



## Notes from Middle Income Senior Opportunities (MISO) Committee Meeting

Date: April 24, 2023 at 900 AM

Commissioners present: Chair Christina Dimas-Kahn, Kathy Uhl, Maria Barr

Staff Present: Anna Sawamura, Suki Ho

Public Comment: Sandra Lang, thanked committee for well-crafted notes. States well the committee's focus to help improve health caregiver system and the ability for seniors to have the resources to afford needed care

1. Chair Christina welcomed committee members at 9:15
2. Commissioner Barr volunteered to take notes
3. Approve Agenda, Commissioner Barr, seconded by Commissioner Uhl
4. Prior Minutes were reviewed on steps to follow, tell a story, stick to the topic, be brief, when presenting at Board of Supervisors meeting
5. MISO continues work on Caregiving that works, point four of the Master Plan for aging. We are also working on point five, Affording Aging so seniors can have lifetime economic security
6. Commissioner Uhl agreed that our main points to highlight, the fact that there are not enough Long-term-care centers, and a deficit of care givers is critical for middle-income seniors.
7. Anna spoke about CDA's award of 89 million to non-profits to further the states' commitment for a more resilient care-giving work force.
8. Anna reminded us that the Navigation Center will provide Temporary, housing, some medical and dental services.
9. Commissioner, Austin, brought up innovative ways for people in shelters etc. to learn caregiving skills
10. Commissioner Dimas-Kahn mentioned that pending approval Med Cal will eliminate the no asset limit by 2024.
11. Assignment: Target main points to help middle income seniors. Advocate for one million high-quality caregiver jobs and close the equity gap and increase elder economic sufficiency.
12. Adjournment: Motion: Commissioner Barr, 2<sup>nd</sup> Commissioner Uhl, adjourned 9:53 a.m.