

MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Retreat Minutes-Day 2

August 20, 2021

Attendees: Donald Mattei, Patricia Way, Jean Perry, Randy Torrijos, Cherry Leung, Kristina Bell, Yoko Ng, Michael Lim, Chris Rasmussen, Sheila Brar, Cole Armando, Ed Barberini, Erik Rueppel, Jessica Zamora, Scott Gilman, Chantae Rochester

Facilitator: Sandra Santana-Mora

Approval of Agenda: Way/Rasmussen

Public Comment: No public comment

Here are the two priorities you already identified (there is agreement within the Commission that working on 3 priorities per year is an ideal, manageable number):

- 1) INTERFACE WITH LAW ENFORCEMENT
 - a. Coordination of all relevant resources at the cities and county level
 - b. Cultivation of the relationship and coordination with Fire + EMS
 - c. Advocacy to expand of PERT
 - d. Learn from the Stanford study and other data
 - e. Focus on Youth
- 2) TELEHEALTH
 - a. Review of related program(s) currently in existence
 - b. Focus on older adults and immigrant population, who struggle more with telehealth
 - c. Learn about success rate of telehealth and develop a deeper understanding of how it works for the MH and SUD population

Additional brainstormed areas of focus for potential prioritization next year:

- Ongoing review data regarding performance of the system, including client outcomes and BHRS
- Community education and awareness raising
 - Would include a repository of resources available countywide that the Commission can share with interested community members
 - Would include a focus on immigrant communities, especially those needing in-language support
- Improve access to services
 - “no door wrong”
- Advocate to expand detox programs
 - Learn more about utilization of beds/barriers to access by women
- Continue working on expanding the continuum of housing supportive services

Items the Commission would like to consider at regular meetings:

- Create a legislative committee or other way to keep apprised of, and advocate for, legislation that supports MH and SUD services
- Modify the way meetings are conducted, producing necessary materials and sending them in advance so that the time together can be spent on meaningful discussion and not on reviewing information