



COUNTY OF SAN MATEO
HEALTH SYSTEM



N MATEO
/

Behavioral Health & Recovery Services

OUR MISSION

We serve with excellence, compassion and dedication to improving and advance social equity and diversity. We work together to instill hope, resiliency, and a sense of connection to enhance the lives of those affected by substance use and mental health challenges.

OUR VISION

Our communities are safe for all where individuals realize their dreams and challenges of mental illness and /or substance use are addressed in a compassionate, holistic and effective manner. Diverse communities are honored and strong because of our difference.

OUR VALUES

Person and Family Centered: We promote culturally responsive person-and-family centered recovery.

Potential: We are inspired by the individuals and families we serve, their achievements and potential for wellness and recovery.

Power: The people, families, and communities we serve, and the members of our workforce guide the care we provide and shape policies and practices.

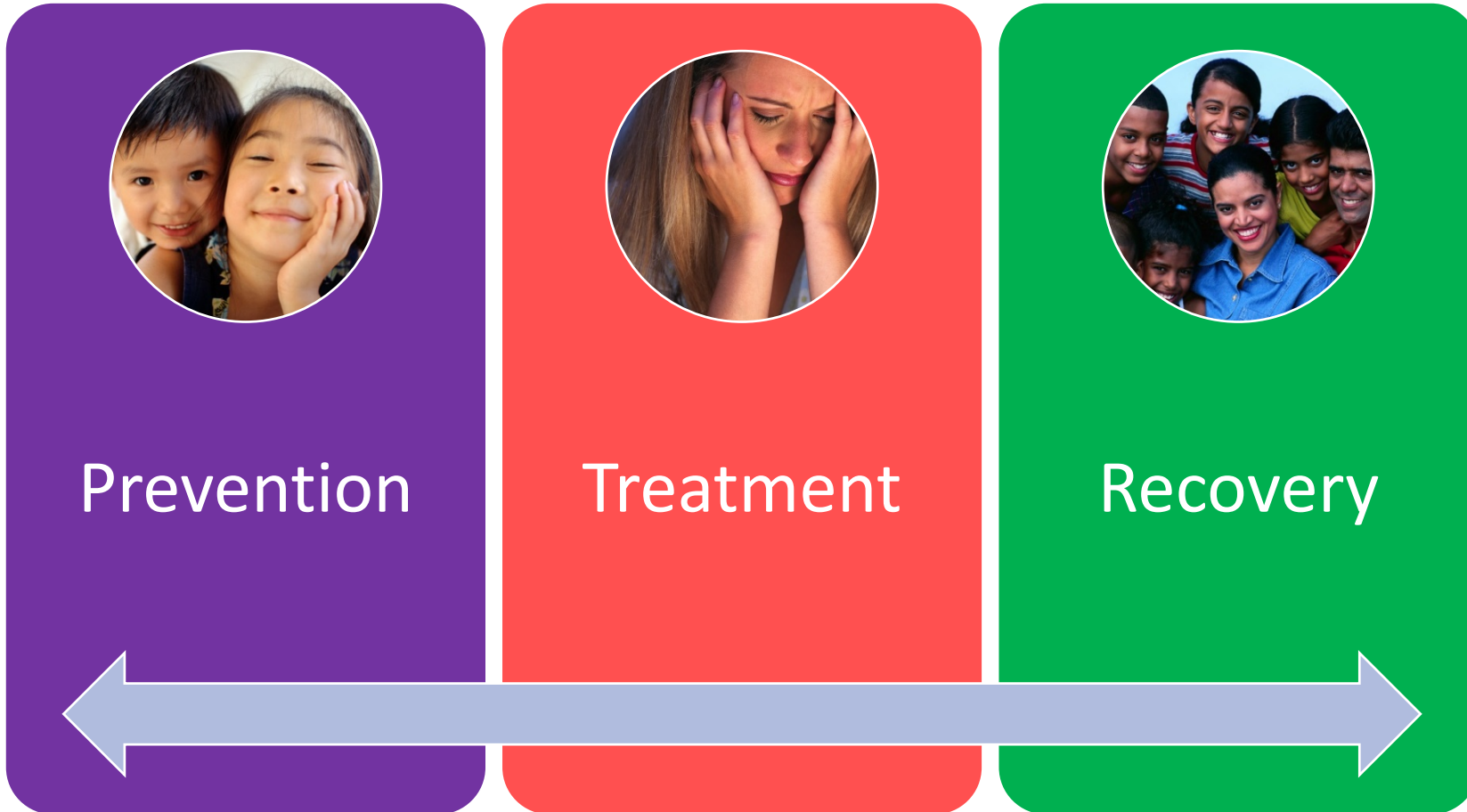
Partnerships: We can achieve our mission and progress towards our vision only through mutual and respectful partnerships that enhance our capabilities and build. We use proven practices, opportunities, and technologies to prevent and/or reduce the impacts of mental illness and addiction and to promote the health of the individuals, families and communities we serve.



