



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes Wednesday, November 4, 2020 Zoom Meeting

BOARD MEMBERS PRESENT: Patricia Way, Sheila Brar, Chris Rasmussen, Cherry Leung, Leticia Bido, Donald Mattei, Mark Duri, Jean Perry, Yoko Ng, Randy Torrijos

STAFF: Scott Gilman, Doris Estremera, Claudia Saggese, Chantae Rochester, Tana Perez, Tennille Tucker, Jennifer Basler, Renee Harris, Devin Aceret

BOARD MEMBERS ABSENT:

Excused:

Un-excused: Jan Wongchuking

OTHERS PRESENT (signed in): Lanajean Vecchione, Kristina Anderson, Pamela Ward, Michael Lim, Carolyn Shepard

CALL TO ORDER

The meeting was called to order at 3:32 p.m. by Sheila Brar

INTRODUCTIONS

Commissioners introduced themselves.

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Way/Rasmussen

APPROVAL OF MINUTES

Approval of minutes from the October 7, 2020 Mental Health & Substance Abuse Recovery Commission Meeting

► **M/S/C** Duri/Mattei

Approval of minutes from the October 21, 2020 Executive Committee Meeting

► **M/S/C** Duri/Mattei

Correspondence, Announcements, and Public Comment

Mark Duri – I've been promoted to Assistant Sheriff. This means I will be leaving the Chief's Association and the MHSARC. My replacement should be announced in the next month and I will continue attending the meetings until that time.

A. Committee for Children & Youth

Reported by Chris Rasmussen

Next meeting will be held on December 16, 2020 at 4:00 p.m.

Via Teams

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on December 16, 2020 at 10:30 a.m.

Via Teams

C. Committee for Older Adults

Reported by Patricia Way

The next meeting will be held on December 2, 2020 at 11:00 a.m.

Via Teams

Carolyn Shepard – I appreciate the housing presentation and there is a lot more to serve the county. There are aging parents who are taking care of their adult children and these parents worry about their children becoming homeless when they pass away. We need to continue to look at ways to prevent that from happening and how to get more supported housing.

Director's Report

Please see the [latest issue](#) of the *Director's Update* from Scott Gilman.

Triennial Audit

- We received the results from the audit with the State
- We plan to present results to the commission at a future date
- We did very well, compared to previous years

Strategic Planning for BHRS

- We will include in our planning process the priorities that the commission came up with at the retreat.
- We did not do strategic planning last year because we were in a state of flux with retirements.
- We are stabilized and ready to dig in and do some serious planning.

World News

We have been working with our clinical staff to reinforce how we can reach out to each other and to our client/consumers who have been impacted by all that is going on in the world.

Jean Perry – Do we need to use MHS funds to accommodate those who are mild/moderate to help them navigate the system?

Pat Way – Hoping BHRS will keep these people on their radar for a long time so they don't have to start from square one if they become seriously mentally ill.

Response – We are taking out time transitioning the administrative functions back to Health Plan of San Mateo (HPSM). We are working to have an integrated system. Our goal is that the front door doesn't change for people. We will still have the same Call Center, same front door for mental health.

MHSA Update

No update for today.

Liaison, Task Force and Ad Hoc Committees

Suicide Prevention

Reported by Yoko Ng

The committee did not meet this month. Our next meeting is Tuesday, December 1, 2020 at 1:30 p.m. via Zoom.

Scott Gilman – There was a lot of public comment at the Board of Supervisors (BOS) meeting regarding the suicide rates in San Mateo County, that they had doubled.

We've done an analysis of the data and it shows that suicide rates went up significantly in January and February, just before the lockdown. Looking at the year to date totals, we are exactly where we have been in previous years.

Old Business

Slate of Officers

Nominating Committee: Jean Perry, Chair, Leticia Bido, Yoko Ng

Sheila Brar, Chair

Donald Mattei, Co-Vice Chair

Patricia Way, Co-Vice Chair

Cherry Leung, California Association of Local Behavioral Health Boards & Commissions

Jan Wongchuking, Member at Large

Action Item: *Vote to amend the MHSARC Bylaws to establish the MHSA Steering Committee as a Standing Committee of the Commission*

► **M/S/C** Bido/Duri

New Business

Establish new Ad Hoc Committee: Mental Health and Law Enforcement Partnership

Interested – Patricia Way, Donald Mattei, Chris Rasmussen, Mark Duri, Sheila Brar, Jean Perry

Hall of Fame Nomination Forms will be available online. The Hall of Fame Award ceremony will take place at the February meeting.

Presentation

Enhanced Crisis Intervention Training Model (ECIT)

Presented by Mark Duri, Captain, San Mateo County Sheriff's Office

Cole Armando, Deputy Sheriff, San Mateo County Sheriff's Office

Purpose

- Training to build on CIT
- Team based tactics: Utilization of call preparation model, basic threat assessment approach, and de-escalation
- Reduce volatility of high risk/high frequency mental health contacts
- Reduction in use of force situations
- Reduce recidivism and hospitalization

PERT & BHRS

- Collaboration between Patrol, PERT, & BHRS
- Connecting in county resources with patrol
- Safeguard against gun violence

ECIT's Goal

ECIT's goal is to provide deputies with a system of thinking, pre-incident planning, and a tactically and legally sound decision-making process to resolve calls involving the mentally ill in crisis. This is what separates ECIT from CIT.

CIT is foundational – ECIT is operational.

Meeting Adjourned:

The meeting was adjourned at 4:48 p.m. by
Sheila Brar

Tony Hoffman Awards Ceremony

2020 Tony Hoffman Honorees

Devin Aceret
Jennifer Basler
Rocio Cornejo
Doris Estremera
Renee Harris
Maria (Charo) Martinez
Tennille Tucker
Pamela Ward

Congratulations!!

Next MHSARC Meeting:

December 2, 2020 from **3:30-5:00 p.m.**
Virtual Meeting

Next Executive Committee Meeting:

Wednesday, December 16, 2020 at 3:00 p.m.
Virtual Meeting

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.