



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes Wednesday, October 7, 2020 Zoom Meeting

BOARD MEMBERS PRESENT: Patricia Way, Sheila Brar, Donald Mattei, Chris Rasmussen, Jean Perry, Cherry Leung, Leticia Bido, Yoko Ng, Mark Duri, Randy Torrijos

STAFF: Scott Gruendl, Tania Perez, Doris Estremera, Claudia Saggese, Maria Lorente-Foresti, Gina Beltramo

BOARD MEMBERS ABSENT:

Excused:

Un-excused: Jan Wongchuking

OTHERS PRESENT (signed in): Randall Fox, John Butler, Martin Fox, NAMI, Adriana Furuzawa, Voice of Recovery, Shannon Stackwell, Ana Marie, Carolyn Shepard, Evan Milburn, Greg Thompson, Julian Fuerbringer, Jackie, Shaziana Ali, Veronica, Ziomara Rodriguez, Kava Tulua

CALL TO ORDER

The meeting was called to order at 3:32 p.m. by Sheila Brar

INTRODUCTIONS

Commissioners introduced themselves.

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Way/Rasmussen

APPROVAL OF MINUTES

Approval of minutes from the September 2, 2020 Mental Health & Substance Abuse Recovery Commission Meeting with the following corrections:

- MHSARC minutes date should be September 2, 2020
 - Child & Youth Committee – committee met but there was no report
- **M/S/C** Torrijos/Bido

Approval of minutes from the September 16, 2020 Executive Committee Meeting

Correspondence, Announcements, and Public Comment

Commissioners received a public comment regarding a client issue. The message was forwarded to the appropriate staff to assist the family member with the issue.

Evan Milburn, a Commissioner on the County's Commission on Disabilities. While I'm Commissioner and community college student, I'm also an intern at the Center for Independence of Individuals with Disabilities and YO! It's through my internship I'm starting a Mental Health Campaign called YO! I would like to set up a time to come present a general overview, and goals of my campaign to the Mental Health Board and the greater Mental Health and Substance Abuse Recovery Commission.

Leticia Bido – NAMI is holding their Annual NAMI Walk (Virtually) on Saturday, October 10, 2020.

Randy Torrijos – The Office of Diversity and Equity did a presentation on Indigenous Peoples Day, which is Monday, October 12, 2020. The Board of Supervisors (BOS) recognized Indigenous Peoples Day a couple of years ago as a holiday for San Mateo County.

Pat Way – NAMI Conference is October 12-13, 2020.
Keynote speaker is Dr. Thomas Insel, Former Director of the National Institute of Mental Health

Jean Perry – NAMI Conference
A local group from our area will present on Supportive Housing on Tuesday at 11:00 a.m. The event is free.

A. Committee for Children & Youth

Reported by Chris Rasmussen

Next meeting will be held on October 21, 2020 at 4:00 p.m.
Via Teams

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on October 21, 2020 at 10:30 a.m.
Via Teams

C. Committee for Older Adults

Reported by Patricia Way

The next meeting will be held on November 4, 2020 at 11:00 a.m.
Via Teams

Director's Report

Mild/Moderate Health Plan of San Mateo

- As of 10/1, we are no longer responsible for the provision of mental health services for the mild/moderate population.
 - In a year approximately 6,000 patients

- At any given time 2,400 patients
- The main reason for the change is to free up resources for the organization
 - We were losing money as a result of doing the program
 - We were unable to resolve the gap in funding
 - It is very resource intensive
 - Our focus is the severely mentally ill

Soon we'll be addressing Cal-Aim

- Governor Newsom has a great vision for the potential around Medi-Cal and we want to be fully prepared to participate.

Liaison, Task Force and Ad Hoc Committees

Suicide Prevention

Presented by Yoko Ng

The Suicide Prevention Committee met on Tuesday, October 5, 2020 at 1:30 p.m.

The committee discussed:

- Progress on the Suicide Prevention Roadmap
- Next steps for the Suicide Prevention Roadmap
- Upcoming events for Suicide Prevention Month
- The County's response to COVID-19

The next Suicide Prevention Meeting is Tuesday, November 3, 2020 at 1:30 p.m.

Old Business

No old business to report at the time of this meeting.

New Business

Slate of Officers Nominating Committee

Jean Perry, Chair

Leticia Bido

Yoko Ng

Meeting Adjourned:

The meeting was adjourned at 4:07 p.m. by Sheila Brar

Next MHSARC Meeting:

November 4, 2020 from **3:30-4:30 p.m.**
Virtual Meeting

Next Executive Committee Meeting:

Wednesday, November 18, 2020 at 3:30 p.m.
Virtual Meeting

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.