



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, May 1, 2019
225 37th Avenue, Room 100, San Mateo

BOARD MEMBERS PRESENT: Bill Nash, Catherine Koss, Isabel Uibel, Sheila Brar, Mark Duri, Wanda Thompson, Patricia Way, Don Mattei, Yoko Ng

STAFF: Scott Gilman, Doris Estremera, Randy Torrijos, Maria Lorente-Foresti, Sylvia Tang, Claudia Saggese

BOARD MEMBERS ABSENT:

Excused: Cherry Leung, Betty Savin, Rodney Roddewig

Un-excused: Carol Marble, Patrisha Ragins, Leiticia Bido

OTHERS PRESENT (signed in): Christopher Jump, Chris Hoover, Tania Perez, Martin Fox, Doris Brown, Karia Hernandez, Alan Cochran, Janice Fernandez

CALL TO ORDER

The meeting was called to order at 3:35 p.m. by Patricia Way.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Koss/Uibel/Thompson/passed unanimously

APPROVAL OF MINUTES

Approval of minutes from the April 3, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Koss/Uibel/Thompson/passed unanimously

Approval of minutes from the April 17, 2019 Executive Committee Meeting

► **M/S/C** Koss/Uibel/Thompson/passed unanimously

Correspondence, Announcements, and Public Comment

Christopher Jump – Heart and Soul Annual Open House

Thursday, May 30, at 210 Industrial Road, Suite 205, San Carlos from 2:00-4:00 p.m.

Marty Fox

The VA Secretary is guaranteeing 24-hour emergency behavioral health services.

The County Board of Supervisors (BOS) is considering a proposed contract with AMR to renew for 10 years. In the 54- page document on page 14 there is a paragraph on renewing the SMART car services. In the first 6 years of SMART car it only made 47% of its responses, we have over 3,300 law enforcement 5150's in 2015-16, there's a tremendous need for more than 2 SMART cars and for more than 12 hour a day coverage. Mental Health crisis doesn't happen on a schedule.

Los Angeles County has partnered with the Department of Veterans Affairs Long Beach Health System to start a program called VNet which gets peers to our veterans to talk to those vets who are talking about doing harm to themselves or others. I'm sure Lt. Gannon, who runs the VNet program for the Los Angeles County Sheriff's Department would be willing to send us material on how the program operates.

We are between and divided by the San Francisco System and the Palo Alto System and the like the county systems in California, they all do things differently. When you talk about doing behavioral health services in San Mateo County, as far as veterans go, it makes a difference as to whether you are north of 92 or south of 92. We need to pull both of them in to make a anything work for veterans.

Brittany Ganguly, Health Planner
Office of Diversity and Equity

If you are interested in how we are incorporating technology in mental health, the next five Tech Suite Advisory Committee Meetings will run from May – September (flyer is on the back table). We will be focusing on transition age youth (TAY) and older adults.

**A. Committee for Children & Youth
Reported by Betty Savin**

Next meeting will be held on June 19, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

**B. Committee for Adults
Reported by Yoko Ng**

Next meeting will be held on June 19, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

**C. Committee for Older Adults
Reported by Patricia Way**

The next meeting will be held on June 5, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

Reported by Scott Gilman, MSA, Director

EQRO

We had our annual quality review by the state last week. We had over 144 people who participated over the two days, there were over 30 different sessions, 7 reviewers looking at a variety of topics. There were also a series of focus groups. We will get a full written report that we will share with the commission when it is received. The good news is that they really view San Mateo as being ahead of the curve.

Grant

We submitted a grant last month that will allow us to keep people who do not need to be in jail because of their mental illness out of jail. When the courts and the District Attorney determine that someone, because their crime is related to their mental illness and they feel safe with them not being in jail, we can divert them out of jail. We've done a pretty good job of this with misdemeanors but not so much with felonies and this grant will help.

Canyon Oaks Youth Center (COYC)

Our staff have been working for about 2 years to get ready for the Counsel and Rehabilitation Facilities (CARF) Accreditation. CARF will be here in June. This accreditation will allow us to keep the program open and functioning.

MHSA Update

Doris Estremera, MHSA Manager, ODE

MHSA Steering Committee

We had the MHSA Steering Committee meeting on April 22 where we had three big items to report on.

1. The new innovations projects that we are starting to pursue. We received 37 ideas across the needs and gaps that were identified, and we narrowed it down to 5 ideas that we are now exploring further.
2. One of our two action items were our plan to spend. We have one-time dollars based on recent guidelines we received about the amount of money we should have in reserves. We have determined that we have been holding too much money in reserves. We received a lot of input on how the reserves should be spent. We will bring that information to the commission at a later time as the budget may have an impact. I will be doing some targeted stakeholder and client input sessions.
3. The second action item was to ask to extend two of our current innovations projects, no additional cost. They still have unspent dollars and they want to be able to spend down those funds, but we are required to request a formal extension. These were three-year projects, so they finished their third year and have unspent funds. Which means they could finish up another year without adding more money.

MHSA Steering Committee Membership

The MHSA Steering Committee is made up of stakeholders, clients, family members and the member the MHSARC. I've looked at the last four meetings, we typically meet 2-3 times per year, we only had 2-3 commissioners attend those meetings. These are important meetings where we need your voice. I am proposing to use two of your commission meetings during the year and merge it with the MHSA Steering Committee meeting so that it does not require you to attend an additional meeting. We would extend the commission meeting by 30 minutes.

The commission members unanimously approved to extend two meetings a year for the MSHA Steering Committee Meeting.

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time.

Old Business

Nothing to report at this time.

New Business

Action Item: *Vote to open a 30-day public comment period for a one-year no additional cost extension of the MHSA Innovation projects, the Neuro-sequential Model of Therapeutics (NMT) in Adult System of Care and the Health Ambassador Program for Youth (HAP-Y)*

► **M/S/C** Mattei/Duri/passed unanimously

Program Presentation

May Mental Health Awareness Month (MHAM)

Presented by Sylvia Tang, Community Health Planner, ODE

Why Recognize MHAM?

According to the World Health Organization, 1 in 4 people have a mental health condition at some point in their lives. In the United States 1 in 5 adults live with a mental health condition.

The Goal of MHAM:

- Reduce stigma
- Promote wellness

2019 Theme and Partnership

This year, San Mateo County Behavioral Health & Recovery Services (BHRS) are partnering with local agencies and libraries from San Mateo County Libraries and Peninsula Libraries Systems to promote over 40 MHAM events (free and open to the public) throughout the county.

Given this partnership, this year's MHAM theme is "Words of Wellness" in which we will spread the messages of hope, resiliency and inclusion in our libraries and elsewhere in the community.

To help raise awareness, members of the public are invited one of over 40 events in the county share behavioral health resources and tag #BeTheOneSMC to make a difference in reducing stigma or spread #WordsofWellness at your local library and elsewhere in the community.

For more information visit our website for details and pre-registration at smchealth.org/mentalhealthmonth.

Meeting Adjourned:

The meeting was adjourned at 5:00 p.m. by
Patricia Way

Tony Hoffman Award Ceremony

2019 Honorees:

Jeffrey John Earl Edgerten

Jonay Grant

Psychiatric Emergency Response Team Congratulations!!!

Next MHSARC Meeting:

June 5, 2019 from 3:30-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Wednesday, June 19, 2019 at 3:00 p.m.
2000 Alameda de las Pulgas,
Suite 200, Room 207, San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.