



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes
Wednesday, March 6, 2019
Silicon Valley Community Foundation
1300 El Camino Real, Suite 100, San Mateo**

BOARD MEMBERS PRESENT: Leticia Bido, Bill Nash, Mark Duri, Cherry Leung, Donald Mattei, Betty Savin, Yoko Ng, Randy Torrijos, Rodney Roddewig

STAFF: Scott Gilman, Doris Estremera, Carlos Morales, Chantae Rochester, Tania Perez, Brittany Ganguly

BOARD MEMBERS ABSENT: Isabel Uibel, Patrisha Ragins, Sheila Brar, Catherine Koss, Wanda Thompson, Patricia Way

OTHERS PRESENT (signed in): Karia Henriquez, Bruce Adams, Erica Horn, Victorionna Tran, Helene Zimmerman, Linh Ha

CALL TO ORDER

The meeting was called to order at 3:12 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Roddewig/passed unanimously

APPROVAL OF MINUTES

Approval of minutes from the February 6, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Savin/Roddewig/passed unanimously

Approval of minutes from the February 20, 2019 Executive Committee Meeting

► **M/S/C** Savin/Roddewig/passed unanimously

Correspondence, Announcements, and Public Comment

A. Committee for Children & Youth

Did not meet in December

Next meeting will be held on March 20, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults
Reported by Yoko Ng

Next meeting will be held on March 20, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults
Reported by Yoko Ng

The next meeting will be held on March 6, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

My First Month

I have been focused on trying to visit as many of the programs as possible that are funded through our organization. We have a lot of funds for new and innovative programs, but I've heard consistently from our providers that they are having trouble keeping their doors open due to rent, wages and the cost of living increases. They are asking us to take a look and see if we can do anything for the programs that we already have because they are facing having to discontinue them. We are looking at ways we can address the problem.

Labor Strike

We are concluding a two-day labor strike at midnight tonight. We've done what we can to ensure that our clients have their medications and are treated to the best of our ability. This is traumatic for everyone, we are trying to offer as much grace as possible to everyone, including our employees. It's a time for us to check-in on each other and make sure everyone is okay, we are behavioral health and we should be setting the example.

MHSA Update

MHSA Steering Committee Meeting

The next MHSA Steering Committee Meeting is scheduled for Tuesday, April 23, 3:00-4:30 at 225 37th Avenue, Room 100, San Mateo.

Pride Center Extension

We presented to the BOS on February 26, 2019. Next, we will present to the State MHSA Oversight and Accountability Commission on Thursday, March 28, 2019.

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time of this meeting.

Old Business

The commission is accepting nominations for the Tony Hoffman Community Awards.

New Business

Action Item: *Vote to close 30-day public comment period for the Mental Health Services Act (MHSA) Annual Update, which includes an amendment to fund Assisted Outpatient Treatment (Laura's Law) Full Service Partnerships and Augmented Board and Care for clients with serious mental illness.*

► **M/S/C** Roddewig/Nash; passed unanimously

Program Presentation

Mental Health Pods

Presented by Carlos Morales, Director of Correctional Health

The mental health pods are to help inmates with mental health conditions get on a path toward self-sufficiency by offering the inmates mental health treatment and education while they are in custody.

Some of the treatments offered to stabilize inmates are medication, working in small groups, connecting inmates with pet-assisted therapy.

Carlos also showed two video interviews highlighting the programs available to inmates.

Meeting Adjourned:

The meeting was adjourned at 4:35 p.m.

Next MHSARC Meeting:

April 3, 2019 from 3:00-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Wednesday, April 17, 2019 at 3:00 p.m.
2000 Alameda de las Pulgas,
Suite 200, Room 207, San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.