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

AOD System of Care

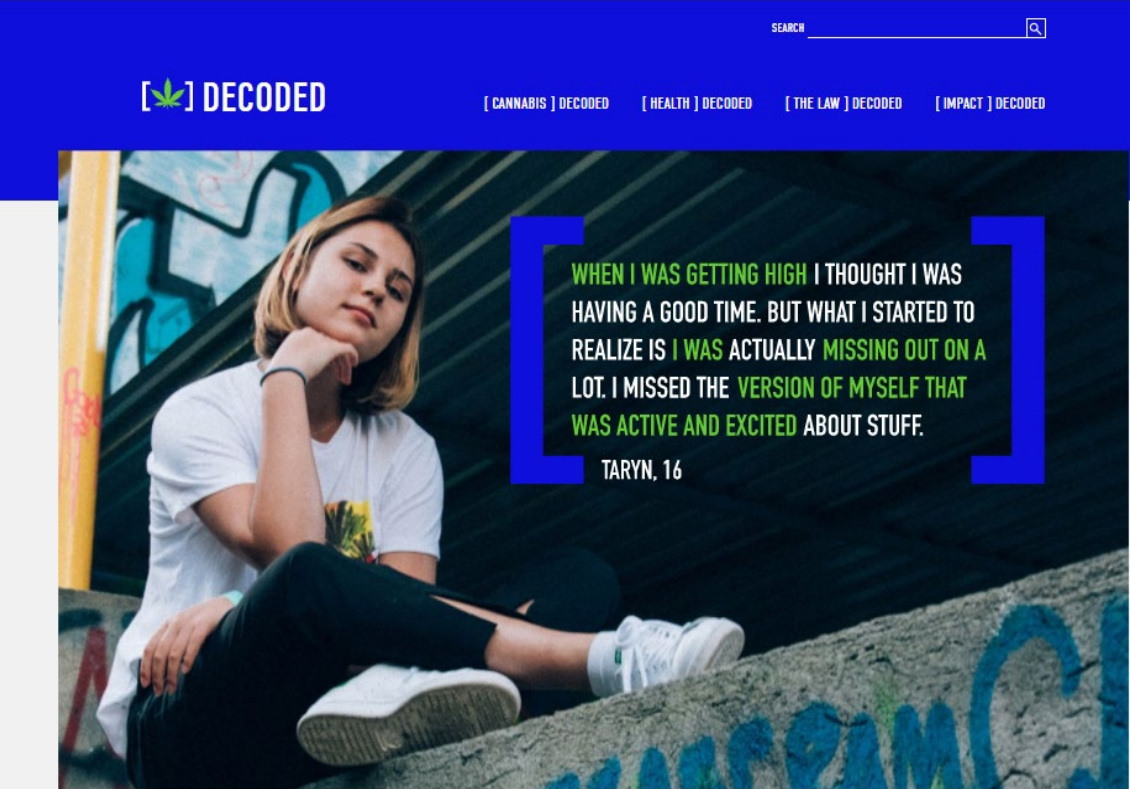


AOD Prevention: A Public Health Approach



AOD Prevention Community Health Promotion Efforts

- Tobacco Prevention Program – smoke-free multi-unit housing, flavored tobacco policies, youth leadership
- AOD Prevention – decrease underage drinking, decrease underage cannabis use through information, education, enmedia campaign, policy initiatives to minimize impact of AOD



