



## COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes**  
**Wednesday, November 6, 2019**  
**225 37<sup>th</sup> Avenue, Room 100, San Mateo**

**BOARD MEMBERS PRESENT:** Bill Nash, Catherine Koss, Chris Rasmussen, Donald Mattei, Leticia Bido, Patricia Way, Sheila Brar

**STAFF:** Scott Gilman, Doris Estremera, Chantae Rochester, Linda Wolin, Maria Lorente-Foresti, Jairo Wilches, Claudia Saggese, Karen Krahn

**BOARD MEMBERS ABSENT:**

**Excused:** Cherry Leung, Isabel Uibel, Yoko Ng, Mark Duri

**Un-excused:** Wanda Thompson, Jan Wongchuking

**OTHERS PRESENT (signed in):** Dan Mullholland, Molly Henricks, Christopher Hoover, Bruce Adams, Lisa Putkey, Juliana Fuerbringer, Jean Perry, Erica Horn, Cardum Harmon, Gina Beltramo

**CALL TO ORDER**

The meeting was called to order at 3:32 p.m. by Sheila Brar.

**INTRODUCTIONS**

**APPROVAL OF TODAY'S AGENDA**

► **M/S/C** Way/Nash

**APPROVAL OF MINUTES**

Approval of minutes from the October 2, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Way/Nash

Approval of minutes from the October 16, 2019 Executive Committee Meeting

► **M/S/C** Way/Nash

**Correspondence, Announcements, and Public Comment**

**A. Committee for Children & Youth  
Reported by Chris Rasmussen**

Next meeting will be held on December 18, 2019 at 4:00 p.m.  
2000 Alameda de las Pulgas, Room 201, San Mateo

**B. Committee for Adults**  
**Reported by Yoko Ng**

Next meeting will be held on December 18, 2019 at 10:30 a.m.  
2000 Alameda de las Pulgas, Room 209, San Mateo

**C. Committee for Older Adults**  
**Reported by Patricia Way**

The next meeting will be held on December 4, 2019  
2000 Alameda de las Pulgas, Room 201, San Mateo.

**Director's Report**

Reported by Scott Gruendl, Assistant Director

**Public Safety Power Shut Off's (PSPS)**

We experienced a scatter of power shut offs on October 9, 24, 26 and 29. During that time we had between 350-1400 clients affected by the shut offs. The Health System had double that number. Other divisions were dealing with folks who were medically fragile, they were dependent on durable medical equipment that relied on electricity.

San Mateo County Health did a good job with mapping. We have a Public Health, Policy and Planning (HPP) unit that has a group of epidemiologists who created maps during the events to be able to capture which clients and employees were affected by the event. They produced these call list for us that were very effective in being able to pinpoint folks that we thought might need to be engaged or need additional help.

Cordilleras, Canyon Oaks Youth Center (COYC) and Coastside Clinic were all without power during the events. Cordilleras was self-sufficient because they have a large generator. They did lose their landlines but has some cell phone service. We had to take a generator to COYC but once the weather got cold (we did not hook the generator to the heat) we took the youth to the Receiving Home but then the Receiving Home lost power. Coastside was closed for two of the events.

**Lessons Learned:**

- We learned a lot about medication storage, especially our injectables that require refrigeration. We have developed strategies for medication storage for us and our contractors.
- Things that need to be done when you close a facility due to a power outage. We have to unplug everything before leaving otherwise we run the risk of our equipment being shorted out when the power is restored.
- We learned a lot about communication. At COYC we had to use radios because of the weak cell phone service in the canyon. We also had to use radios for the coast. We had a manager and several employees go door to door to contact about 47 people who we were unable to reach.

Our managers were able to gain leadership experience during the events. We tried to rotate the branch chief, which is normally the director, representing all of mental health services to the Emergency Operations Center. This was a huge financial impact on local government.

**Liaison, Task Force and Ad Hoc Committees**

Nothing to report at this time.

## **MHSA Update**

**Action Item:** *Vote to Close 30-day Public Comment Period for the Mental Health Services Act (MHSA) Plan to Spend Available One-Time Funds*

▶ **M/S/C** Way/Koss

**Action Item:** *Vote to submit the Mental Health Services Act Plan to Spend Available One-Time Funds to the Board of Supervisors*

▶ **M/S/C** Koss/Rasmussen

**Action Item:** *Vote to Close 30-day Public Comment Period for the Mental Health Services Act Innovation Project Proposals*

▶ **M/S/C** Rasmussen/Way

**Action item:** *Vote to submit the MHSA Innovation Project Proposal to the Board of Supervisors*

▶ **M/S/C** Mattei/Nash

## **Old Business**

### **New Business**

**Action Item:** *Vote to submit the Mental Health & Substance Abuse Recovery Commission Annual Report to the Board of Supervisors*

▶ **M/S/C** Brar/Way

### MHSARC Retreat

The commission was given the option to have the retreat on January 11, 2020 but decided to look for other possible dates.

### **Program Presentation**

BHRS Data Book

Presented by Scott Gruendl, Assistant Director, BHRS

### What is the Data Notebook?

Local Behavioral Health Boards and Commissions are required annually to review program data for local services and report their findings to the California Behavioral Health Planning Council (W&IC 5604.2).

The Data Notebook is the instrument by which the Planning Council collects the data from local commissions and is designed to:

- Assist local commissions with meeting the program review mandate
- To serve as an educational resource for local commissions
- To collect opinions and thoughts from local commissions
- To identify unmet needs and make recommendations

### Focus of the 2019 Data Notebook

The 2019 Data Notebook focus topic is an examination of behavioral health services and needs from a perspective of "Trauma-informed principles of care across the lifespan." Understanding the role of childhood trauma reveals the urgent need for trauma-informed practices in all parts of the public behavioral health system.

The Notebook includes standard data and related questions which are addressed each year to detect any trends. Monitoring these trends help identify unmet needs or gaps in services, which may occur due to change in the population, resources available, or public policy (i.e., eligibility criteria).

To see the full Power Point presentation, please contact Chantae Rochester at [crochester@smcgov.org](mailto:crochester@smcgov.org).

**Meeting Adjourned:** The meeting was adjourned at 5:03 p.m. by Sheila Brar

**Next MHSARC Meeting:** December 4, 2019 from **3:30-5:30** p.m.  
225 37<sup>th</sup> Avenue, Room 100  
San Mateo, CA 94403

**Next Executive Committee Meeting:** Wednesday, December 18, 2019 at 3:00 p.m.  
2000 Alameda de las Pulgas,  
Suite 200, Room 207, San Mateo

**PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.**

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.