateo County</td>
</tr>
<tr>
<td>Phone Number</td>
<td>415-205-8885</td>
</tr>
<tr>
<td>Email address</td>
<td><a href="mailto:markhansen640@comcast.net">markhansen640@comcast.net</a></td>
</tr>
<tr>
<td>Mailing Address</td>
<td><a href="mailto:markhansen640@comcast.net">markhansen640@comcast.net</a></td>
</tr>
</tbody>
</table>

### Stakeholder Group You Identify With (Check All That Apply):

- [x] Mental Health Client/Consumer
- [x] Family Member of Client/Consumer
- Community Agency
- Mental Health Provider
- Education
- AOD Client/Consumer
- Community Member
- Social Services/Human Services Provider
- Substance Use Provider
- Health Provider
- Law Enforcement/Criminal Justice

### Please Provide Comment/Feedback:

Feel that there is a big transition gap for consumers that are hospitalized and their transition back into the community after hospitalization. Most hospitals depend on the social worker to make inpatient recommendations for further training counseling. Unfortunately, most consumers do not trust or relate to their social workers, and social workers follow up post hospitalization is lacking. So I feel some mentor program or peer to peer program should start during the hospitalization process and continue after...
hospitalization to provide a smoother transition back into the community. A consumer is much more likely to listen to another consumer who has had similar experiences acting as a mentor. Many counties in the Bay Area have implemented a program called "Mentors on Discharge" being offered by NAMI very successfully (ie: reducing additional hospitalizations).

San Mateo County needs a program like this now!
San Mateo County Health System
Behavioral Health and Recovery Services
Mental Health Services Act

Public Comment Form

Personal information (OPTIONAL)

Name: Candice Hawley
Phone Number: 484-132-3279
Email address: canajazz@gmail.com
Mailing address: 1200 San Mateo Dr, #101, San Mateo, CA 94401

Stakeholder group you identify with (check all that apply):

- Mental Health Client/Consumer
- Family Member of Client/Consumer
- Community Agency
- Mental Health Provider
- Education
- AOD Client/Consumer
- Community Member
- Social Services/Human Services Provider
- Substance Use Provider
- Health Provider
- Law Enforcement/Criminal Justice

Please provide comment/feedback:

This was/is my first time attending a MHSA mtg. I’ve been strongly impressed by the dedication displayed here along with the empathy and commitment toward those with M/IA. I have been and was again today struck by the coastside needs (I wish I were bilingual so that I could help in this area). As a senior, affordable housing is critical to me. I appreciate hearing about your efforts. I wish there were...

You may send your comments via email or post to Doris Estremera, MPH, MHSA Manager, mhsa@smcgov.org
225 37th Avenue, 3rd Floor, San Mateo, CA 94403
Page #1
Comments:

More peer counselor/peer support positions. Mine ends in 8 mos and I would love to continue giving back. Aside from that selfish desire, I cannot stress how helpful peer positions are to the clients as well as to the providers.
My name is Roxana Ruan. I live in San Carlos and work in Redwood City. My first language is Cantonese.

I know Shiyu Zhang, the Chinese Outreach Worker, through NAMI San Mateo.

I was looking for a psychiatrist for my nephew on my own for a really long time. I went to a few nonprofit organizations and hospitals, and had no luck finding a doctor. NAMI San Mateo suggested me to call Shiyu.

Shiyu did things efficiently. She set up an appointment for my nephew with a county clinician the next day. Shiyu listened to my frustration. She was very patient with me, and found the best solution with me.

I like Shiyu because she is not only bilingual, but she also knows both American and Chinese cultures well. For example, I didn't have to explain in detail about China's one-child policy to her and I could see that she understood my nephew's unfair treatment being the second child in the family. I also have limits to explain this mental health issue. I just spoke a word or phrase and Shiyu understood what I was trying to say, and she helped me interpret properly.

Finally I found a psychiatrist through Shiyu.

I really appreciated Shiyu's Chinese Outreach Worker position. She did more than just provide a phone number or a website. I know there are more Chinese residents in San Mateo community that really need the Chinese Outreach Worker to help them find the right direction in their daily need.

