



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes Wednesday, March 2, 2022 Zoom Meeting

BOARD MEMBERS PRESENT: Sheila Brar, Chris Rasmussen, Jean Perry, Kristina Bell, Hudson Fox, Michael Lim, Randy Torrijos, Leticia Bido, Katelyn Chang, Yoko Ng, Frieda Edgette,

STAFF: Scott Gilman, Chantae Rochester, Doris Estremera, Sylvia Tang, Maria Lorente, Jairo Wilches, OCFA

BOARD MEMBERS ABSENT:

Excused: Chelsea Bonini, Paul Nichols, Candice Hawley

Un-excused:

OTHERS PRESENT (signed in): Arturo Salazar, Bruce Adams, Chris, Clara Jaeckel, Erica Horn, Jairo Wilches, Maria Lorente, Martin Fox, Pat Willard, Susan Cortopassi, Sydney Hoff,

CALL TO ORDER

The meeting was called to order at 3:32 p.m. by Sheila Brar

INTRODUCTIONS

Commission members introduced themselves

APPROVAL OF TODAY'S AGENDA

Approval of the Agenda

▶ **M/S/C** Bido/Lim

APPROVAL OF MINUTES

Approval of minutes from the February 2, 2022 Mental Health & Substance Abuse Recovery Commission Meeting

▶ **M/S/C** Rasmussen/Leung

Approval of minutes from the February 16, 2022 Executive Committee Meeting

▶ **M/S/C** Rasmussen/Leung

Correspondence, Announcements, and Public Comment

Frieda Edgette

I wanted to let everyone know of two upcoming youth led events.

1. Health & Wellness Conference being put on by the Youth Commission. Several members of our youth committee will be presenting.
2. Virtual Summit in partnership with several community-based organizations.

Youth Leadership is doing several other events so I will drop those in the chat so people can share with their networks.

Leticia Bido

There's a mental health conference entitled Hope and Healing and it will take place on April 9. The conference is sponsored by the Archdiocese of San Francisco. The conference is open to anyone wanting to learn more about mental health and how to support those who are struggling with mental health matters. There is a registration fee of \$35 but they are offering scholarships. I will drop the link in the chat.

Chantae Rochester

Reminder to the commissioners that the County Manager's Office is hosting a Boards and Commissions training tomorrow from 8:30-11.

Jean Perry

The County Commission on the Status of Women is holding their annual conference called Rise. It will be held on the March 23 and 24, there will be a panel of three women with lived experience at the conference. This is the first time they're having a mental health track at this conference. There are scholarships for this conference, there's a registration fee of \$25.

Erica Horn, California Clubhouse

New owners have purchased the space we are in and they have extended our lease for three years with a couple of options to extend, they are planning to tear down the entire block so we will continue our search for a more permanent space. I also wanted to share that we are still operating in a hybrid model and we are slowly increasing our in-person. I'm excited and proud of the larger community because we just relaunched the Peer Recovery Collaborative and we've had two meetings so far; it involves peer run organizations in our county and one from Contra Costa County. We're coming together monthly to share resources and support one another because there are a lot of similar issues and/or challenges facing our organizations and opportunities as well, so we are looking at ways to collaborate and partner more. We have Heart & Soul, California Clubhouse, Voice of Recovery, Putnam Clubhouse and we have invited NAMI, if you know of any other peer run organizations that you think should be invited, please let me know.

Pat Willard

I'm speaking today on the topic of the mobile health crisis response team. Santa Clara County has funded a program called Trust which is a pilot program they are implementing in San Jose. It is shocking to me that San Mateo County doesn't have a similar non law enforcement involved mental health crisis team program.

STANDING COMMITTEES

A. Committee for Children & Youth

Reported by Katelyn Chang and Hudson Fox

Next meeting will be held on April 20, 2022 at 4:00 p.m.

Via Teams

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on April 20, 2022 at 10:30 a.m.

Via Teams

C. Committee for Older Adults

Reported by Jean Perry

The next meeting will be held on April 6, 2022, at 10:30 a.m.

Via Teams

D. Mental Health Services Act Steering Committee

Reported by Leticia Bido and Jean Perry

The next meeting will be held on May 3, 2022 at 3:00 p.m.

