



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, October 5, 2016
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Judy Schutzman, Betty Savin, Patricia Way, Rocio Cornejo, Josephine Thompson, Carol Marble, Patrisha Ragins

STAFF: Randy Torrijos, Scott Gruendl, Chantae Rochester, Clara Boyden, Jei Africa, Jairo Wilches

BOARD MEMBERS ABSENT: Edmund Bridges, Rodney Roddewig, Wanda Thompson, Eric Wollman

OTHERS PRESENT (signed in): Christopher Jump, Patrick McErlain, Mark Christian, Dorothy Christian, Sapna Patel, Marilyn Pearson,

CALL TO ORDER

The meeting was called to order at 3:10 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

▶ **M/S/C** Thompson/Marble

APPROVAL OF MINUTES

Approval of minutes from the September 7, 2016 Mental Health & Substance Abuse Recovery Commission Meeting:

▶ **M/S/C** Thompson/Marble

Approval of minutes from the September 20, 2016 Executive Committee Meeting

▶ **M/S/C** Thompson/Marble

Program Presentation

Drug Medi-Cal Organized Delivery System

Presented by Clara Boyden, Health Services Manager II

Behavioral Health & Recovery Services

Impact of Substance Use

- Substance use disorders (SUD) occur when the recurrent use of alcohol and/or drugs causes clinically significant impairment, including health problems, disability, and failure to meet major life responsibilities.
- About 21.5 million Americans ages 12 and older have a SUD.
- Untreated SUDs are associated with increased risks for chronic physical and mental healthcare conditions, avoidable hospitalizations, incarcerations and premature death
- Addressing the impact of substance use alone is estimated to cost Americans more than \$600 billion each year. (SAMHSA, 2014)
- Since 1999, opiate overdose deaths have increased 265% among men and 400% among women. (SAMHSA, 2015)

California's DMC-ODS Waiver

California's Medi-Cal 2020 waiver provides a new plan for expanded SUD services. The DMC-ODS will:

- Test a new paradigm for the organized delivery of SUD services for Medi-Cal beneficiaries
- Demonstrate how organized SUD care improves outcomes for beneficiaries while decreasing other system health care costs
- Promote both systemic and practice reforms

Critical Elements of DMC ODS Pilot

- A continuum of care modeled after the ASAM
- Increased local control and accountability
- Greater administrative oversight
- Utilization tools to improved care and manage resources
- Evidence-based practices
- Coordination with other systems of care
- Special considerations for the criminal justice involved populations

Eligibility

- Enrolled in Medi-Cal
- Reside in participating county
- Meet Medical Necessity criteria
 - One DSM Diagnosis for substance-related and addictive disorders (with the exception of tobacco)
 - Meet ASAM criteria definition for services

County Responsibilities

- 24/7 beneficiary access number
- Timely access and availability of services
- Prior authorizations for residential services
- Maintain network capacity
- County Implementation Plan
- Coordination with DMC-ODS providers
- Care coordination with managed care providers
- Quality and reporting outcomes
- Payment to providers

MOU with Health Plan

Participating DMC-ODS counties are to enter into an MOU with local health plan(s) that enroll beneficiaries.

- Comprehensive screening
- Beneficiary engagement
- Shared plan development/treatment plan
- Case management activities
- Dispute resolution
- Care coordination/referral tracking
- Navigation support

Accessing Services

SMMC staff may refer patients to BHRS for SUD screening, assessment and case management services to support patient engagement in SUD treatment services.

Implementation Status

- CMS and DHCS approved San Mateo County's DMC-ODS Implementation Plan on 4/7/2016
- CPE protocols approved by CMS on 6/15/2016
- County-specific interim rates of payment for covered services under the waiver approved by DHCS on 7/16/2016
- State-County contract approved by SMC Board on 9/20/2016
- Awaiting state DMC Certification of providers (17 certified to date)
- Development of MOU with HPSM – in process
- Developmental work with provider network – in process
- Estimated start date: January 1, 2017

Old Business

Election of Officers

Chair – Patricia Way

Vice Chair – Rocio Cornejo

Member at Large – Wanda Thompson

New Business

Correspondence, Announcements, and Public Comment

STANDING COMMITTEES

A. Committee for Older Adults

Judy Schutzman reported

1. Minutes attached.
2. Next meeting will be held on November 2, 2016 at 12:00 p.m.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on November 16, 2016 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on October 19, 2016 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

DIRECTOR'S REPORT

Reported by Scott Gruendl, Assistant Director
Behavioral Health & Recovery Services

Assertive Outpatient Treatment (Laura's Law)

We've had 74 referrals to the program and we have 9 who have placed with Full Services Partnerships (FSP's). The breakdown for referrals is:

- 45% from families in the community
- 45% from clinicians in the behavioral health system
- 5% from local hospitals
- 5% from law enforcement

IMAT

We have surpassed 1500 referrals and approximately 10% of the referrals have gone into the program where they are receiving injections.

Audits

Coming up we have a significant period of review.

External Quality Review Organization (EQRO), December 6 & 7

This is a federally required program review; they are required to review our programs against a set of criteria and report back. They do not make any findings that could result in a loss of income but it could impact our integrity of our delivery of medi-cal services.

Tri-Annual Medi-Cal Audit

This is an audit that we have once every three years. The time this audit occurred it was bad. We placed with 78% disallowance rate which put us in the lowest tier statewide. To be fair they focused the audit on day treatment type of services which was a discouraged type of service at the time of the last audit. Today we do very little day treatment services.

The field has changed and we will be gauged and placed into a tier as a result, right now we are in the tier 7 (there are 7 tiers) that is the worst tier you can be in and we are shooting for tier 2. All that means is that the higher you are (in the number) the more frequently you will be audited. It could be as often as 6 months to a year. If you are in tier 1 or 2 it would be once every three years. There's been a significant amount of work that all staff has put in to prepare for this audit. We have the audit in February and we should know the results a few months after.

PERT

We are currently recruiting for a replacement for the staff who vacated the position.

MHSA Update

Reported by Doris Estremera, MHSA Coordinator
Behavioral Health & Recovery Services

Doris gave information on what the Mental Health Services Act is and background information on services and programs receiving MHSA funds. For copies of the handout, contact Chantae Rochester at 650.573.2544 or crochester@smcgov.org.

Liaison, Task Force and Ad Hoc Committees:

There was nothing to report at the time of this meeting.

Meeting Adjourned:

The meeting was adjourned at 4:30 p.m.

Next MHSARC Meeting:

November 2, 2016 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, November 15, 2016, at 3:30 p.m.
225 37th Avenue, BHRS Conference Room
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.