



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, September 6, 2017
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Patricia Way, Betty Savin, Rocio Cornejo, Dorothy Christian, Josephine Thompson, Bill Nash, Kate Pfaff, Patrisha Ragins, Wanda Thompson

STAFF: Stephen Kaplan, David Young, Chantae Rochester, Briana Evans, Doris Estremera, Karen Krahn

BOARD MEMBERS ABSENT: Eric Wollman, Rodney Roddewig,

OTHERS PRESENT (signed in): Erica Horn, Helene Zimmerman, Doris Brown, Ray Mills

CALL TO ORDER

The meeting was called to order at 3:02 p.m.

INTRODUCTIONS

Stephen Kaplan, BHRS Director, introduced David Young, new BHRS Director. Please see article in the September issue of Wellness Matters read about David.

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Thompson

APPROVAL OF MINUTES

Approval of minutes from the July 5, 2017 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Thompson/Savin

Approval of minutes from the July 19, 2017 Executive Committee Meeting

► **M/S/C** Thompson/Savin

Old Business

Action Item: *Vote to close the public comment period for the Mental Health Services Act (MHSA) Annual Update*

► **M/S/C** Thompson/Cornejo

New Business

Nominating Committee for the Slate of Officers

Betty Savin

Josephine Thompson

Dorothy Christian

Program Presentation

Health Equities Initiatives

Presented by Briana Evans, Behavioral Health & Recovery Services

Office of Diversity and Equity (ODE)

Current Health Equities Initiatives (HEI)

- Diversity and Equity Counsel
- African American Community Initiative
- Filipino Mental Health Initiative
- Native American Initiative
- PRIDE Initiative
- Chinese Health Initiative
- Latino Collaborative
- Pacific Islander Initiative
- Spirituality Initiative

Timeline of ODE and HEI'S

1998 – Cultural Competence Committee was established

2004 - California voters approve Prop 63 (MHSA)

2006 – Pacific Islander Initiative and the Filipino Mental Health Initiative were created

2007 – San Mateo County receives MHSA funding

The African American Community Initiative and the Chinese Health Initiative were created

2008 – The Latino Collaborative and the PRIDE Initiative were created

2009 – San County BHRS hosts statewide Cultural Competence Summit

ODE is formally established

2010 – Spirituality Initiative is established

2011 – ODE receives additional funding for the HEI strategy

2012 – Native American Initiative created

HEI Highlights

- Chinese Health Initiative Outreach Worker Pilot
- Instrumental in the development of the proposal for the LGBT + Pride Center, annual Pride Day Celebration and supporting standardization SOGI
- Develop and implemented the Spirituality Policy
- MOU developed with the Philippine Consulate General – all staff gets yearly mental health and AOD training
- Co-sponsored first Pacific Islander Health Needs Assessment

Summary

- Based on data from community events organized by HEI's over the past 10 years, thousands of individuals across San Mateo County have benefited from the efforts of the HEI's.
- The knowledge and lived experience of HEI members allows them to create nuanced, culturally relevant materials and events to address population-specific stigma issues.
- HEIS strengthen BHRS and CBO work by building community relationships, making services more accessible and more culturally appropriate.

Recommendations

- Provide opportunities for HEIs to regularly contribute to BHRS decision making and planning efforts.
- Strengthen infrastructure to support HIE co-chairs (e.g. create dedicated staff positions).
- Regularly recognize and share HEI accomplishments and success beyond BHRS.

Correspondence, Announcements, and Public Comment

Helene Zimmerman

NAMI Walk is Saturday, September 23, 2017

Upcoming Family to Family and Peer to Peer Classes

We have a new brochure for Peer Pals on the back table.

Our current newsletter is out.

Erica Horne

The Clubhouse will host Mental Health First Aid on October 20 and November 4, 2017

Heart and Soul Picnic is Saturday, September 23, 2017

STANDING COMMITTEES

A. Committee for Older Adults

Pat Way reported

1. Minutes attached.
2. Next meeting will be held on October 4, 2017 at 11:00 a.m.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on October 18, 2017 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on October 18, 2017 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

DIRECTOR'S REPORT

Rocio all of BHRS and our partners stand with you. Anything we can do to support you, we are here for you.

Thanks to all commissioners past and present for your support. I've had the good fortune to interact with colleagues from around the state. I've made friends that I'll always have, thank you.

Liaison, Task Force and Ad Hoc Committees:

There was nothing to report at the time of this meeting.

Meeting Adjourned:

The meeting was adjourned at 4:10 p.m.

DAVID LEWIS AWARD PRESENTATION

Angela Stocker was presented with the 2017 David Lewis Award

Next MHSARC Meeting:

October 4, 2017 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, October 17, 2017, at 3:30 p.m.
2000 Alameda de las Pulgas, Suite 235
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.