



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, January 4, 2017
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Rodney Roddewig, Cherry Leung, Dorothy Christian, Eric Wollman, Josephine Thompson, Eduardo Tirado, Louise Orellana, Carol Marble, Judy Schutzman, Rocio Cornejo, Patricia Way, Betty Savin, Wanda Thompson

STAFF: Randy Torrijos, Stephen Kaplan, Chantae Rochester, Doris Estremera, Paul Sorbo, Colin Hart, Jei Africa

BOARD MEMBERS ABSENT: Patrisha Ragins

OTHERS PRESENT (signed in): Laura Moore, Mark Christian, Marilyn Pearson, Christopher Hoover, Juliana Fuerbringer, Vincent Merola, Helene Zimmerman, Calvin Shelton, Sapna Patel

CALL TO ORDER

The meeting was called to order at 3:02 p.m.

INTRODUCTIONS

Cherry Leung was introduced as a new commissioner.

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Marble

APPROVAL OF MINUTES

Approval of minutes from the December 7, 2016 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Schutzman/Thompson

Approval of minutes from the December 20, 2016 Executive Committee Meeting

► **M/S/C** Schutzman/Thompson

Correspondence, Announcements, and Public Comment

NAMI San Mateo County, Peer-to-Peer Class will be on Thursday, January 26

NAMI San Mateo County Office, 1650 Borel Place #130, San Mateo

For more information contact the NAMI office at 650-638-0800

Program Presentation

LPS Conservatorship

Presented by Don Weiher, Supervising Mental Health Clinician
Behavioral Health & Recovery Services

As coordinator for the Conservatorship Investigation Unit, I petition the court for temporary conservatorship. LPS refers to the authors of this particular law related to involuntary treatment in California.

The purpose of conservatorship is to get people so they are not gravely disabled. The charge of my office is to look for alternatives to conservatorship. We receive referrals for conservatorship from doctors on inpatient psychiatric units for individuals on a 72 hour hold followed by a 14 day certification. During that period of time if they are not willing or capable of being a voluntary patient when the 14 day certification runs out and they have a serious psychiatric disorder, the doctors can petition for temporary conservatorship.

The idea of conservatorship is to give the patient more time on the inpatient unit if they have not cleared up and they can't articulate a plan for where they are going to go when they leave or they continue to be psychotic or a danger to themselves. The doctors can refer them at such time until they improve or sometimes they are going to a sub-acute locked facility (Cordilleras). The idea is to get people better and only use the conservatorship when it is needed.

Old Business

Action Item: *Vote to close 30 day public comment period for the Mental Health Services Act Annual Update FY 16-17 effective January 7, 2017*

► **M/S/C** Roddewig/Thompson
Passed unanimously

MHSARC Retreat is February 4, 2017, from 10-2 at the San Mateo Library located at 55 W. 3rd Avenue, San Mateo. Lunch and snacks will be provided.

New Business

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on February 1, 2017 at 12:00 p.m.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on February 15, 2017 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on February 15, 2017 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

DIRECTOR'S REPORT

Serenity House

Last month the BOS approved the contract for the contractor to begin renovations at Serenity House. The work will start next month, we have a kick off meeting with the contractor later this month. The projected renovation time period is 4-5 months.

Drug Medi-Cal

On January 24, we are going to the BOS for three of our substance use treatment provider contracts that will start the implementation of the drug medi-cal waiver expansion. I believe we are the first county in the state to implement the waiver.

Laura's Law

We have 21 people enrolled; they've received just under 200 referrals. We are planning to go to the BOS at their last meeting in February to give them a status report, which they requested we do when they approved Laura's Law.

Wellness Pods

The county jail opened up the mental health unit for the male population, the unit for women opened a few months ago. The Sheriff's Office has been tremendous in supporting this project. We will be collecting quite a bit of information about what happens to the individuals who end up in the wellness pods because of the ongoing conversation under way about those who are incarcerated who need more of a hospital type setting. They have acute psychiatric systems while they are in jail and we know right now we don't have, inside the jail, the right treatment component for that and it is difficult for the custody staff as well as the client if they have to be transported to the hospital.

Housing

The commission spent several months having discussions and testimonials around housing for our consumers and clients. Unfortunately the housing situation is not better, in fact in some ways it is worse. We are having significant challenges around housing (independent housing, supported housing, and license board and care facilities) as we discussed is that we end up with people in our in-patient unit who don't need that level of care but are stuck because of the issue of placement. It is very difficult and we are trying to figure this out as best we can.

MHSA UPDATE

No Place Like Home – The state is holding workshops they have drafted their initial framing around how they are going to use the bond for housing and are looking for public comment. The deadline to submit public comment is January 31.

LGBTQ Center – StarVista found a location for the center on El Camino Real near Silicon Valley Community Foundation. The plan is to do a soft launch in February and a more official launch in the summer.

Liaison, Task Force and Ad Hoc Committees:

There was nothing to report at the time of this meeting.

Meeting Adjourned:

The meeting was adjourned at 4:00 p.m.

Next MHSARC Meeting:

February 1, 2017 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, February 21, 2017, at 3:30 p.m.
225 37th Avenue, BHRS Conference Room
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.