



# COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes**  
**Wednesday, November 1, 2017**  
**225 37<sup>th</sup> Avenue, Room 100**  
**San Mateo**

**BOARD MEMBERS PRESENT:** Eric Wollman, Patrisha Ragins, Dorothy Christian, Betty Savin, Eduardo Tirado, Kate Pfaff, Pat Way, Bill Nash

**STAFF:** David Young, Randy Torrijos, Chantae Rochester, Clara Boyden, Jei Africa, Karen Krahn, Diane Tom

**BOARD MEMBERS ABSENT:** Rocio Cornejo, Carol Marble, Wanda Thompson

**OTHERS PRESENT (signed in):** Christopher Jump, Josephine Thompson, Marilyn Pearson, Christopher Hoover, Mark Christian, Sapna Patel, Yolanda Ramirez, Helene Zimmerman, Bruce Adams

## **CALL TO ORDER**

The meeting was called to order at 3:05 p.m.

## **INTRODUCTIONS**

## **APPROVAL OF TODAY'S AGENDA**

► **M/S/C**

## **APPROVAL OF MINUTES**

Approval of minutes from the November 1, 2017 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Ragins/Nash

Approval of minutes from the November 21, 2017 Executive Committee Meeting

► **M/S/C** Ragins/Nash

## **Correspondence, Announcements, and Public Comment**

None at this time

## **Old Business**

## **New Business**

## **STANDING COMMITTEES**

### **A. Committee for Older Adults**

**Pat Way reported**

1. Next meeting will be held on December 6, 2017 at 11:00 a.m.

### **B. Committee for Adults**

**Reported by Dorothy Christian**

### **C. Committee for Children & Youth**

**Reported by Betty Savin**

## **MHSA UPDATE**

Health Ambassador Program (HAP) graduates received their certificates:

- Maria Trinidad Valencia Hernandez
- Alexi Rosales

We hosted our first of three Prevention and Early Intervention (PEI) Meetings (this is to make recommendations for populations 0-25). I will email an update on the next two meetings with the date/time and new location. The next two meetings will be on Friday, November 17, from 2-4 and Friday, December 8, from 2-4.

## **DIRECTOR'S REPORT**

Statewide Efforts

There is so much need in North and South Counties because of the wildfires that we have or will be sending 30 of our folks to help with mental health counseling and supportive services to people in shelters and those who may be looking for shelter.

Highlights

Today we wrapped up a two year process that behavioral health has been going through to become a Multicultural Organization Development (that effort was initiated under my predecessor Steve Kaplan) and it has been led by Jei Africa. The next steps will be how to deepen that work so that it gets into the day to day workings of the services that we provide throughout the county.

Role of Peer Support Workers and Family Partners

This county has taken a lead around the state including peers and family support person in the workforce; we have peer and family partners working alongside clinicians and other professionals to provide services. I had the honor of attending the Peer and Family Action Summit and took the time to spend the day there to hear the feedback from all of staff/and partner agencies throughout the county. To hear their input, to hear some of the frustrations because we haven't moved along as quickly to clarify job clarifications, roles and opportunities for career advancements. Those are some of the things we'll be looking at as my vision for the county system is to have a lot more involvement by consume peers and family partners. I look forward to sharing that with you and reporting out our progress.

**Liaison, Task Force and Ad Hoc Committees:**

There was nothing to report at the time of this meeting.

## **PROGRAM PRESENTATION**

Alcohol and Other Drug Services Overview  
Presented by Clara Boyden, AOD Manager  
Behavioral Health and Recovery Services

### ***Trump Declares Opioid Crisis a “Health Emergency” but Requests No Funds***

#### Facing Addiction in America

- 20 million people have a Substance Use Disorder
- 1 in 4 adults and youth report binge drinking in past 30 days
- 270 million report current use of illicit or misuse of prescription drugs
- Only 1 in 10 obtain needed services
- Annual economic impact is nearly \$450 billion

#### Our Vision

Individuals, families and communities fulfill their promise and successfully pursue their dreams in a society where stigma and discrimination against those with mental illness and/or alcohol and drug addiction are remnants of the past.

#### AOD Mission

Alcohol and Other Drug Services (AOD) provides leadership and advocacy, supports effective prevention approaches and quality addiction treatment services, and educates the community about substance use and abuse and its related impact on individuals, families and communities.

#### AOD System of Care

- Prevention
- Treatment
- Recovery

#### How to Access Services?

Call the BHRS Access Call Center – BHRS Access Team (800-686-0101)

- Phones answered 24 hours a day
- Confidential and respectful services
- Trained professionals

#### Recovery Supports

- Peer Based Supports
  - Voices of Recovery
  - WRAP Planning
  - Recovery Happens
- Housing Supports
  - Sober Living and Recovery Housing
  - Housing subsidies and vouchers (limited)
  - Supportive case management
- Other Recovery Services
  - Treatment Provider recovery check-ups
  - Field-based care
  - Case management and care coordination

## Treatment Specific Programs and Collaboration

- Justice Programs
  - Drug Court, DEI, DUI Court and Programs
  - AB109, Unified Re-Entry, Services Connect
  - CHOICES/In-custody treatment
- Health & Mental Health
  - Integrated Medication Assisted Treatment
  - Primary Care Interface
  - Whole Person Care/Complex Client Care Coordination
  - Same Day Assistance
- Population Specific
  - Youth treatment services
  - Perinatal treatment programs, including residential
  - CalWORKs

### **Meeting Adjourned:**

The meeting was adjourned at 4:28 p.m.

### **Next MHSARC Meeting:**

December 6, 2018 from 3:00-5:00 p.m.  
Sobrato Center, Shoreway Room, 350  
Twin dolphin, Redwood Shores.

### **Next Executive Committee Meeting:**

Tuesday, December 19, 2017, at 3:30 p.m.  
2000 Alameda de las Pulgas, Suite 235  
San Mateo

**PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.**

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.