



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, July 3, 2019
225 37th Avenue, Room 100, San Mateo

BOARD MEMBERS PRESENT: Bill Nash, Catherine Koss, Cherry Leung, Donald Mattei, Isabel Uibel, Patricia Way, Patrisha Ragins, Rodney Roddewig, Yoko Ng

STAFF: Dan Mulholland, Scott Gilman, Scott Gruendl, Doris Estremera, Chantae Rochester, Claudia Saggese, Jairo Wilches

BOARD MEMBERS ABSENT:

Excused: Betty Savin, Leticia Bido, Sheila Brar

Un-excused: Carol Marble, Wanda Thompson

OTHERS PRESENT (signed in): Carol Goshu, Daniel Jackson, Jean Perry, Christopher Hoover, Bruce Adams, Darryl Hall, Yoshie Hill, Chelsea Bonini

CALL TO ORDER

The meeting was called to order at 3:35 p.m. by Patricia Way.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Ragins/passed unanimously

APPROVAL OF MINUTES

Approval of minutes from the June 5, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Koss/ passed unanimously

Approval of minutes from the June 19, 2019 Executive Committee Meeting

► **M/S/C** Koss/passed unanimously

Correspondence, Announcements, and Public Comment

Yoko Ng, Commission Member

September is Suicide Prevention Month. National Suicide Prevention Week is September 8-14, and Worldwide Suicide Prevention Day is September 10. Suicide Prevention Month aims to empower everyone in the community to prevent suicide. This we are partnering with libraries and community agencies to promote the theme of Interpersonal Connectedness Positive Relationships Between Individuals.

The next Suicide Prevention Committee Meeting is July 9, 2019 from 1:30-3:00 at 2000 Alameda de las Pulgas, Suite 200. For information contact Sylvia Tang at stang@smcgov.org.

Heart & Soul Annual Picnic
August 17, 2019 at Central Park in San Mateo
11:00 a.m. – 3:00 p.m.

**A. Committee for Children & Youth
No Report**

Next meeting will be held on September 18, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

**B. Committee for Adults
Reported by Yoko Ng**

Next meeting will be held on August 21, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

**C. Committee for Older Adults
Reported by Patricia Way**

The next meeting will be held on September 4, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

Reported by Scott Gilman, Director

Budget

In September I will be doing a presentation to update you on where we are with our budget planning process. We have to have our final budget recommendation submitted to the Board of Supervisors (BOS) by January 2020. Before that we have a public input process to discuss strategies we'll implement in order to hit our budget target for FY2020. We will need to make decisions as a community on what are the most critical services for the safety net population. We'll start the public input process before our next meeting in September.

Children's Crisis Program

This group requested, in the three-year planning process, was for some sort of a mobile crisis response team for youth. This is an example of a great idea but the way it came through the process, it isn't coordinated with anything. We have put a 60 day hold on that process to make sure that we don't throw out another free standing uncoordinated program. We are prioritizing that we have funding and we need to move forward on a crisis response for youth, but it needs to be thought out thoroughly.

MHSA Update

Reported by Doris Estremera, MHSA Manager

Senate Bill 539, Mental Health Services Act: workforce education and training funds OSHPad (Office of Statewide Health Planning and Development) have been overseeing workforce development and training. They are proposing to take off the top, so it will impact our growth at the county. They proposed \$100 million over 5 years (that was rejected). There is still an interest in this, but they are looking at one time general funding

a that the state to provide part of the funding. MHSA one time off the top but a much smaller amount, like 60% and the third part of the funding would be a county match.

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time.

Old Business

- David Lewis Nominations are now being accepted. Deadline to submit nominations is Friday, August 2, 2019

New Business

- Slate of Officers Nominating Committee
 - Bill Nash
 - Patrisha Way
 - Isabel Uibel
- Committee Annual Reports due to Chantae by August 30th

Program Presentation

Data Book Update

Presented by Scott Gruendl, Assistant Director
Behavioral Health & Recovery Services

What is the Data Notebook?

Local Behavioral Health Boards are required annually to review program data for local services and report their findings to the California Behavioral Health Planning Council (W&IC 5604.2).

The Data Notebook is the instrument by which the Planning Council collects the data from local commissions and is designed to:

- Assist local commissions with meeting the program review mandate
- To serve as an educational resource for local commissions
- To collect opinions and thoughts from local commissions
- To identify unmet needs and make recommendations

What Programs Does the State Require Counties to Provide?

California's Welfare & Institutions Code is where requirements are found:

- WIC 5600.4/6 – Pre/Crisis Services, Comprehensive Evaluation and Assessment, Individual Service Plan, Medication Education and Management, Case Management, Twenty-Four Hour Treatment Services, Rehabilitation and Support Services, Vocational Rehabilitation, Residential Services, Services for the Homeless, and Group Services
- WIC 5600.5 – For Youth: Pre/Crisis Services, Assessment, Medication education and management, and Case Management, Twenty-Four Hour Treatment Services, and Rehabilitation and support services designed to alleviate symptoms and foster development of age appropriate cognitive, emotional, and behavioral skills necessary for maturation
- WIC 5600.7-Older Adults-Pre/Crisis Services, Assessment, Medication Education and Management, Case Management, Twenty-Four Hour Treatment Services, Residential Services, and Rehabilitation and Support Services

MHSA

The components of MHSA include:

- Community Services and Supports (CSS)
- Prevention and Early Intervention (PEI)
- Innovation (INN)
- Capital Facilities and Technological Needs (CFTN)
- Workforce Education and Training (WET)

CFTN and WET were funded for a set number of years, which ended in FY17/18

Meeting Adjourned:

The meeting was adjourned at 4:30 p.m. by Patricia Way

Next MHSARC Meeting:

September 4, 2019 from **3:30**-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Wednesday, September 18, 2019 at 3:00 p.m.
2000 Alameda de las Pulgas,
Suite 200, Room 207, San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.