

**YOU HAVE THE VOICE!**

OPPORTUNITIES FOR  
MENTAL HEALTH &  
ALCOHOL AND OTHER  
DRUG CLIENT/CONSUMERS  
TO BE ADVOCATES

Please join the  
**SAN MATEO COUNTY  
MENTAL HEALTH & SUBSTANCE ABUSE  
RECOVERY COMMISSION**

(formerly the Mental Health Board)

**in working to improve our services**



- You can come to our Commission meetings and speak out on what's working and what's not working. The Mental Health & Substance Abuse Recovery Commission (MHSARC) has a Public Comment time at each meeting and we need to hear from you.
- You can attend any of our MHSARC Committees for Children/Youth, Adults or Older Adults.
- There are currently positions available for clients/consumers— representing the mental health community and representing alcohol and other drug services. Members are appointed by the Board of Supervisors. Transition age youth (18-25) and people from all cultural backgrounds and ethnicities are encouraged to apply.

**Call 650.573.2544 for more information**

**MHSARC Meetings**

1<sup>st</sup> Wednesday of the month, 3-5 P.M.  
Call 650-573-2544 to confirm meeting location  
(usually at Health Department, 225-37<sup>th</sup> Ave., Room 100,  
San Mateo)

***MHSARC Committees:***

**Committee for Older Adult Services**

1<sup>st</sup> Wednesday of each month, 10:30 a.m.  
meets @ 225- 37<sup>th</sup> Ave., Diamond Room San Mateo

**Committee for Adult Services**

1<sup>st</sup> Wednesday of each month, 2:00 p.m.  
meets @ 225-37<sup>th</sup> Ave., Rm. 132, San Mateo

**Committee for Child/Youth Services**

1<sup>st</sup> Wednesday of each month, 2:00 p.m.  
meets @ 225-37<sup>th</sup> Ave., Rm. 20, San Mateo

SAN MATEO COUNTY  
 BEHAVIORAL HEALTH & RECOVERY SERVICES (BHRS)  
 MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION (MHSARC)

**CONSUMER/CLIENT APPLICATION**

Applicants for a seat on the MHSARC must meet the following minimum requirements, please check applicable boxes:

1. Have received or are currently receiving mental health and/or alcohol and other drug services  
 Mental health     Substance Abuse     Both
2. A resident of San Mateo County over 18 years of age
3. Not employed by BHRS or a BHRS contractor

<b>Name</b>		<b>Date</b>
<b>Phone</b>	<b>Email</b>	
<b>Address</b>	<b>City</b>	<b>Zip</b>
<b>Present Employer</b>	<b>Position</b>	
<b>Educational Background</b>		
<b>Work Experience</b>		
<b>Civic and volunteer activities</b> (Please include present or past membership on a County or City board/committee as well as community groups or organizations)		
<b>Why are you seeking this appointment?</b> (Please include any qualifications or special interests not previously covered)		
<b>The MHSARC is an active commission. How many hours per month can you devote to our activities?</b>		

Please complete and return to: **San Mateo County BHRS**  
**225 37<sup>th</sup> Avenue, 3<sup>rd</sup> floor**  
**San Mateo CA 94403**  
**Attn: Chantae Rochester**

For more information please call:  
 Louise Rogers 650.573.2544  
 or  
 Randall Fox 650.368.2459

"All applications for appointment to the Commission will become a public record after the position is filled. This means that after a position on the Commission is filled anyone, including public and private organizations, can make a formal request to see the applications of those who applied for appointment to the position, and the County will have to make the applications available for inspection."