



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, June 5, 2019
225 37th Avenue, Room 100, San Mateo

BOARD MEMBERS PRESENT: Betty Savin, Bill Nash, Catherine Koss, Cherry Leung, Donald Mattei, Isabel Uibel, Mark Duri, Patricia Way, Sheila Brar, Yoko Ng, Leticia Bido

STAFF: Randy Torrijos, Scott Gilman, Doris Estremera, Maria Lorente-Foresti, Brittany Ganguly, Jairo Wilches

BOARD MEMBERS ABSENT:

Excused: Rodney Roddewig, Wanda Thompson

Un-excused: Carol Marble, Patrisha Ragins,

OTHERS PRESENT (signed in): Doris Brown, Jean Perry, Tara Beckmen, Christopher Hoover, Yoshie Hill, Lee Nash, Chelsea Bonini, Folau Coates, Jamila McCallum

CALL TO ORDER

The meeting was called to order at 3:35 p.m. by Patricia Way.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Koss /passed unanimously

APPROVAL OF MINUTES

Approval of minutes from the May 1, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Koss/ passed unanimously

Approval of minutes from the May 1, 2019 Executive Committee Meeting

► **M/S/C** Koss/passed unanimously

Correspondence, Announcements, and Public Comment

Patricia Way

California Association of Local Behavioral Health Boards and Commissions (CALBHB/C)

Each member was given a copy of their newsletter which is full of resources and information regarding upcoming trainings. Chantae will send to the commissioners monthly.

Pride Month-This month is Pride Month, we have a flyer listing all the events happening this month. The information can also be found on the Pride website.

Voices of Recovery is requesting to have people participate in the Recovery Happens Art Show that will take place in September.

Chelsea Bonini, Commission on Disabilities

The Commission on Disabilities will have an Inclusion Fair on August 8 at Red Morton Park in Redwood City. We will send more information as it becomes available.

A. Committee for Children & Youth

Did not meet

Next meeting will be held on June 19, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults

Reported by Yoko Ng

Next meeting will be held on June 19, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults

Reported by Patricia Way

The next meeting will be held on July 3, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

Reported by Scott Gilman, MSA, Director

June is Pride Month

June 15 is the Pride event at Central Park. Opening comments begin at 11:00 a.m..

Pride Center

We are working on a sustainability plan for the Pride Center. We are being very cautious about funding as we go into the next couple of months and recognizing that programs like the Pride Center, when we create a dependency program in the community and we're doing it with one-time innovation funds we have to be thoughtful about making sure that we can continue to provide those services. Supervisor Pine and others will be meeting to come up with a plan.

EQRO

Our external audit was completed, and the results came in today. We will send an executive summary to the commission and make it available to the public as well.

Board of Supervisors (BOS)

The BOS has been paying more attention to some of our programs as our contracts go through, which is a good thing. Frequently we are having contracts that we put through pulled off the consent agenda and they are asking for more information. They want us to highlight the programs that we provide to the general public. This month we did a presentation on HOPE House, one of our substance abuse programs.

Canyon Oaks Youth Center (COYC)

COYC received their certification. That was a huge piece of work that was done in a very short period of time.

East Palo Alto Behavioral Health Advisory Group (EPABHAG)

EPA has a behavioral health committee and I was there two weeks ago for their Family Awareness Night focusing on mental health issues in EPA. The theme was cultural and spiritual and how that relates to mental health. Next year we'll make sure that you know when the event is happening.

Puente

Last week I met with Rita Mancera, Executive Director of Puente, as part of my orientation. She oriented me on some of the needs that we have on at Coastside and concerns they have around funding. I think we have that worked out so that they can continue to provide services through the RFP process.

Heart and Soul

Heart and Soul had their Open House on May 30th and it was open to the public. It was a very nice event to close out May is Mental Health Month.

NAMI Meeting

Karen and I attend and presented at the May NAMI meeting. It was nice to hear directly from family members. A lot of parents are concerned about their children and what will happen to them when they (the parents) aren't around or able to take care of them with housing.

