



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, January 6, 2016
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Edmund Bridges, Judy Schutzman, Eric Wollman, Josephine Thompson, Carol Marble, Rodney Roddewig, Rocio Cornejo, Betty Savin, Patrisha Ragins, Kelly Liang

STAFF: Steve Kaplan, Chantae Rochester, Randy Torrijos, Jei Africa, Maggie Furey, Maria Lorente-Foresti, Jairo Wilches

BOARD MEMBERS ABSENT: Wanda Thompson, Debra Yamaguchi, Pat Way

OTHERS PRESENT (signed in): Sapna Patel, Marilyn Pearson, Doris Brown, Chip Huggins, Lorenzo Castaneda, Patrick Field, Eduardo Tirado, Louise Orellana, Ray Mills, Julio Garcia, Corina Shortfall-Enriquez, Yolanda Ramirez, Dayna Perkins

CALL TO ORDER

The meeting was called to order at 3:10 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

Approval of today's agenda with the following changes: **New Business:** Vote to rename the Hall of Fame Awards to the George Culores Hall of Fame Awards

► **M/S/C** Ragins/Marble

APPROVAL OF MINUTES

Approval of minutes from the December 2, 2015 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Schutzman/Thompson

Approval of minutes from the December 15, 2015 Executive Committee Meeting

► **M/S/C** Schutzman/Thompson

Correspondence, Announcements, and Public Comment

Patrick Field

I would like to comment on three areas:

1. Stigma – I'm interested in fighting stigma and I thought it would be a good idea to have "Ask Mental Health" where people could ask questions regarding mental health to help reduce stigma.
2. Housing crisis – We have a situation where not only people on a fixed income but low income people can't afford to live in this area. We are in danger of this area becoming like Manhattan, New York. I propose apartment sharing. Unlike a board and care where they take all of your money and you may not be comfortable with others who live in the house, with apartment sharing you can pick the person you live with.
3. Emotional Health – A lot of people turn to substance abuse to deal with their emotional problems. I believe in the school system, just like their physical and sex education classes, I believe (especially in the secondary schools) we need to adopt mental health education. Teaching people the benefits of medication, professional help, and learning about different diagnosis.

Program Presentation

The program presentation will be rescheduled for a later time.

Old Business

Housing Forum

The intent of the meeting next month is to hear from clients and family members about how the current housing situation in San Mateo County is affecting them. In particular how is it affecting their wellbeing, their mental health, and their overall health? What are some of the things they are concerned about and how are they addressing those concerns? In March we will hear from the Housing Authority about some of the programs they have and some of the challenges they are having in using their vouchers and finding people to rent.

The intent is to gather the information into a report and forward it to the Board of Supervisors (BOS) and the County Manager's Office (CMO) fulfilling your role as advisors to the BOS on Behavioral Health issues. Hopefully the information will be used as the county is looking at various housing strategies.

New Business

Action Item – *Vote to rename the Hall of Fame Award to the George Culores Hall of Fame Award*

► **M/S/C** Schutzman/Thompson; passed unanimously

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on February 24, 2016 at 12:00 p.m.
Field trip to the county's Hoarding Task Force Meeting. Location TBD.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on February 17, 2016 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on February 17, 2016 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

YOUTH COMMISSIONERS REPORT

No Report.

DIRECTOR'S REPORT

Serenity House

Serenity House is our crisis residential program that will be located on the corner of 37th Avenue and Hacienda. We expect to have the renovation plans submitted to the Planning Department by the end of the month. We project an opening day of September 30, 2016.

Drug Medi-Cal Waiver

We heard back from the State on the plan we submitted. The initial response was very positive both from the State and Federal Government Agency. We have a few minor questions to respond to, I'm hoping to send our response to their questions by the end of the week. Hopefully that will result in the plan being approved and then we will be negotiating rates with the state.

Crisis Collaboration Meeting

We are convening the group of law enforcement, providers, and educators and others to look at our countywide crisis delivery system. We will meet tomorrow.

EQRO

Last month we had our annual External Quality Review from the state. We think it went well. We had focus groups of clients, providers, and family members. We won't know how it went until we receive the draft report, once it is received we will share the report with the Commission.

Medicated Assisted Treatment (MAT)

The MAT is opening this week in San Mateo. We have Case Managers who are engaging with people trying to encourage them to participate in the program. We have enrolled approximately 30 people; we have another 50 on the waiting list. There are another 150 people that staff is engaging with to try to motivate them to participate in the program. One of the big hold ups is that we haven't had a clinic with a doctor to prescribe the medication.

Facilities

This week in Redwood City we are opening our Child and Youth Clinic at Shasta. All of the child and youth services that are currently combined with our adult services on Brewster in Redwood City have moved into the new facility on Shasta. We are negotiating space in North County to do the same. Currently we have both youth and adult services at our North County Clinic.

We have been implementing our 6 Community Service Areas (CSA's) and the hub of those CSA's has been county run clinics but we don't have a clinic in the South San Francisco/San Bruno area so we have been holding off on implementing the CSA in that area. There is work going on with BHRS and SMMC in conjunction with South San Francisco to potentially build a new clinic in that area.

Laura's Law

Terry Wilcox-Rittgers will be the manager for the Laura's Law implementation. He is now on board and is starting to put together recruitment for the rest of the team, the RFP for the Full Service Partnership, and working with the courts. Terry will also do outreach to law enforcement and family members so everyone is clear as to what Laura's Law is and what it isn't and who eligible and who it not. We will start receiving referrals this summer and sometime in the fall we will have Terry come to give an update to the Commission.

Liaison, Task Force and Ad Hoc Committees:

Meeting Adjourned:

The meeting was adjourned at 4:05 p.m.

2016 George Curolores Hall of Fame Award Honorees

Jan Allen

Michael Lim

Yolanda Ramirez

Next MHSARC Meeting:

February 3, 2016 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, February 16, 2016, at 3:30 p.m.
225 37th Avenue, BHRS Conference Room
San Mateo, or Conference Call

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.