



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, January 2, 2019
Silicon Valley Community Foundation
1300 El Camino Real, Suite 100, San Mateo

BOARD MEMBERS PRESENT: Isabel Ubel, Betty Savin, Patrisha Way, Wanda Thompson, Kate Pfaff, Patrisha Ragins, Yoko Ng

STAFF: Stephen Kaplan, Randy Torrijos, Chantae Rochester, Doris Estremera, Maria Lorente-Foresti, Karen Krahn

BOARD MEMBERS ABSENT: Sheila Brar, Catherine Koss, Bill Nash, Rodney Roddewig, Leticia Bido, Carol Marble, Cherry Leung

OTHERS PRESENT (signed in): Helene Zimmerman, Michael Lim, Tara Beckman, Ken Jew, Rocky Chan, Smitha Gundavajhala

CALL TO ORDER

The meeting was called to order at 3:12 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Savin/passed unanimously

APPROVAL OF MINUTES

Approval of minutes from the December 5, 2018 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Thompson/Ubel/ passed unanimously

Correspondence, Announcements, and Public Comment

NAMI Family to Family Class – spaces still available for the Thursday class that will begin on January 24, 2019. The class meets for 12 weeks on Thursday evenings from 6:30 p.m. to 9:30 p.m. If you are interested, please contact NAMI at 650-638-0800 or education@namisanmateo.org.

A. Committee for Children & Youth

Did not meet in December

Next meeting will be held on January 16, 2019 at 4:00 p.m.
2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults

Reported by Patricia Way

Next meeting will be held on January 16, 2019 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults

Reported by Patricia Way for Catherine Koss

The next meeting will be held on February 6, 2019
2000 Alameda de las Pulgas, Room 201, San Mateo.

Director's Report

Reported by Stephen Kaplan, Interim Director

Fiscal Year 2019-21 Budget Proposal Tracking

At the December meeting we discussed our budget shortfall for the FY2019-20 and FY2020-21. Steve showed BHRS' proposal to make up the shortfall over the next two years. With the proposed reductions BHRS would have a budget gap of \$343,414 for FY19-20 and \$54,072 for FY20-21.

MHSA Update

Reminder: we are holding a special MHSA Steering Committee Meeting on Wednesday, January 30, 3:00 p.m. – 4:30 p.m. at 225 37th Avenue, Room 100, San Mateo

Liaison, Task Force and Ad Hoc Committees

Nothing to report at the time of this meeting.

Old Business

There's no old business to report.

New Business

There's no new business to report.

Program Presentation

Office of Diversity and Equity (ODE) Update
Advancing Health Equity in Behavioral Health Outcomes
Presented by Doris Estremera, MHSA Coordinator

ODE's Theory of Change

- ❖ To help clarify, shape and improve the impact of ODE's efforts
 - Field of health equity and cultural humility has evolved
 - Opportunity to identify expected and desired change and map out how we will achieve the change
 - Outcomes-the desired changes
 - Indicators – to know when outcomes have been achieved
 - Interventions – activities to get us there

Stakeholders Involved

- ❖ Community-based agencies including Star Vista, Heart & Soul, Peninsula Conflict Resolution, Outlet, California Clubhouse, Pacifica Collaborative, Free at Last, One East Palo Alto, Daly City Youth Center
- ❖ BHRS staff across diverse teams, Adult and Youth Services, Office of Consumer and Family Affairs, Alcohol and Other Drug Services and Quality Management
- ❖ Health Communications and Health Policy and Planning

Values

- ❖ Stigma and cultural barriers need to be addressed to increase access
- ❖ Lived experience in prioritized
- ❖ Biases are addressed at all levels
- ❖ Services, policies and practices are improved
- ❖ Cultural humility and inclusion

What We Do

Four Pathways in our Theory of Change

- ✚ Workforce Development and Transformation – BHRS’ workforce and service provision is transformed and prioritizes cultural humility, inclusion and equitable quality care
- ✚ Community Empowerment – Deliberate opportunities exist for individuals with lived experience, families and community members to engage in decisions that impact their lives
- ✚ Strategic Partnerships – Meaningful partnerships in the community exist to maximize the reach and impact on equitable behavioral health outcomes
- ✚ Policy and System Change – BHRS influences organizational level policies and institutional changes across San Mateo County agencies to positively impact behavioral health outcomes

Health Equity Initiatives

- ❖ Diversity and Equity Council
- ❖ African American Community Initiative
- ❖ Filipino Mental Health Initiative
- ❖ Native American Initiative
- ❖ PRIDE Initiative
- ❖ Chinese Health Initiative
- ❖ Latino Collaborative
- ❖ Pacific Islander Initiative
- ❖ Spirituality Initiative

Meeting Adjourned:

The meeting was adjourned at 4:35 p.m.

Next MHSARC Meeting:

February 6, 2019 from 3:00-5:00 p.m.
 Silicon Valley Community Foundation
 1300 El Camino Real, Suite 100
 San Mateo, CA 94403

Next Executive Committee Meeting:

Wednesday, February 20, 2019 at 3:30 p.m.
2000 Alameda de las Pulgas, Suite 235
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.