Via Zoom

Public Comment

Martin Fox

It's very interesting to hear everything that everybody is working on. I continue to work on the repeal of the LPS Act (Lanterman-Petris-Short-Act). I had a mother approach me again this past month, who is going to end up sending her child to Utah to get effective mental health treatment because California continues to have one of the 10 worst mental health treatment laws in the United States. When you talk about a roadmap, the roadmap should look for a way out of the prison that parents have adult children living with serious mental illness, who don't believe they're sick are in. When you have such a bad situation, the project that will put the commission ahead of everybody else is the project to replace the LPS Act. I appreciate your attempt to address the issues around the edges, but they will not lead to any meaningful change if we don't have a project aimed at relieving ourselves of one of the 10 worst mental health laws in the United States, please somebody pick that up as a project.

Director's Report

Reported by Scott Gilman, Director

Please see the [latest issue](#) of the BHRS *Director's Update*.

Topics include:

- Kresge Grant Advances Public Health
- Focus on Eating Disorder Treatment
- Retirement Congratulations
- Advancing Diversity & Equity Work

Find past issues [here](#).

Medical Director Interviews

Thank you, Frieda for representing the commission on our medical director interview panel. We're fortunate, we now have two candidates for the position. We are also down a Deputy Medical Director. Dr. John Herbert, South County Psychiatrist, is retiring the end of this month.

Cultural Competence Plan

We will be sending the plan to the Commission; it is full of great information. The racial equity work going on in the county plus data trends. You can see penetration rates, trends over the last three years, and the policies that we have put in place about the work we've done to make sure we have appropriate interpreter services. It's a great document.

- If you have thoughts, ideas, or things you think are missing, we want to hear about it
- It will also be posted on our website
- Please share the document, we would love to get others feedback
- We will do this again next year
- Data driven evidence based is where we want to be so there is a lot of data
- We can make decisions about equity projects and which direction we want to go

Capital Improvement Projects Grants

- We are actively pursuing those who have received two rounds of funding
- The first round was for bringing on a consultant
 - To help with mobile crisis services
 - Non-law enforcement mobile crisis services
 - This funding was specifically targeted towards youth mobile crisis
 - We are adding additional funding for a consultant
 - This will bring the community together about mobile crisis services in general
- The second round of funding was to apply for consulting time
 - To plan for capital improvements
 - The most recent round was shovel ready projects
 - That's limiting for Counties
 - We do have a project in South San Francisco that we are looking at

Mayor's Initiative

- We did receive \$200,000 from the County to move the project forward
- We are matching it with some additional dollars so that we can move this out countywide
- Hopefully we will make the announcement at the May meeting for May is Mental Health Month

CBO'S

- We've notified our CBO's that we contract with for treatment services that they will receive a 3% increase to their contracts, retroactive back to the beginning of the fiscal year (July)
- The County Manager committed to a 3% increase for next year as well
- All the organizations that we contract with to provide service, we were able to secure \$5 million in one-time funds
- The application will be posted by the end of the week

- They will be able to apply and then we can get the funding out to them

Public Comment

Jean Perry

When the CBOs apply for funding, can it be used to provide wi fi for their locations? I assume that our ability to provide free data on devices is not going on forever and it's a lifeline now that people know how to use it, we need to keep that open for them.

A: The County is launching an initiative for that, but they can apply for anything related to Telehealth.

Jean Perry

In your written report, on page 3, you talk about the different components of the Kresge Foundation Grant talks about equity through arts library series, can the public get their hands on that?

A: Yes, it will be circulating around the community.

Jean Perry

On the last page of the report with the data numbers, it feels like it's more common than not that people's loved ones have both a mental health challenge and substance use challenge and I'm wondering if we can see numbers that tell us both the need in our community and the capacity for a response to that dual diagnosis?

A: I will look into that Jean. I think what we could do would be to identify how many of our consumers with mental health have dual diagnosis.

Michael Lim

I was approached by a family that was having an issue getting into respite care and was told that it was not in operation, and I was wondering if I could get an update?

A: The provider for Serenity House gave us 30 days' notice and moved out, so we've done an emergency contract with Telecare. They are working on setting up licenses and having that transferred now. We are trying to fastrack it with the state because it's a major missing link.