I believe San Mateo County residents would be happy to have outreach and education programs for the Chinese community. This is my voice, and I am sure this also the voice of many other Chinese in the community.
Peer Supported Living
we need a place in each area of the county
not just I
Colin,

This is Kevin, the guy who spoke with you before your event. I want to add into public comments:

San Mateo County is having a boom in tech workers and San Francisco and San Mateo counties are the tech capitals of the world. This is not going to just all of a sudden stop. There are many people in this county who suffer from mental health problems and the most basic part of that problem is housing. Every bit of housing in the county is now prohibitively expensive and we must find a way to insure that there is adequate housing for those who are marginalized by mental health. I propose small apartments that don't disrupt the landscape and can have up to 12 units in them and divide them between low cost and mental health populations. We need lots of these! If they are not designated to that population and instead go to the general population, the rents become financially unsustainable for the mental health population. These units don't make developers rich, they provide necessary housing for people who need it. When I was growing up in Redwood City, Agnews State Hospital housed many mental health patients. That responsibility rests largely on the families and the state and counties to handle now that there are very few state institutions. Without housing, you can't move forward.

Kevin Bond
A concerned resident of Redwood City
My name is Roxana Ruan. I live in San Carlos and work in Redwood City. My first language is Cantonese.

I know Shiyu Zhang, the Chinese Outreach Worker, through NAMI San Mateo.

I was looking for a psychiatrist for my nephew on my own for 4 months. I went to a few nonprofit organizations and hospitals, and had no luck finding a doctor. NAMI San Mateo suggested me to call Shiyu.

Shiyu did things efficiently. She set up an appointment for my nephew with a county clinician the next day. Shiyu listened to my frustration. She was very patient with me, and found the best solution with me.

I like Shiyu because she is not only bilingual, but she also knows both American and Chinese cultures well. For example, I didn’t have to explain in detail about China’s one-child policy to her and I could see that she understood my nephew’s unfair treatment being the second child in the family. I also have limits to explain this mental health issue. I just spoke a word or phrase and Shiyu understood what I was trying to say, and she helped me interpret properly.

Finally I found a psychiatrist through Shiyu.

I really appreciated Shiyu’s Chinese Outreach Worker position. She did more than just provide a phone number or a website. I know there are more Chinese residents in San Mateo community that really need the Chinese Outreach Worker to help them find the right direction in their daily need.

I believe San Mateo County residents would be happy to have outreach and education programs for the Chinese community. This is my voice, and I am sure this also the voice of many other Chinese in the community.
Hello ~

I am writing you to express my deep appreciation for the Crisis Clinician position currently funded at Star Vista. I am a Wellness Counselor in Jefferson Union High School District, and I am grateful we can call Star Vista when we have a student who very much needs therapy, but can’t get it through insurance or for financial reasons. The clinician comes to school and works with students and their families with the compassion and non-judgment that allows students to heal and grow. Additionally, the Crisis Clinician comes to schools to do staff development about crucial topics like suicide prevention. It is truly an invaluable position and I so hope you continue funding it. Considering the serious lack of services in North County, we really need Star Vista.

Thanks,

Melissa Ambrose, LCSW/PPS
Wellness Counselor
Community Service Coordinator
Oceana High School
(650) 550-7307

Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of intended recipient(s) and may contain confidential and protected information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender by reply e-mail and destroy all copies of the original message.

* Suicide Crisis Line: (650) 573-2662/1-800-SUICIDE/(650) 579-0350
* Daly City Youth Health Center: (650) 985-7000/dalycityyouth.org
* Domestic Violence: (800) 300-1080
* Parenting Crisis Line: (888) 220-7575
Good morning!

Forgot to send this your way. Please see my message below re StarVista and Narges work :) She is amazing as is StarVista!

StarVista has been a remarkable resource and tool for not only our students, but our school and community. Star Vista has not only been there for our students in crisis through the crisis hotline, they have also served as a community connection for families, have come to campus to check in on the safety of our students and have even lined up short term counseling for students who were not receiving services outside of school. Star Vista has been a tremendous resource for us, and we hope to be able to utilize their important resources for years to come! This very much fills a need that we lack along the coast side as mental health resources are so limited.

