



Mental Health Services Act (MHSA)

Mental Health and Substance Abuse Recovery Commission

March 2, 2022



SAN MATEO COUNTY HEALTH

**BEHAVIORAL HEALTH
& RECOVERY SERVICES**

MHSA Components

76%  **Community Services & Supports (CSS)**
Direct treatment and recovery services for serious mental illness or serious emotional disturbance

19%  **Prevention & Early Intervention (PEI)**
Interventions prior to the onset of mental illness and early onset of psychotic disorders

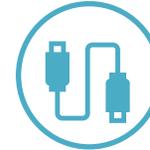
5%  **Innovation (INN)**
New approaches and community-driven best practices

Workforce Education and Training (WET)



Education, training and workforce development to increase capacity and diversity of the mental health workforce

Capital Facilities and Technology Needs (CFTN)



Buildings and technology used for the delivery of MHSA services to individuals and their families.

1% tax on personal income over \$1 million

San Mateo County: \$34.3M annual 5-year average through FY 20-21

MHSA Annual Update

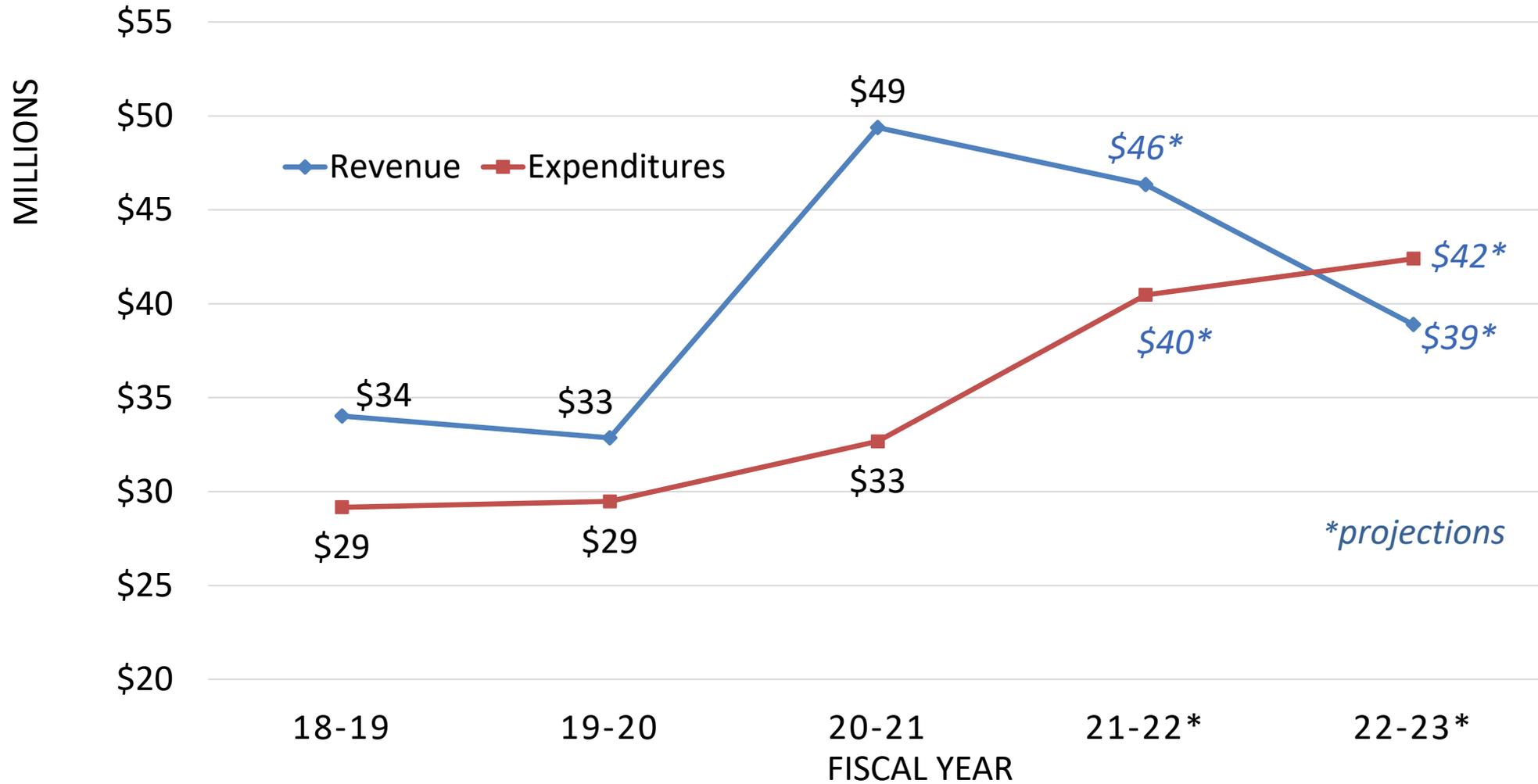


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Public Comments

- Annual Update and Executive Summary available on the [MHSA website](#)
- 30-Day Public Comment Period at [MHSARC Meetings](#):
 - March 2nd: Open 30-day comment period + public hearing
 - April 6th: Close public comment and vote to recommend the approval of the MHSA Annual Update
- Submitting Public Comments
 - May be provided verbally at the meeting or in writing to: mhsa@smcgov.org
 - Will be forwarded to commissioners as they are received, and responses developed to share and review as public record during the closing of the public comment period

MHSA Revenue & Expenses



Fiscal Strategies

- In FY 21-22:
 - Implemented a One-time Spend Plan for \$11.7M
 - Increased the Ongoing Budget to \$3M Over-Revenue
- For FY 22-23:
 - Proposal to increase FSP funding
 - Based on FSP Workgroup Recommendations and Third Sector consultants cost modeling for upcoming RFP
 - Increase Ongoing Over-Revenue strategy to ~\$5M

