



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, September 4, 2019
225 37th Avenue, Room 100, San Mateo

BOARD MEMBERS PRESENT: Bill Nash, Catherine Koss, Chris Rasmussen, Donald Mattei, Jan Wongchuking, Leticia Bido, Mark Duri, Patrisha Ragins, Sheila Brar, Yoko Ng, Randy Torrijos

STAFF:

BOARD MEMBERS ABSENT:

Excused: Betty Savin,

Un-excused: Carol Marble, Wanda Thompson

OTHERS PRESENT (signed in):

CALL TO ORDER

The meeting was called to order at 3:35 p.m. by Patricia Way.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C**

APPROVAL OF MINUTES

Approval of minutes from the July 3, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Ragins/Duri

Approval of minutes from the July 17, 2019 Executive Committee Meeting

► **M/S/C** Bido/Duri

Correspondence, Announcements, and Public Comment

A. Committee for Children & Youth

No Report

Next meeting will be held on September 18, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on August 21, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults

Reported by Patricia Way

The next meeting will be held on September 4, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

Reported by Scott Gilman, Director

MHSA Update

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time.

Old Business

- Slate of Officers was moved to the October meeting

New Business

There was no new business.

Program Presentation

Caminar, San Mateo County Region Programs & Services
Presented by Tara Beckman, Executive Director

Mission Statement

Empowering individuals and families to move toward resilience, wellness, and independence.

Programs and Services:

Mental Health Case Management Programs

- Assisted Outpatient Treatment Full Service Partnership (AOT)
- Full Service Partnership (FSP)
- Recovery, Empowerment, and Community Housing (REACH)
- New Ventures
- Wellness, Recovery and Partnership Program (WRAPP)
- Young Independent Living Program (YAIL)

Residential Treatment

- Redwood House: Crisis Residential
- Hawthorne/Eucalyptus House: Transitional Housing
- Expressive Art

Additional Services

- Bridges to Wellness and Medication Clinic

- Supported Housing
- Jobs Plus Supported Employment
- Supported Education
- Substance Use Treatment
- Outpatient Counseling and Mental Health Care

Summary

Since 1964, Caminar's programs have been guided by a commitment to improve the quality of life for individuals and families living with behavioral health conditions.

Community outreach and prevention programs strive to prevent or alleviate the onset of more severe health conditions and to eliminate stigma around behavioral health topics.

Our breadth of programs reach more than 20,000 people each year in San Mateo, San Francisco, Santa Clara, Solano, and Butte counties. Culturally-sensitive, trauma-informed, research-based, and innovative approaches empower participants to achieve their personal goals and improve their wellness.

Using our psychosocial rehabilitation and recovery model, CARF-accredited programs connect participants with meaningful community opportunities, such as vocational, educational, and social activities, while strengthening life skills and building resiliency.

Meeting Adjourned:

The meeting was adjourned at 4:30 p.m. by Patricia Way

Next MHSARC Meeting:

October 2, 2019 from **3:30**-4:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

MHSA Steering Committee will immediately follow the commission meeting. All commission members are voting members of the MHSA Steering Committee.

Next Executive Committee Meeting:

Wednesday, September 18, 2019 at 3:00 p.m.
2000 Alameda de las Pulgas,
Suite 200, Room 207, San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.