--

All the best,
Courtney Coburn, MA/PPS, PCCI #2958
Half Moon Bay High School
School Counselor (GB-M)
Peer Helper Teacher
Tel: 650-712-7200 ext. 5105
http://hmbhs.schoolloop.com/

This email message is for the sole use of the intended recipient(s). It may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please alert the sender by reply email and destroy all copies of the original message.

The Cabrillo Unified School District prohibits discrimination, harassment, intimidation, and bullying based on actual or perceived ancestry, age, color, disability, gender, gender identity, gender expression, nationality, race or ethnicity, religion, sex (sexual harassment), sexual orientation, marital, family, parental status, or association with a person or a group with one or more of these actual or perceived characteristics. For questions or complaints regarding this policy, please contact John Corry, Assistant Sup. of Personnel and Pupil Services, Equity/ Title IX Compliance Officer at (650) 712-7109.
Hello, my name is Judy Romero and I am the Director of the Sequoia Teen Resource Center at Sequoia High School in Redwood City. We have had a partnership with StarVista Crisis Center for the past 12 years. The Crisis Center has supported Sequoia High School by providing class presentations on suicide prevention. Recently the Crisis Center presented to all our Physical Education Classes. In the past the Crisis Center has also provided suicide prevention training for school staff. For the past 12 years the Crisis Center has participated in our annual Health Fair providing information to students and teachers. In March 2017 there were 762 students that attended the Health Fair. In addition, we've had Crisis Center counseling interns come to Sequoia High School to provide crisis counseling to students. StarVista Crisis Center has been a great asset to have as a partner.

If you have any questions, please do not hesitate to contact me.

Sincerely,

Judy Romero

--

Judy Romero, MFT
Sequoia Teen Resource Center Director
1201 Brewster Ave.
Redwood City, Ca. 94062
(650) 367-9780 ext 60065
jromero@seq.org
I am happy to write about the benefits Redwood City School District has received from StarVista. As the Director of Student Services, I have worked directly with clinicians and Narges Zohoury Dillon, the Program Director. The clinicians have worked with our most vulnerable students and families. They have counseled these kids while they spend time at our Opportunity School and follow up with them when they returned to the regular school population. They have always been thoughtful, respectful, professional, and accessible.

I have referred families on a number of occasions to the Crisis Center where they have received expert advice. Many of our 16 schools have taken advantage of StarVista's education programs through whole school presentations and small group interventions.

StarVista has become an invaluable asset to our school district's continued efforts to improve mental health education and family engagement. StarVista programs are an integral part of sustaining and building positive school climates.

If you have any questions or need further elaboration, please don't hesitate to contact me.

Sincerely,

--
Margaret Lavin, M.Ed
Director of Student Services
Redwood City School District
650-423-2277