\$11.7M One-Time – Status Update

Priority	Item	FY 21/22	FY 21/22 Status	FY 22/23
Housing Initiative Taskforce	BHRS Housing Webpage	\$100,000	Delayed	\$0
	Development of Supportive Housing Units	\$5,000,000	Completed	\$5,000,000
Post-COVID Supports (Prevention and Early Intervention)	Community mental health and substance use education	\$50,000	Delayed	\$50,000
	Community wellness and recovery supports	\$50,000	Delayed	\$50,000
	Field and group supports	\$100,000	Delayed	\$100,000
	Older adult supports	\$50,000	In Progress	\$50,000
	Health Equity Initiative capacity development	\$30,000	Delayed	\$30,000
	School mental health supports	\$46,000	Completed	\$46,000
	Racial Equity and Multicultural Organizational Development	\$125,000	In Progress	\$125,000
Mental Health Surge Needs	Workforce Development	\$200,000	In Progress	\$200,000
	Workforce Wellness	\$100,000	In Progress	\$100,000
	SMI Private Provider Network (SSPN) incentives	\$125,000	In Progress	
Grand Total				\$11,727,000

See Meeting Handout for item descriptions

Implementation Highlights

Implementation Highlight: FSP Workgroup

- Full Service Partnership Workgroup
 - Provided recommendations for minimum service requirements, service improvements
 - Request for Proposal to release soon

Bradley was discharged from his last psychiatric hospitalization in May 2021. Upon his discharge, Bradley was faced with many challenges such as living in a group setting and having to start from scratch with his belongings and lifestyle. Bradley has since signed the lease for his own apartment and continues to engage with FSP multiple times a week and has become medication compliant along with discovering how to live independently at 72 years old. He has engaged with his peer mentor and enjoys outing in the community during his meetings. Bradley continues to draw "doodles" to show his team what his life is like through his eyes. Bradley will tell you "this is all because of Telecare" and constantly reminds his team of his appreciation to turn "a creep into a prince".