SEARCH

[CANNABIS] DECODED [HEALTH] DECODED [THE LAW] DECODED [IMPACT] DECODED

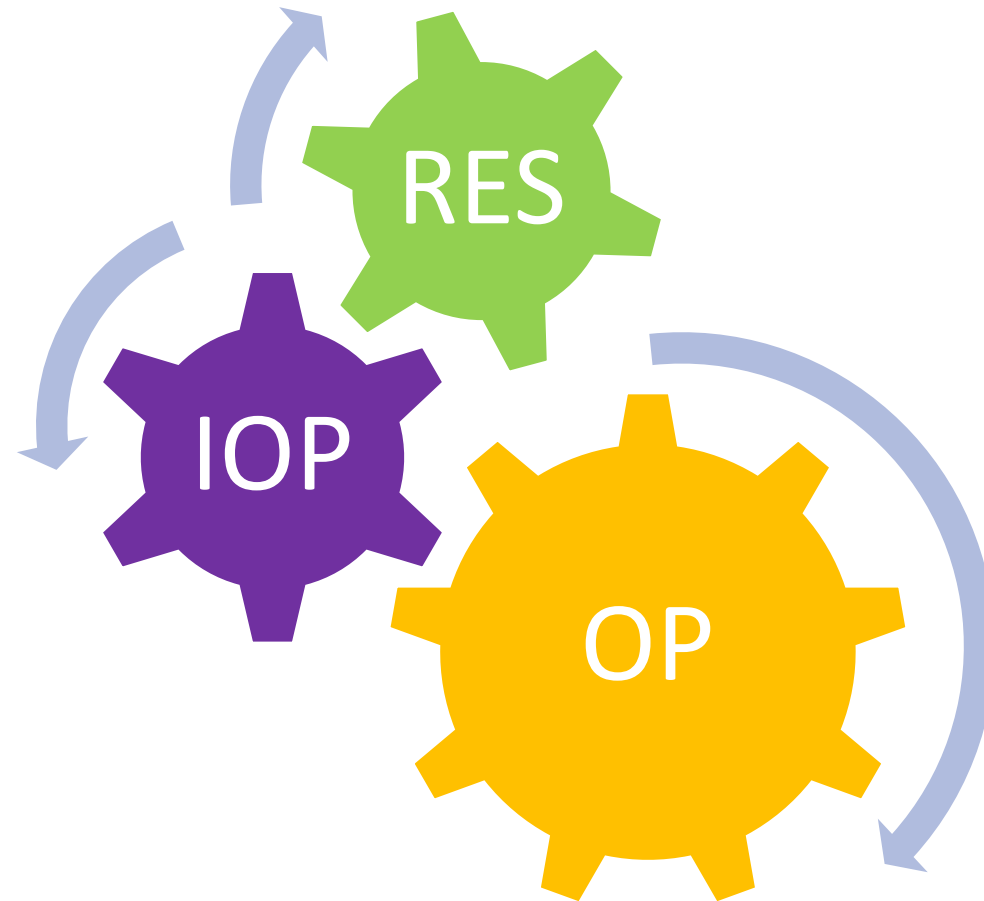
[WHEN I WAS GETTING HIGH I THOUGHT I WAS HAVING A GOOD TIME. BUT WHAT I STARTED TO REALIZE IS I WAS ACTUALLY MISSING OUT ON A LOT. I MISSED THE VERSION OF MYSELF THAT WAS ACTIVE AND EXCITED ABOUT STUFF.]

TARYN, 16

CANNABIS. MARIJUANA. WEED. THERE'S A LOT OF INFORMATION OUT THERE.

**CRACK THE CODE AND
GET THE FACTS YOU NEED.**

Substance Use Treatment Services: Creating an “Organized Delivery System”



AOD Treatment: Continuum of Substance Use Services

- Opioid Treatment Services (BAART, ART)
- Additional Medication Addiction Treatment (MAT)
- Outpatient Treatment Services (under 9 hours per week of counseling)
- Intensive Outpatient Services (9-19 hours per week of counseling)
- Recovery Residences (*must be concurrently enrolled in Outpatient*)
- Residential Treatment Services
- Residential Withdrawal Management (“Detox”)
- Case Management Services
- Recovery Services (*available post treatment completion*)

AOD Treatment: Specialty Programs and Collaborations

Justice Programs

- Drug Court, DEJ, DUI Court and Programs
- AB109, Unified Re-Entry, Service Connect
- CHOICES/In-custody treatment MAT and Methadone Tx.

Health & Mental Health

- Integrated Medication Assisted Treatment
- Primary Care Interface
- Whole Person Care / Complex Client Care Coordination
- Co-occurring and trauma informed

Population Specific

- Culturally appropriate treatment providers
- Youth treatment services
- Perinatal treatment programs, including residential
- CalWORKs

AOD Recovery Supports

- Voices of Recovery
- WRAP Groups
- Recovery Happens
- Peer Coaching

Peer Based
Supports



- Sober Living and Recovery housing
- Housing subsidies and vouchers (limited)
- Supportive case management

Housing
Supports



- Treatment Provider recovery check-ups
- Field-based care
- Case management and care coordination

Other Recovery
Services



How to Access Services?

Call the BHRS Access Call Center

BHRS ACCESS TEAM
1-800-686-0101

- Phones answered 24 hours a day
- Confidential and respectful services
- Trained professionals



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

How do I get help for my alcohol and drug use in San Mateo County?



1. If you live in San Mateo County, call the ACCESS Call Center at 1-800-686-0101.

Pick the language you speak and pick option 4 for "mental health and substance use". It is important that YOU call or give permission to allow family or friends to speak for you.

2. Give your name, birthday and phone number or email address.

3. If you have insurance give this information.
You do not need to have insurance to get help.

4. You will be connected to speak to a trained person who will ask you more questions to help you find the right type of care.

Anything you tell this person on the phone will not be shared unless you allow it.