This is a staff email account managed by Redwood City School District. This email and any files transmitted with it are confidential and intended solely for the use of the individual or entity to whom they are addressed. If you have received this email in error please notify the sender.
To whom it may concern;
I would like to express my enthusiastic support for the funding of a clinician position at the crisis center through Star Vista.
I have been a school counselor in the San Bruno Park School District for over 20 years. We desperately need community agency support to meet the needs of our students. We have been fortunate to have Star Vista clinicians assist us with individual student needs, student counseling, and educational presentations for our staff members.
Thank you for your consideration in this important matter.
Please do not hesitate to contact me if I can be of further assistance.
Sincerely,
Lisa Thorsen-Spano, Ph.D., MFT, PPS
District Counselor
San Bruno Park School District
650-624-3152
lthorsen-spano@sbpsd.k12.ca.us
<table>
<thead>
<tr>
<th>Name</th>
<th>Title (if applicable)</th>
<th>Role (if applicable)</th>
<th>Contact Info</th>
</tr>
</thead>
<tbody>
<tr>
<td>John Doe</td>
<td>Director</td>
<td>Medical Office</td>
<td>555-1234</td>
</tr>
<tr>
<td>Jane Smith</td>
<td>Manager</td>
<td>Human Resources</td>
<td>555-5678</td>
</tr>
<tr>
<td>Mike Johnson</td>
<td>Supervisor</td>
<td>Manufacturing</td>
<td>555-9012</td>
</tr>
<tr>
<td>Lisa Lee</td>
<td>Accountant</td>
<td>Finance</td>
<td>555-3456</td>
</tr>
<tr>
<td>Bob Brown</td>
<td>President</td>
<td>Administration</td>
<td>555-7890</td>
</tr>
<tr>
<td>Sarah Davis</td>
<td>Coordinator</td>
<td>IT</td>
<td>555-4567</td>
</tr>
<tr>
<td>Tom White</td>
<td>Treasurer</td>
<td>Administration</td>
<td>555-2345</td>
</tr>
<tr>
<td>Name</td>
<td>Organization (if applicable)</td>
<td>Title (if applicable)</td>
<td>Email</td>
</tr>
<tr>
<td>--------------------</td>
<td>----------------------------------------</td>
<td>--------------------------------</td>
<td>--------------------------------</td>
</tr>
<tr>
<td>tran chen</td>
<td>NAMI</td>
<td>Member</td>
<td><a href="mailto:jeanchen14@gmail.com">jeanchen14@gmail.com</a></td>
</tr>
<tr>
<td>teresa mendivil</td>
<td>Interpreters Unlimited Prep Beam</td>
<td>Spanish English Interpreter</td>
<td><a href="mailto:kierchenly@gmail.com">kierchenly@gmail.com</a></td>
</tr>
<tr>
<td>mark karchner</td>
<td></td>
<td>Family Support Specialist</td>
<td></td>
</tr>
<tr>
<td>brian murgay</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>diane rossner</td>
<td>NAC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>timothy benson</td>
<td>BHS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>june i. abell</td>
<td>CAMINAR</td>
<td>DI R SUPPORTED Staff.</td>
<td></td>
</tr>
<tr>
<td>john sy</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>riley mcloughlin</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>kim collette</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>peter n. hoagland</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>joyce greenwood-edder</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dan m. tori</td>
<td>淮南 Clubhouse</td>
<td></td>
<td></td>
</tr>
<tr>
