



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, February 6, 2019
Silicon Valley Community Foundation
1300 El Camino Real, Suite 100, San Mateo

BOARD MEMBERS PRESENT: Patricia Way, Betty Savin, Cherry Leung, Yoko Ng, Patrisha Ragins, Randy Torrijos, Isabel Ubel, Rodney Roddewig, Leticia Bido, Bill Nash

STAFF: Scott Gilman, Raziya Wang, Bob Cabaj, Chantae Rochester, Karen Krahn, Doris Estremera

BOARD MEMBERS ABSENT: Wanda Thompson, Donald Mattei, Carol Marble, Catherine Koss

OTHERS PRESENT (signed in): Mark Christian, Dorothy Christian, Gina Beltran, Christopher Jump, Smith Gundavajhala, Michael Lim, Helene Zimmerman, Erica Horn, Cardum Harmon

CALL TO ORDER

The meeting was called to order at 3:12 p.m.

INTRODUCTIONS

Pat Way introduced Scott Gilman, the new BHRS Director and Gina Beltram, Deputy County Counsel.

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Savin/passed unanimously

APPROVAL OF MINUTES

Approval of minutes from the January 2, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Thompson/Ubel/ passed unanimously

Correspondence, Announcements, and Public Comment

Stanford Law School will hold a Gun Violence Restraining Order Information Session on Tuesday, February 12, from 7:00-8:30.

Christopher Jump, Assistant Director, Heart & Soul
Heart & Soul has a new Respite Chill Zone. A place for you to read, meditate, pray, think, rest. Just sign in and relax. The Chill Zone is available Wednesdays 1:00-3:00 p.m. and

Thursdays 11:00 a.m. – 1:00 p.m. Heart & Soul is located at 210 Industrial Road, Suite 205, San Carlos.

A. Committee for Children & Youth

Did not meet in December

Next meeting will be held on March 20, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults

Reported by Patricia Way

Next meeting will be held on March 20, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults

Reported by Patricia Way for Catherine Koss

The next meeting will be held on March 6, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

Pending Strike

The County website has information regarding a potential strike by one of our bargaining units. I'm not permitted to discuss it any further, there's plenty of information on the website.

Tasers

MHSA Update

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time of this meeting.

Old Business

New Business

Program Presentation

BHRS Psychiatry Residency Program
Presented by Raziya Wang, MD, Program Director

Our Mission

To provide comprehensive psychiatry training with an emphasis in public psychiatry, to reach an ultimate goal of graduating outstanding psychiatrists who will continue to serve our most vulnerable populations.

Our Four-Year Training Program

- Year One
 - Medicine
 - Neurology
 - Hospital Psychiatry
 - Psychiatry Emergency
- Year Two

- Regional Clinics (for the next 3 years)
- Subspecialty Rotations
- Year Three
 - Subspecialty Rotations
 - Supervising Junior Residents
 - Quality Improvement
- Year Four
 - Leadership Course
 - Electives
 - Psychiatrist Professional Identity

Collaborations within SMC Health

- Office of Diversity and Equity
- Homeless Health
- Health Policy and Planning

Collaborations with Kaiser, UCSF and Stanford

- Kaiser Foundation Hospitals SF and SCL
- UCSF Public Psychiatry Fellowship
- Stanford Child and Adolescent Fellowship

Future Directions

- BHRS Forensic Psychiatry
- BHRS Addiction Medicine

Program Outcomes and Successes

Graduates of the program staff most of the psychiatry positions within San Mateo County Health.

<p><u>San Mateo Medical Center</u> Chief of Psychiatry – Katalin Szabo, MD MBA Integrated BH – Demetra Stamm, MD PhD Psychiatry Emergency</p> <ul style="list-style-type: none"> ● John Furman, MD JD ● Nicole Westercamp, MD <p>Inpatient Psychiatry 3A/B</p> <ul style="list-style-type: none"> ● Zachary Plaut, MD ● Farah Zaidi, MD 	<p><u>BHRS Regional Clinics</u> South County Clinic</p> <ul style="list-style-type: none"> ● Medical Chief – John Herbert, md ● Jason Bromley, MD ● Evelyn Alarcon, MD <p>Central County Clinic</p> <ul style="list-style-type: none"> ● Brendan Scherer, MD ● Peter Dell, MD <p>North County Clinic</p> <ul style="list-style-type: none"> ● Chito Crisostomo, MD ● Gilda Major, MD ● Adam Rubenstein, MD
<p><u>Other BHRS Teams</u> Access – Jason Niksch, MD Youth Services</p> <ul style="list-style-type: none"> ● Muir Hooper, MD ● Mina Fisher, MD <p>Coastside – Faith Rohike, MD Service Connect and Puente Clinic</p> <ul style="list-style-type: none"> ● Nabeela Rahman, MD <p>Collaborative Care Team (CCT)</p> <ul style="list-style-type: none"> ● Arter Biggs, MD <p>Correctional Health</p>	<p>Graduates also take on leadership roles in other counties:</p> <ul style="list-style-type: none"> ● Neil Sachs, MD, Contra Costa County ● Gary Tsai, MD, Los Angeles County

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| <ul style="list-style-type: none">• Megan Lisska, MD• Shannon Moore-Langston, MD | |
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Many graduates successfully pursue more advanced training:

- Child and Adolescent Psychiatry
- Addition Psychiatry
- Geriatric Psychiatry
- Neuropsychiatry
- Forensic Psychiatry

Meeting Adjourned:

The meeting was adjourned at 4:35 p.m.

Hall of Fame Ceremony

Next MHSARC Meeting:

March 6, 2019 from 3:00-5:00 p.m.
Silicon Valley Community Foundation
1300 El Camino Real, Suite 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Wednesday, March 20, 2019 at 3:30 p.m.
2000 Alameda de las Pulgas, Suite 235
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.