COUNTY OF SAN MATEO
MENTAL HEALTH & SUBSTANCE ABUSE
RECOVERY COMMISSION

Unadopted Minutes
Wednesday, February 6, 2019
Silicon Valley Community Foundation
1300 El Camino Real, Suite 100, San Mateo

BOARD MEMBERS PRESENT: Patricia Way, Betty Savin, Cherry Leung, Yoko Ng, Patrisha Ragins, Randy Torrijos, Isabel Ubel, Rodney Roddewig, Leticia Bido, Bill Nash

STAFF: Scott Gilman, Raziya Wang, Bob Cabaj, Chantae Rochester, Karen Krahn, Doris Estremera

BOARD MEMBERS ABSENT: Wanda Thompson, Donald Mattei, Carol Marble, Catherine Koss

OTHERS PRESENT (signed in): Mark Christian, Dorothy Christian, Gina Beltran, Christopher Jump, Smith Gundavajhala, Michael Lim, Helene Zimmerman, Erica Horn, Cardum Harmon

CALL TO ORDER
The meeting was called to order at 3:12 p.m.

INTRODUCTIONS
Pat Way introduced Scott Gilman, the new BHRS Director and Gina Beltram, Deputy County Counsel.

APPROVAL OF TODAY’S AGENDA
►M/S/C Thompson/Savin/passed unanimously

APPROVAL OF MINUTES
Approval of minutes from the January 2, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.
►M/S/C Thompson/Ubel/ passed unanimously

Correspondence, Announcements, and Public Comment
Stanford Law School will hold a Gun Violence Restraining Order Information Session on Tuesday, February 12, from 7:00-8:30.

Christopher Jump, Assistant Director, Heart & Soul
Heart & Soul has a new Respite Chill Zone. A place for you to read, meditate, pray, think, rest. Just sign in and relax. The Chill Zone is available Wednesdays 1:00-3:00 p.m. and
A. Committee for Children & Youth
   Did not meet in December
   Next meeting will be held on March 20, 2019 at 4:00 p.m.
   2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults
   Reported by Patricia Way
   Next meeting will be held on March 20, 2019 at 10:30 a.m.
   2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults
   Reported by Patricia Way for Catherine Koss
   The next meeting will be held on March 6, 2019
   2000 Alameda de las Pulgas, Room 201, San Mateo.

Director’s Report
Pending Strike
The County website has information regarding a potential strike be one of our bargaining units. I’m not permitted to discuss it any further, there’s plenty of information on the website.

Tasers

MHSA Update

Liaison, Task Force and Ad Hoc Committees
Nothing to report at the time of this meeting.

Old Business
New Business

Program Presentation
BHRS Psychiatry Residency Program
Presented by Raziya Wang, MD, Program Director

Our Mission
To provide comprehensive psychiatry training with an emphasis in public psychiatry, to reach an ultimate goal of graduating outstanding psychiatrists who will continue to serve our most vulnerable populations.

Our Four-Year Training Program
- Year One
  - Medicine
  - Neurology
  - Hospital Psychiatry
  - Psychiatry Emergency
- Year Two
- Regional Clinics (for the next 3 years)
- Subspecialty Rotations

**Year Three**
- Subspecialty Rotations
- Supervising Junior Residents
- Quality Improvement

**Year Four**
- Leadership Course
- Electives
- Psychiatrist Professional Identity

**Collaborations within SMC Health**
- Office of Diversity and Equity
- Homeless Health
- Health Policy and Planning

**Collaborations with Kaiser, UCSF and Stanford**
- Kaiser Foundation Hospitals SF and SCL
- UCSF Public Psychiatry Fellowship
- Stanford Child and Adolescent Fellowship

**Future Directions**
- BHRS Forensic Psychiatry
- BHRS Addiction Medicine

**Program Outcomes and Successes**
Graduates of the program staff most of the psychiatry positions within San Mateo County Health.

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<thead>
<tr>
<th><strong>San Mateo Medical Center</strong></th>
<th><strong>BHRS Regional Clinics</strong></th>
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<tbody>
<tr>
<td>Chief of Psychiatry – Katalin Szabo, MD MBA</td>
<td>South County Clinic</td>
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<tr>
<td>Integrated BH – Demetra Stamm, MD PhD</td>
<td>- Medical Chief – John Herbert, md</td>
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<td>Psychiatry Emergency</td>
<td>- Jason Bromley, MD</td>
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<td>- John Furman, MD JD</td>
<td>- Evelyn Alarcon, MD</td>
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<td>- Nicole Westercamp, MD</td>
<td><strong>Central County Clinic</strong></td>
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<td>Inpatient Psychiatry 3A/B</td>
<td>- Brendan Scherer, MD</td>
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<td>- Zachary Plaut, MD</td>
<td>- Peter Dell, MD</td>
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<td>- Farah Zaidi, MD</td>
<td><strong>North County Clinic</strong></td>
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<td>- Chito Crisostomo, MD</td>
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<td>Other BHRS Teams</td>
<td>- Gilda Major, MD</td>
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<td>Access – Jason Niksch, MD</td>
<td>- Adam Rubenstein, MD</td>
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<td>Youth Services</td>
<td><strong>Graduates also take on leadership roles in other counties:</strong></td>
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<td>- Muir Hooper, MD</td>
<td>- Neil Sachs, MD, Contra Costa County</td>
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<td>- Mina Fisher, MD</td>
<td>- Gary Tsai, MD, Los Angeles County</td>
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<td>Cosatside – Faith Rohike, MD</td>
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Many graduates successfully pursue more advanced training:
- Child and Adolescent Psychiatry
- Addition Psychiatry
- Geriatric Psychiatry
- Neuropsychiatry
- Forensic Psychiatry

Meeting Adjourned: The meeting was adjourned at 4:35 p.m.

Hall of Fame Ceremony

Next MHSARC Meeting: March 6, 2019 from 3:00-5:00 p.m.
Silicon Valley Community Foundation
1300 El Camino Real, Suite 100
San Mateo, CA 94403

Next Executive Committee Meeting: Wednesday, March 20, 2019 at 3:30 p.m.
2000 Alameda de las Pulgas, Suite 235
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.