<td>lee t. carey</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>jose solano</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>jake l. salag</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>janne fernandez</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>andrew l. collins</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. m. ryan anderso</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>donald d. bower</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. mcminn-paxton</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>carolyn sheng</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>cristina ogastele</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>tia o. bailey</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dave foster</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>lan wangchengli</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>leanna harpert</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>amanda greatler</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>pete mcquade</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>j. m. ryan anderso</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>donald d. bower</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>m. mcminn-paxton</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>carolyn sheng</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>cristina ogastele</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>tia o. bailey</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>dave foster</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>lan wangchengli</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>leanna harpert</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Organization (if applicable)</td>
<td>Title (if applicable)</td>
<td>Email</td>
</tr>
<tr>
<td>-------------------</td>
<td>--------------------------------</td>
<td>-------------------------------------</td>
<td>------------------------------</td>
</tr>
<tr>
<td>Andrea Espinoza</td>
<td>BHRS</td>
<td>Heath Ambassador</td>
<td><a href="mailto:amanda.espinoza@gmail.com">amanda.espinoza@gmail.com</a></td>
</tr>
<tr>
<td>Chris Cuamars</td>
<td>PCNPDA Police Dept.</td>
<td>Captain</td>
<td><a href="mailto:chris.cuamars@pcnpda.org">chris.cuamars@pcnpda.org</a></td>
</tr>
<tr>
<td>Erica Horn</td>
<td>California Clubhouse</td>
<td>Admin. Director</td>
<td><a href="mailto:ericahorn@californiaclubhous.com">ericahorn@californiaclubhous.com</a></td>
</tr>
<tr>
<td>Melissa Greenfield</td>
<td>VORSME</td>
<td>Exec. Director</td>
<td><a href="mailto:mgreenfield@vorsme.org">mgreenfield@vorsme.org</a></td>
</tr>
<tr>
<td>Mark Hanson</td>
<td>NAMI &amp; NLA</td>
<td>Recovery Coach</td>
<td><a href="mailto:mark.hanson@nami.org">mark.hanson@nami.org</a></td>
</tr>
<tr>
<td>Bruce Adams</td>
<td>PREP/BEAM</td>
<td>Lead Mentor</td>
<td><a href="mailto:badams@felton.org">badams@felton.org</a></td>
</tr>
<tr>
<td>Teri Greenwood</td>
<td>CalH Clubhouse /NAMI</td>
<td>Program Manager</td>
<td><a href="mailto:teri.ter@gmail.com">teri.ter@gmail.com</a></td>
</tr>
<tr>
<td>Yolanda Ramirez</td>
<td>BHRS</td>
<td>Peer Support Worker /Volunteer</td>
<td>yolanda@<a href="mailto:me@gmail.org">me@gmail.org</a></td>
</tr>
<tr>
<td>Crystal Cruz</td>
<td>VORSME</td>
<td>Comm. Hlth Planner</td>
<td><a href="mailto:chriscruz@vorsme.org">chriscruz@vorsme.org</a></td>
</tr>
<tr>
<td>Shawn Helton</td>
<td>Peer Counseling / Abundant Grace</td>
<td>Program Director</td>
<td><a href="mailto:shawnt@vorsme.org">shawnt@vorsme.org</a></td>
</tr>
<tr>
<td>Soni Adams</td>
<td>VHA-Palo Alto</td>
<td>Program Coordinator</td>
<td><a href="mailto:soni.adams@vha.org">soni.adams@vha.org</a></td>
</tr>
<tr>
<td>Terry-Jung Liu</td>
<td>BHRS</td>
<td>Psychologist</td>
<td><a href="mailto:terry-ljung@gmail.com">terry-ljung@gmail.com</a></td>
</tr>
<tr>
<td>Shereen Calhoun</td>
<td>Santa Mateo County Public Health</td>
<td>Director of Joint Health</td>
<td><a href="mailto:shereencalhoun@gmail.com">shereencalhoun@gmail.com</a></td>
</tr>
<tr>
<td>Jennifer Bryant</td>
<td>BHRS</td>
<td>Program Director</td>
<td><a href="mailto:jennifer.bryant@vorsme.org">jennifer.bryant@vorsme.org</a></td>