Services are available if you have:

- Medi-Cal
- Care Advantage/Cal Medi-Connect
- Healthy Kids
- Health Work
- Access and Care for Everyone (ACE)

If you have other or no insurance the ACCESS Call Center can still help you find care. The Call Center can also help you get insurance if you want it.

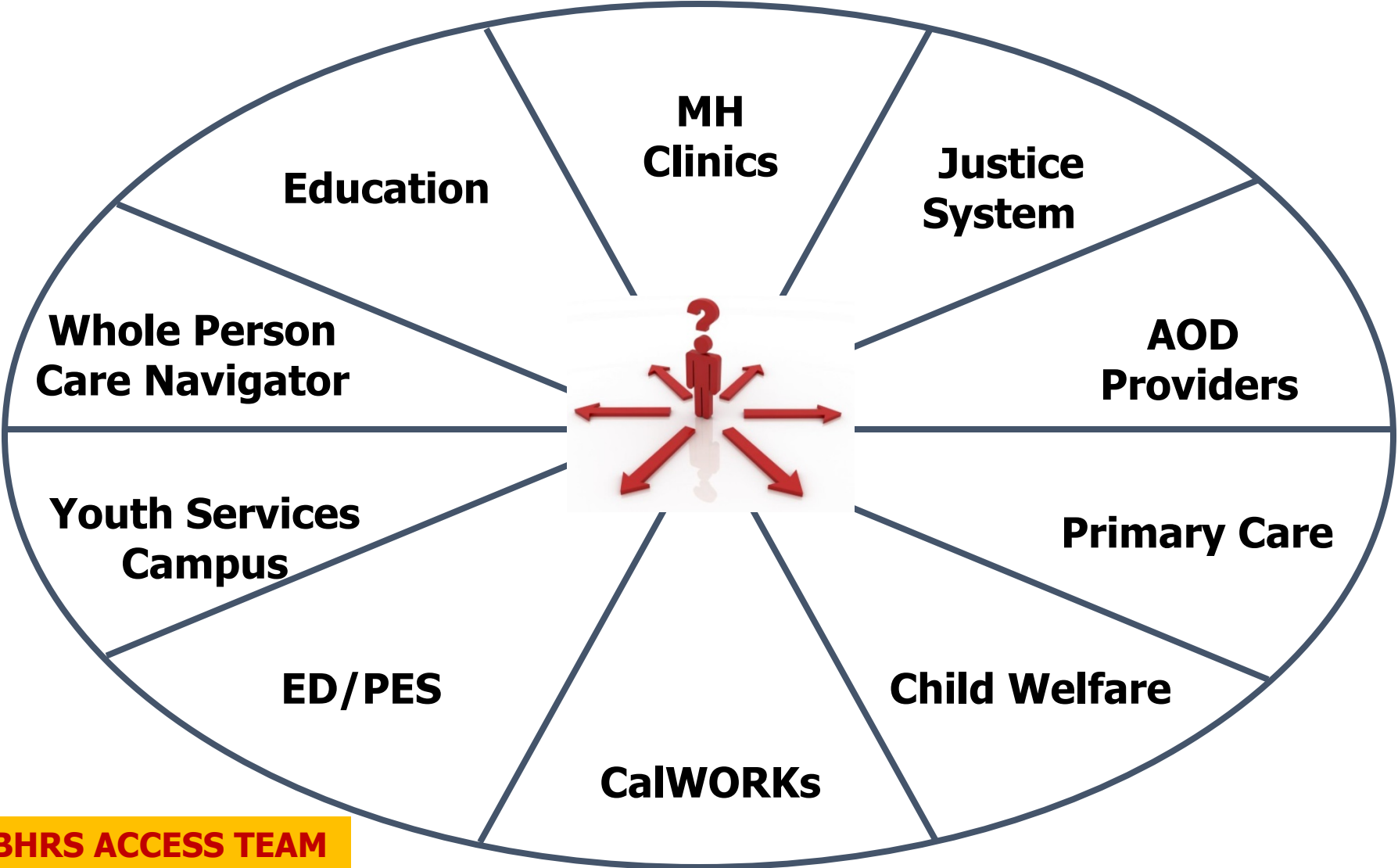
How much does it cost to get help for my alcohol and drug use?



You have the right to receive services in the language you speak. If you are not happy with the care or services you receive, please call: 1-800-388-5189.

This project was supported by the San Mateo County Health Care for the Homeless/ Farmworker Health program, utilizing funding received from the Federal Health Resources and Services Administration under the Health Center Program authorized under Section 330 of the Public Health Act.

How to Access Services



BHRS ACCESS TEAM
1-800-686-0101



For more information, contact:

Diana Hill, Mary Taylor Fullerton, Francesca Lomotan or Clara Boyden

Behavioral Health & Recovery Services

dhill@smcgov.org

mfullerton@smcgov.org

Flomotan@smcgov.org

cboyden@smcgov.org