



## COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

### Unadopted Minutes Wednesday, June 3, 2020 Zoom Meeting

**BOARD MEMBERS PRESENT:** Cherry Leung, Chris Rasmussen, Donald Mattei, Jan Wongchuking, Jean Perry, Leticia Bido, Patricia Way, Randy Torrijos, Sheila Brar, Yoko Ng

**STAFF:** Scott Gilman, Chantae Rochester, Claudia Saggese, Doris Estremera, Jairo Wilches, Lee Harrison, Sylvia Tang, Vanessa de la Cruz

**BOARD MEMBERS ABSENT:**

**Excused:** Mark Duri

**Un-excused:**

**OTHERS PRESENT (signed in):** Michael Lim, Stephanie Morales, Michael Horgan, Marty Fox, Carol Goshu, Cardum Harmun, Erica Horn,

**CALL TO ORDER**

The meeting was called to order at 3:32 p.m. by Sheila Brar

**INTRODUCTIONS**

**APPROVAL OF TODAY'S AGENDA**

► **M/S/C** Way/Rasmussen

**APPROVAL OF MINUTES**

Approval of minutes from the May 6, 2020 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Mattei/Torrijos

Approval of minutes from the May 20, 2020 and the April 15, 2020 Executive Committee Meeting

► **M/S/C** Mattei/Torrijos

**Correspondence, Announcements, and Public Comment**

**A. Committee for Children & Youth  
Reported by Chris Rasmussen**

Next meeting will be held on June 17, 2020 at 4:00 p.m.  
Via Teams

**B. Committee for Adults  
Reported by Yoko Ng**

Next meeting will be held on June 17, 2020 at 10:30 a.m.  
Via Teams

**C. Committee for Older Adults  
Reported by Patricia Way**

The next meeting will be held on July 1, 2020 at 11:00 a.m.  
Via Teams

**Director's Report**

**New Staff**

BHRS Medical Director, Vanessa de la Cruz, M.D. joined our team in April, bringing with her over 20 years of experience working in community behavioral health. Before coming to the county, she was Chief of Psychiatry for Santa Cruz County Behavioral Health Services, part of the Santa Cruz County Health Services Agency. Prior to joining Santa Cruz County, she served as director of addiction treatment services for the Palo Alto VA Health Care System.

BHRS Deputy Medical Director, Cynthia Chatterjee, first joined San Mateo County in 2005, as a contractor for the Partners for Safe and Healthy Children. In 2008, she accepted a position on the Primary Care Interface team. Working with Interface led to her passion for treating people with addiction, becoming board-certified in Addiction Medicine, and working full time with Integrated Medication Assisted Treatment clients.

**Farewell**

Toni Demarco, Deputy Director of Child and Youth Services retired on March 26 after 22 years of devoted service to the County.

**COVID-19 Update**

The focus now in Health is ramping up testing, specifically for our congregate facilities. The County doesn't have the capacity to do that for us, they are trying to ramp up capacity for the nursing homes and for folks who are acutely ill. Our staff have begun to put together thoughts about how we could begin to do routine and regular on going testing for people in our congregate facilities.

The best practice is to come in and do a baseline test with everyone and ten days later to come back and do another test. The shortage of supplies and shortage of staff and reimbursement rates and how we will fund that, these are things we are working hard to figure out to make that happen.

The County was able to secure a contract with AMI, which is a large health vendor that goes into crisis areas to assist with getting medical care set up for folks. They are here in San Mateo County helping to backfill as we run into problems. They helped some of our

providers understand what type of physical distancing need to be put in place. They've helped with running homes when there was staffing shortage. Not all of this reimbursed by FEMA which is putting a strain on the County's finances. The County is stepping up and doing everything they can to reduce the spread of the virus.

### Protest

As we receive information, we have been working with our staff to make sure our clients are out of harms way, allowing and assisting them in participating in the protest. We are trying to figure out how to use the work already done by the Office of Diversity and Equity (ODE) on dealing with issues of institutional racism.

The work being done by our Health Equity Initiatives (HEI), we have the African American Health Initiative that is encouraging people to join them to continue the peaceful protest and not lose this moment in time to move our system forward.

### MHSA Update

**Action Item 1:** *Vote to open 30-day Public Comment Period for the Mental Health Services Acct (MHSA) Three-Year Program and Expenditure Plan FY 2020-21 through FY 2022-23 and Annual Update FY 2020-21*

► **M/S/C** Way/Torrijos – passed unanimously

**Action Item 2:** *Vote to open 30-day Public Comment Period for the MHSA Plan to Spend \$5 Million in One-Time Funds for COVID019 Related Impact*

► **M/S/C** Rasmussen/Bido – passed unanimously

### Liaison, Task Force and Ad Hoc Committees

Suicide Prevention Committee

Reported by Yoko Ng

Guest Speaker was Isabel Stenzel, LCSW, MPH  
Bereavement Social Worker

Mission Hospice helps patients and families live life to the fullest.

We are a local, independent nonprofit organization serving patients and families in the San Mateo and Santa Clara County area with quality, compassionate end-of-life care and education.

Since their founding in 1979, they have provided thousands of patients and their families with physical, emotional, and spiritual support throughout the journey from a life-threatening diagnosis through death and bereavement.

Nurses are available 24 hours/day. Call 650.554.1000 for help, or to learn more about their compassionate end-of-life care.

The next Suicide Prevention Meeting is Tuesday, July 7, 2020 from 1:30-3:00 via Zoom. If you would like more information, please contact Sylvia Tang at [stang@smcgov.org](mailto:stang@smcgov.org).

### **Old Business**

Tony Hoffman Nominations are now being accepted. Deadline to submit your nomination is Monday, June 15, 2020. Contact Chantae Rochester at [crochester@smcgov.org](mailto:crochester@smcgov.org) for a nomination form.

### **New Business**

Nothing to report.

### **Program Presentation**

BHRS Website Overview

Presented by Diane Tom, Communications

Behavioral Health & Recovery Services

Diane gave a tour of the BHRS website. She showed where to find MHSARC information and the latest COVID-19 information. Diane also provided url's for the information she shared during her presentation.

**Health Website:** [www.smchealth.org](http://www.smchealth.org)

### **BHRS Pages:**

- Commission: [www.smchealth.org/mhsarc](http://www.smchealth.org/mhsarc)
- General BHRS: [www.smchealth.org/bhrs](http://www.smchealth.org/bhrs)
- BHRS Services/COVID-19: [www.smchealth.org/bhrsservices](http://www.smchealth.org/bhrsservices)
- Staff/Providers: [www.smchealth.org/behavioral-health-staff](http://www.smchealth.org/behavioral-health-staff)
- Wellness Matters newsletter: [www.smchealth.org/wm](http://www.smchealth.org/wm)

### **Meeting Adjourned:**

The meeting was adjourned at 5:19 p.m. by Sheila Brar

### **Next MHSARC Meeting:**

July 1, 2020 from **3:30**-5:00 p.m.  
Zoom Webinar

### **Next Executive Committee Meeting:**

Wednesday, July 15, 2020 at 3:00 p.m.  
Teams Meeting

**PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.**

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.