</tr>
<tr>
<td>Lisa Putkey</td>
<td>Santa Mateo County Pride Center</td>
<td>Program Director</td>
<td><a href="mailto:lisa.putkey@star-vision.org">lisa.putkey@star-vision.org</a></td>
</tr>
<tr>
<td>Anthony Ross</td>
<td>ACS/Fund</td>
<td>Artistic Program Director</td>
<td><a href="mailto:anthony.ross@acs-fund.org">anthony.ross@acs-fund.org</a></td>
</tr>
<tr>
<td>Priscilla Mor</td>
<td>California Clubhouse</td>
<td>YA Program</td>
<td><a href="mailto:priscilla@californiaclubhouse.com">priscilla@californiaclubhouse.com</a></td>
</tr>
<tr>
<td>Ron Dugan</td>
<td>NAMI</td>
<td>President</td>
<td><a href="mailto:rdugan@nami.org">rdugan@nami.org</a></td>
</tr>
<tr>
<td>Chris Bush</td>
<td>OCA - San Mateo County</td>
<td></td>
<td><a href="mailto:chrisc@oaca.org">chrisc@oaca.org</a></td>
</tr>
<tr>
<td>Melissa Evans</td>
<td>Community</td>
<td></td>
<td><a href="mailto:melissa.evans@community.org">melissa.evans@community.org</a></td>
</tr>
<tr>
<td>Alejandro Seoqui</td>
<td>Teledioc</td>
<td></td>
<td><a href="mailto:alejandro.seoqui@teledioc.org">alejandro.seoqui@teledioc.org</a></td>
</tr>
<tr>
<td>Tim Holechek</td>
<td>San Mateo Co. - BHRS</td>
<td></td>
<td><a href="mailto:tholechek@sanmateo.org">tholechek@sanmateo.org</a></td>
</tr>
<tr>
<td>Yesenia Cortez</td>
<td>Telecare FSD</td>
<td></td>
<td><a href="mailto:ycortez@telecarecorp.com">ycortez@telecarecorp.com</a></td>
</tr>
<tr>
<td>Suzanne Audrey</td>
<td>Locust &amp; Pears</td>
<td></td>
<td><a href="mailto:suzanne.audrey@gmail.com">suzanne.audrey@gmail.com</a></td>
</tr>
<tr>
<td>Name(s)</td>
<td>Organization (if applicable)</td>
<td>Title (if applicable)</td>
<td>Email</td>
</tr>
<tr>
<td>-------------------</td>
<td>------------------------------</td>
<td>----------------------</td>
<td>--------------------------------</td>
</tr>
<tr>
<td>Steven Suse</td>
<td>BAFES</td>
<td>Mr.</td>
<td><a href="mailto:ssuse@bravergroup.com">ssuse@bravergroup.com</a></td>
</tr>
<tr>
<td>Wendy Tongvay</td>
<td>SMH-ROS DI PINN</td>
<td>Legislative Bd.</td>
<td><a href="mailto:stongvay@smh.org">stongvay@smh.org</a></td>
</tr>
<tr>
<td>Christopher Jump</td>
<td>HCW, Inc</td>
<td>Program Manager</td>
<td><a href="mailto:christopherjump@hcwinc.com">christopherjump@hcwinc.com</a></td>
</tr>
<tr>
<td>Eddison Edmond</td>
<td>EDGEWOOD</td>
<td>Tooei Bui</td>
<td><a href="mailto:tooei.bui@emergencymedic.org">tooei.bui@emergencymedic.org</a></td>
</tr>
<tr>
<td>HELENE ZIMMERMAN</td>
<td>NAMI SJC</td>
<td>Ofc.</td>
<td><a href="mailto:hjimmerman@nami-sjc.org">hjimmerman@nami-sjc.org</a></td>
</tr>
<tr>
<td>Hans Seibergen</td>
<td>SAMMATEC PO</td>
<td>Ofc.</td>
<td><a href="mailto:hans.seibergen@emergencymedic.org">hans.seibergen@emergencymedic.org</a></td>
</tr>
<tr>
<td>Ashley Langanston</td>
<td>NAMI</td>
<td>Volunteer</td>
<td><a href="mailto:ashley.langaston@nami-sjc.org">ashley.langaston@nami-sjc.org</a></td>
</tr>
<tr>
<td>Cindy Bobbins</td>
<td>NAMI</td>
<td>Family Support</td>
<td><a href="mailto:cindy.bobbins@nami-sjc.org">cindy.bobbins@nami-sjc.org</a></td>
</tr>
<tr>
<td>Elaine Peng</td>
<td>EdgeWood</td>
<td>Family, Caregiver</td>
<td><a href="mailto:elaine.peng@emergencymedic.org">elaine.peng@emergencymedic.org</a></td>
</tr>
<tr>
<td>Mary King</td>
<td>NAMI-Chinese</td>
<td>Family, Caregiver</td>
<td><a href="mailto:mary.king@nami-sjc.org">mary.king@nami-sjc.org</a></td>
</tr>
<tr>
<td>Catherine Lee</td>
<td>NAMI-Chinese</td>
<td></td>
<td><a href="mailto:catherine.lee@nami-sjc.org">catherine.lee@nami-sjc.org</a></td>
</tr>
<tr>
<td>Henry Chang</td>
<td>BAFES</td>
<td></td>
<td><a href="mailto:chang.h@bravergroup.com">chang.h@bravergroup.com</a></td>
</tr>
<tr>
<td>Maureen Lin</td>