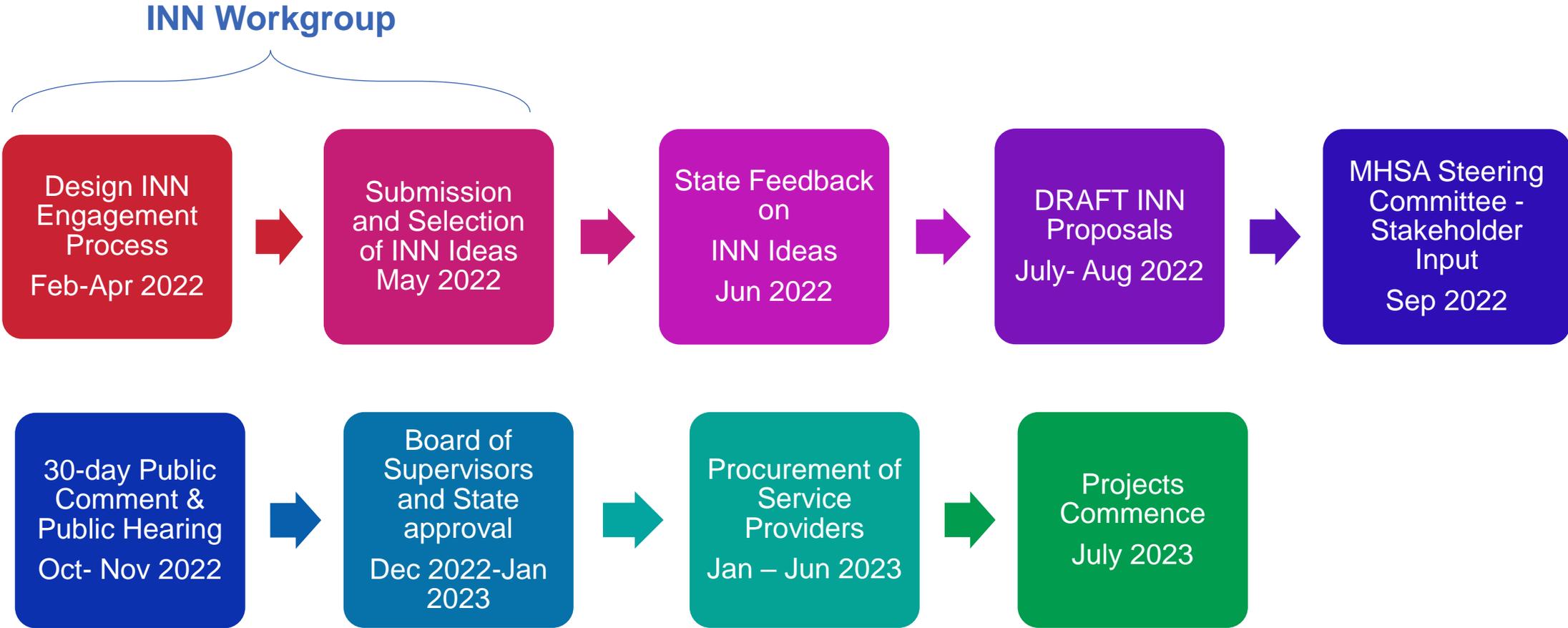


Implementation Highlight: PEI Outcomes

- MHSА Prevention & Early Intervention Outcomes
 - State Required: Access, Stigma Reduction, Protective Factors (Knowledge, Skills, and/or Abilities), General Mental Health
- Office of Diversity and Equity (Theory of Change) Outcomes
 - Local Stakeholder Process: Access, Stigma Reduction, Self-Empowerment, Community Advocacy, Cultural Humility & Responsiveness
- Additional Outcomes
 - Programs: Cultural Identity Formation, Connection & Support



INN Planning Timeline



A young woman with curly hair and glasses is speaking into a microphone. She is wearing a dark hoodie. In the background, other people are seated, including a woman with a pink beanie and a man in a tan jacket. The image has a blue overlay.

MHSARC Discussion & Public Comment



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Thank you!

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