New Threat

Oakland is the second city in the US to approve magic mushroom use. It is one more threat as we are dealing with addiction.

MHSA Update

Doris Estremera, MHSA Manager, ODE

We are holding off on the 30-day public comment period for one-time funding strategies until we know the budget impacts. In the meantime I will be holding information sessions related to one-time funding strategies, I will be going to the committees of the commission and other stakeholder meetings between now and the end of July.

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time.

Old Business

Action Item: *Vote to close 30-day public comment period for a one-year no additional cost extension of the MHSA Innovation Projects, the Neuro-sequential Model of Therapeutics (NMT) in the Adult System of Care and the Health Ambassador Program for Youth (HAP-Y)*

► **M/S/C** Mattei/Koss passed unanimously

New Business

- David Lewis Nominations are being accepted by the Commission. The deadline to submit is Friday, August 2.
- Commission members will have a separate sign-in sheet for each commission meeting.

Program Presentation

Edgewood Center for Children and Families

Presented by Jamila McCallum, Executive Director

Edgewood began providing services in San Mateo County in 2000. At that time, a single Kinship staff person worked out of a trailer in East Palo Alto. Today, Edgewood is one of the largest providers of behavioral health services on the Peninsula with 100 staff serving over 2,600 youth and families each year.

Programs Offered in the San Mateo Region

- Kinship Support Network
- Full Service Partnership
 - Wraparound Services
 - Drop-In Centers
 - Crisis Response
- After School Intensive Services
- Therapeutic Behavioral Services and Behavioral Coaching

Locations in San Mateo County

- San Carlos, 957 Industrial Road, Suite B
- South San Francisco, 170 South Spruce Ave, Suite 200
- Drop-In Center North: San Bruno, 931 West San Bruno Avenue, Suite 2
- Drop-In Center South: Redwood City, 604 Price Avenue, Suite A

Kinship Support Network

Provides support to relative caregivers and community members who are raising children who are not biologically theirs. Referrals to the program can come from the family, a community member or service provider. The program offers:

- Case management
- Family conferencing
- Respite support
- Support groups
- Nursing services
- Counseling

Full Service Partnership (FSP)

The FSP works with children, youth, and emerging adults as well as their families, and provides a variety of services.

- Wraparound Services: These programs are designed to help children, youth and emerging adults achieve independence, stability and wellness within the context of their culture, community and family/caregiver.
- Drop-In Centers (DIC): Edgewood operates two Drop-In Centers open to all San Mateo County emerging adults ages 18-25. The DIC's are youth-led programs that provide a safe and supportive environment for young adults to identify needed services, develop educational, social and vocational skills, and build peer relationships
- Crisis Response team: The Crisis Response Team supports the FSP programs by providing after-hours (5pm to 9pm), weekend and holiday support via phone to youth and families.

After School Intensive Services (ASIS)

ASIS provides adjunctive group services to youth currently enrolled in any other Edgewood program. ASIS meets with youth (6-14), Monday – Friday from 2pm-6pm and occasional Saturday field trips. They provide a structured, therapeutic group environment in which youth can learn, gain and practice coping strategies, social skills and following directions.

Therapeutic Behavioral Services (TBS) & Behavioral Coaching

TBS is a behaviorally based intervention intended to supplement other specialty mental health services by addressing target behaviors or symptoms that are jeopardizing the youth's current living situation. TBS coaches partner with youth, families, schools and other service providers in an effort to achieve safety in the home environment, to restore and strengthen connection to supportive family, and to develop resilience as they move toward healthier lives. Behavior Coaching is available for youth who do meet the eligibility requirements for TBS.

Meeting Adjourned:

The meeting was adjourned at 4:30 p.m. by
Patricia Way

Next MHSARC Meeting:

July 3, 2019 from **3:30**-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Wednesday, July 17, 2019 at 3:00 p.m.
2000 Alameda de las Pulgas,
Suite 200, Room 207, San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.