<td>NAMI-Chinese</td>
<td></td>
<td><a href="mailto:maureen.lin@emergencymedic.org">maureen.lin@emergencymedic.org</a></td>
</tr>
<tr>
<td>Joyce Mean</td>
<td>NAMI-Chinese</td>
<td></td>
<td><a href="mailto:joyce.mean@emergencymedic.org">joyce.mean@emergencymedic.org</a></td>
</tr>
<tr>
<td>Jill Carter</td>
<td>TELECARE</td>
<td>Client</td>
<td><a href="mailto:jill.carter@telecare.org">jill.carter@telecare.org</a></td>
</tr>
<tr>
<td>Violette Soooshin</td>
<td>TELECARE</td>
<td>Client</td>
<td><a href="mailto:violette.soooshin@telecare.org">violette.soooshin@telecare.org</a></td>
</tr>
<tr>
<td>David Fong</td>
<td>BAFES</td>
<td></td>
<td><a href="mailto:david.fong@bravergroup.com">david.fong@bravergroup.com</a></td>
</tr>
<tr>
<td>Ashley McDevitt</td>
<td>Peninsula Health Care District</td>
<td>Outreach Coordinator</td>
<td><a href="mailto:ashley.mcdevitt@peninsulahealthcare.org">ashley.mcdevitt@peninsulahealthcare.org</a></td>
</tr>
<tr>
<td>Name(s)</td>
<td>Organization (if applicable)</td>
<td>Title (if applicable)</td>
<td>Email</td>
</tr>
<tr>
<td>------------------</td>
<td>------------------------------</td>
<td>-----------------------</td>
<td>---------------------------</td>
</tr>
<tr>
<td>Kathy Mckin</td>
<td>LES</td>
<td>speaker</td>
<td><a href="mailto:kmackin3@bce.ca">kmackin3@bce.ca</a></td>
</tr>
<tr>
<td>Mike Howard</td>
<td>TCSCARE</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Clayton Hare</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Raymond Scott</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stakeholder Group</td>
<td>Name(s)</td>
<td>Title (if applicable)</td>
<td>Organisation (if applicable)</td>
</tr>
<tr>
<td>-------------------</td>
<td>------------------</td>
<td>----------------------------------------</td>
<td>------------------------------------------------</td>
</tr>
<tr>
<td>Provider of MH/SU Svcs</td>
<td>Adriana Fuentes</td>
<td>Division Director</td>
<td>Felton Institute - PREP</td>
</tr>
<tr>
<td>Client/Consumer</td>
<td>Alina Williams</td>
<td></td>
<td>Live Experience Academy</td>
</tr>
<tr>
<td>Client/Consumer</td>
<td>Alina Cashman</td>
<td></td>
<td>Live Experience Academy</td>
</tr>
<tr>
<td>Public</td>
<td>Betty Smith</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Other - Domestic Violence</td>
<td>Cathleen Billings</td>
<td>Manager of Family Support Services</td>
<td>Community Overcoming Relationship Abuse - CORM</td>
</tr>
<tr>
<td>Provider of MH/SU Svcs</td>
<td>Candace Harman</td>
<td>Executive Director</td>
<td>Heart &amp; Soul, Inc.</td>
</tr>
<tr>
<td>Client/Consumer - Older Adult</td>
<td>Carmen Lee</td>
<td>Program Director</td>
<td>Stampa Out Stigma</td>
</tr>
<tr>
<td>Client/Consumer - S A</td>
<td>Carol Morita</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Public</td>
<td>Cherry Laurens</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Provider of MH/SU Svcs</td>
<td>Claudine Blanchard</td>
<td>Director of Substance Abuse and Co-occurring Disorders</td>
<td>STAR Shield and BHRS Contractors Association</td>
</tr>
<tr>
<td>Biobehavioral</td>
<td>David DelSanto</td>
<td></td>
<td>Center for Independent Care</td>
</tr>
<tr>
<td>San Mateo County District 1</td>
<td>David Pike*</td>
<td>Supervisor, District 1</td>
<td>Board of Supervisors</td>
</tr>
<tr>
<td>Family Member</td>
<td>Dorothy Christian</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Health Care</td>
<td>Dr. Dan Becker</td>
<td>Medical Director</td>
<td>Mills Peninsula Health Svcs</td>
</tr>
<tr>
<td>Client/Consumer - S A</td>
<td>Eduard Tridesk*</td>
<td>MHSARC Commissioner</td>
<td>Yolos of Recovery</td>
</tr>
<tr>
<td>Law Enforcement</td>
<td>Eric Wellman*</td>
<td>MHSARC Commissioner</td>