Michael Lim

Do you know if Telecare has any plans to use a Peer Support Specialist in running the place?

A: I'm not sure. I'm not sure if that's in their current staffing plan.

Martin Fox

The Brittany Spears conservatorship situation has triggered a number of pieces of legislation affecting conservatorship and most of them are arising out of the probate code initiated conservatorships but several of them are spilling over, is there anyone that is monitoring this situation and if there is, could you please give me an idea of how to contact them because I've been getting calls from people dealing with individuals that have developmental disabilities and they're quite concerned that they're getting treated, along

with the Alzheimer's people. They have and distinctly different points of view in that community.

A: Yes, there are so many bills and legislation being introduced right now about LPS grave disability. Our association has formed a special workgroup to monitor and review all the legislation that comes out. Our county has identified reducing homelessness as a priority and looking at grave disability as a potential issue that we must look at legislatively. I can forward you the information for the legislative group.

Old Business

Action Item: Vote to approve MHSARC By Law changes and forward to the Board of Supervisors for approval

▶ **M/S/C** Rasmussen/Bido

New Business

Action Item: Vote to open 30-day Public Comment Period for the FY 2022-23 Mental Health Services Act (MHSA) Annual Update for Program and Expenditures

▶ **M/S/C** Torrijos/Perry

Liaison, Task Force and Ad Hoc Committees

Suicide Prevention Committee Reported by Yoko Ng

Presentation from Mr. Stan Collins, Suicide Prevention Specialist,
California Mental Health Services Authority Technical Team

Participants Learn:

- Responsible media reporting
- How to engage the news media as partners in suicide prevention
- How to create effective suicide prevention materials and talking points

The recording will be shared with participants or you can contact the Suicide Prevention Committee to request the materials.

The next meeting will be Tuesday, April 5, 1:30-3:30 p.m.

Topics: Workgroups that advance the objectives of the suicide prevention roadmap and prioritized by the suicide prevention committee.

Mental Health and Law Enforcement Partnership Reported by Chris Rasmussen

The committee did not meet in March.

Next meeting is Tuesday, April 19, 2022 at 12:00-100 p.m.

Presentation

MHSA Annual Update

Presented by:

Doris Estremera, MHSA Manager

Jean Perry, MHSARC Member

Leticia Bido, MHSARC Member

The Power Point presentation is attached. If you would like to submit a public comment, please visit the MHSA website at www.smchealth.org/MHSA or email mhsa@smchealth.org.

The 30-day public comment period has officially begun. We look forward to obtaining all feedback and will certainly be providing more updates at our next meeting.

Please make your comments before the 29th day so that we can have the opportunity to give your comments thought and weigh your recommendations.

Public Comment

Michael Lim

Can go back to the slide with the revenue and expenses chart? In the past three years emergency meeting there has been a request on adding the linen on unspent reserves and putting in mandatory reserves that make sense for our county to keep and I was wondering if you could this time add it into discharge?

A: Yes, I remember you made that comment, and it was added to the minutes of that meeting, I will make sure it is added and that it is always in the annual update.

Michael Lim

The reason I'm asking is because the revenues and expenses just show the money coming in and the money going out like a cash flow chart. In 2020 and 2021 there is a big boost on the revenue, and it would make more sense, at least to me, to know how that affects our reserves and how much leeway do we have between the reserve that we must what is mandatory reserve.

Frieda Edgette

Congratulations! This is all very exciting, hats off to you all for doing the process and I am personally excited to dive deep into the logistics. There's a lot of exciting and broad varied things happening in the county, so hats off to your efforts.

Randy Torrijos

When it comes back to the commission at the next meeting, is that the last time this commission sees it before it goes the BOS?

A: When we come back to the commission in April that will be the last time, they will see it before it goes to the BOS, depending on public comment and if we make any substantive changes.

Meeting Adjourned:

The meeting was adjourned at 5:05 p.m. by Sheila Brar

Next MHSARC Meeting:

April 6, 2022 from **3:30-5:00 p.m.**
Virtual Meeting

Next Executive Committee Meeting: Wednesday, April 20, 2022 at 3:00 p.m.
Virtual Meeting

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.