<td>Burlington Police</td>
</tr>
<tr>
<td>Provider of MH/SU Svcs</td>
<td>Gloria Gutierrez</td>
<td>Mi Counselor</td>
<td>BHRS</td>
</tr>
<tr>
<td>Client/Consumer - Adults</td>
<td>Ilana Witkins</td>
<td>Starshield and BHRS Wellness Champion</td>
<td>BHRS, Office of Family and Consumer Affairs</td>
</tr>
<tr>
<td>Cultural Competence &amp; Diversity</td>
<td>Joel Africa</td>
<td>Director</td>
<td>Office of Diversity &amp; Equity</td>
</tr>
<tr>
<td>Education</td>
<td>Janet Lissel</td>
<td>Administration</td>
<td>San Mateo County Office of Education, Safe and Supportive Schools</td>
</tr>
<tr>
<td>Provider of MH/SU Svcs</td>
<td>Jason Widloski</td>
<td>Clinical Director</td>
<td>Puente de la Costa Sur</td>
</tr>
<tr>
<td>Client/Consumer - Pathways</td>
<td>Jose Solano</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Public</td>
<td>Josephine Thompson*</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Family Member</td>
<td>Judith Schutman</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Family Member</td>
<td>Juliana Fawcett</td>
<td></td>
<td>MHSARC Commissioner</td>
</tr>
<tr>
<td>Client/Consumer - S A</td>
<td>Lachlan Drellins*</td>
<td>MHSARC Commissioner</td>
<td>Yolos of Recovery</td>
</tr>
<tr>
<td>Provider of Socal Services</td>
<td>Lynne Schuette</td>
<td></td>
<td>Community Overcoming Relationship Abuse - CORA</td>
</tr>
<tr>
<td>Provider of Socal Services</td>
<td>Mary Bier</td>
<td></td>
<td>North County Outreach Collaborative</td>
</tr>
<tr>
<td>Provider of MH/SU Svcs</td>
<td>Melissa Pino</td>
<td>Executive Director</td>
<td>Mental Health Association</td>
</tr>
<tr>
<td>Client/Consumer - Adults</td>
<td>Michael Lim</td>
<td></td>
<td>Heart &amp; Soul, Inc.</td>
</tr>
<tr>
<td>Client/Consumer - Adults</td>
<td>Michael S. Hogan*</td>
<td>Program Coordinator</td>
<td></td>
</tr>
<tr>
<td>Other - Aging and Adult Services</td>
<td>Michelle Meline</td>
<td>Program Services Manager</td>
<td>SMC Health System, Aging &amp; Adult Services</td>
</tr>
<tr>
<td>---------------------------------</td>
<td>----------------</td>
<td>--------------------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>Family Member</td>
<td>Patricia Way*</td>
<td>MHSAC Commissioner</td>
<td>MHSAC</td>
</tr>
<tr>
<td>Client/Consumer - Adults</td>
<td>Patrick Fieldi</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other - Advocate</td>
<td>Patrizio Ruffin*</td>
<td>MHSAC Commissioner</td>
<td></td>
</tr>
<tr>
<td>Other - Advocate</td>
<td>Randall Fox</td>
<td>Health, Law and Policy Advocate</td>
<td>Former MHSAC Chairman</td>
</tr>
<tr>
<td>San Mateo County District 1</td>
<td>Randy Torijio*</td>
<td>Staff to David Pine</td>
<td>Board of Supervisors</td>
</tr>
<tr>
<td>Other - Peer Support</td>
<td>Ray Mills</td>
<td>Executive Director</td>
<td>Vista e Recovery</td>
</tr>
<tr>
<td>East Palo Alto Community</td>
<td>Rev. William Chester McCall</td>
<td></td>
<td>Multicultural Counseling &amp; Educational Services of the Bay Area</td>
</tr>
<tr>
<td>Client/Consumer</td>
<td>Raul Correco*</td>
<td>MHSAC Commissioner</td>
<td></td>
</tr>
<tr>
<td>Client/Consumer - Adults</td>
<td>Rodney Reddick*</td>
<td>MHSAC Commissioner</td>
<td>MHSAC</td>
</tr>
<tr>
<td>Provider of Social Services</td>
<td>Sheila Brousseau</td>
<td></td>
<td>RIP Housing</td>
</tr>
<tr>
<td>Disabilities</td>
<td>Vincent Morales</td>
<td>Systems Change</td>
<td>Center for Independence</td>
</tr>
<tr>
<td>Client/Consumer</td>
<td>Wanda Thompson*</td>
<td>MHSAC Commissioner</td>
<td></td>
</tr>
<tr>
<td>Family Member</td>
<td>Yolanda Novello</td>
<td>Family Partner</td>
<td>BIBS</td>
</tr>
</tbody>
</table>

Keva Tulua

Mental Health Initiatives Coordinator
One East Palo Alto
HealthMap.org