



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes
Wednesday, March 7, 2018
225 37th Avenue, Room 100
San Mateo**

BOARD MEMBERS PRESENT: Leticia Bido, Patrisha Ragins, Dorothy Christian, Randy Torrijos, Eric Wollman, Patricia Way, Betty Savin, Cherry Leung, Carol Marble, Bill Nash, Catherine Koss, Eduardo Tirado, Sheila Brar, Yoko Ng

STAFF: Scott Gruendl, Chantae Rochester, Suzanne Aubry, Karen Krahn, Doris Estremera

BOARD MEMBERS ABSENT: Kate Pfaff, Wanda Thompson, Isabel Uibel, Donald Mattei

OTHERS PRESENT (signed in): Jalea, Mark Christian, Sapna Patel, Theresa Comstock, Marilyn Pearson, Josephine Thompson, Helene Zimmerman

CALL TO ORDER

The meeting was called to order at 3:07 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Ragins/Marble – approved unanimously

APPROVAL OF MINUTES

Approval of minutes from the February 7, 2018 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Nash, passed unanimously

Approval of minutes from the February 20, 2018 Executive Committee Meeting

► **M/S/C** Nash, passed unanimously

Correspondence, Announcements, and Public Comment

At the retreat Supervisor Pine mentioned the commission looking at Measure A/K funding from the past in order to get a better sense of what may be possible in the future (depending on the budgetary environment) there may or may not be opportunities for this commission to weigh in. We have asked the department to provide that information at one of the commission meetings.

Old Business

Retreat Update

Thanks to all who attended. Those who could not attend will receive binders with all of the materials covered at the retreat. I'm hoping you'll bring the binders to the meetings as we move forward.

Some of the items that we would like to have presented at future meetings:

1. The grievance process, we will request a presentation from OCFA
2. Law Enforcement
 - a. We would like to tour the jail and the youth campus
 - b. Pathways Court, CIT, and other intervention services
 - c. Training of the general population
 - d. Discharge planning
 - e. Probation, rehabilitation, substance abuse treatment, access to psychiatric medication and visitation procedures while people are incarcerated
3. Contract providers
 - a. The RFP process
 - b. The meeting process
 - c. How contracts are awarded
 - d. What different contractors do for providing for age related groups
 - e. The different levels of care
 - f. Who is doing Full Service Partnerships
4. Consumer panel to be led by Rocio Cornejo. The panel will include the consumer organizations.
5. Community Service Areas (CSA's).
 - a. How they are divided throughout the county
 - b. Overall update on what they are doing
6. Opioid
 - a. Impact in San Mateo County across the age span (youth, adult, and older adults)
7. OASIS
 - a. Services provided for older adults to help them stay in their homes

New Business

There is no new business at this time.

STANDING COMMITTEES

A. Committee for Children & Youth

Reported by Betty Savin

Next meeting will be held on 18, 2018 at 4:00 p.m.

2000 Alameda de las Pulgas, Room 201, San Mateo

B. Committee for Adults

Reported by Dorothy Christian

Next meeting will be held on March 21, 2018 at 10:30 a.m.

2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Older Adults

Reported by Catherine Koss

Next meeting will be held on April 4, 2018 at 11:00 a.m.

2000 Alameda de las Pulgas, San Mateo

MHSA Update

Reported by Doris Estremera, MHSA Coordinator, Office of Diversity and Equity (ODE)

At the last Steering Committee Meeting I introduced the idea of the County Behavioral Technology Collaborative, it's being initiated by Los Angeles County and Kern County. They have received approval to move forward with technology solutions in behavioral health and we have the opportunity to join the collaborative across the state because here in San Mateo we have innovative dollars under MHSA that is subject to reversion.

The state had not given us any instruction on how and what to do with those funds. Finally they have and so we are moving forward and preparing a plan. I've been talking with an independent consultant to help me complete the plan. We have to have a plan in place by the end of this fiscal year. By June 30 it has to be posted online and have already been shared and gone through an input process.

We are going to have a number of community information sessions. They will happen in April and May. As soon as I have those dates I will share them the commission. The sessions will be structured across the county so we will be working with the CSA's. We will also have some targeted ones because through our stakeholder process that we did locally we learned one of the big needs in terms of technology was to target youth. Currently the vendor that is working with the state is not doing any target age groups, they are doing more of a one size fits all. We want to make sure what we do is adapted to youth, also we are very interested in our cultural and ethnic groups in the community. We will have about 13 sessions.

DIRECTOR'S REPORT

For the March 7, 2018 Commission Meeting, I provide the following report, which is a brief glimpse into the effectiveness of the work of BHRS. These statistics are derived from multiple sources that I manage on a daily basis and this is meant to not only to help inform the Commission, it is also to give commissioners an idea of the data that you can have access to whenever you may need it.

Total Clients in Service as of 3/7/18: 14,042
Total Number of Episodes as of 3/7/18: 18,849

Client Satisfaction as of	11/1/17:	11/1/16:
Adult	90%	90%
Older Adult	91%	94%
Youth	89%	83%
Family	94%	95%
Overall	90%	90%

	Mid-Year:	16/17:	15/16:
Percent of youths with clinical follow up within 7 days of hospital discharge:	37%/50%	49%	58%

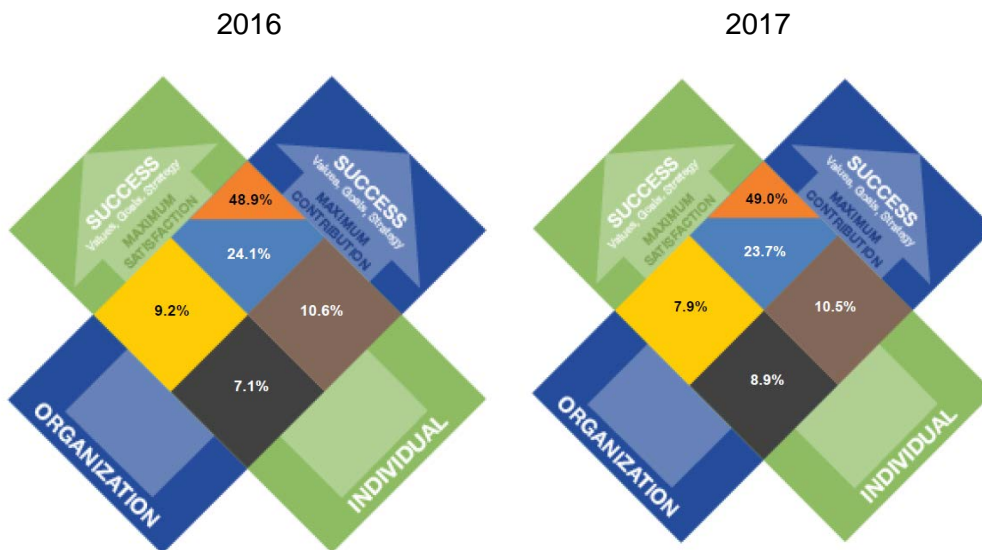
Percent of youths that receive timely outpatient behavioral health services:	93%/95%	91%	57%
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Percent of youth receiving hospitalization for behavioral health conditions: (17%)*	0.5%/1%	2%	3%
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Percent of parents reporting fewer school attendance problems six months after Parent Project training:	97%/100%	83%	93%
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Number of children aged 0-5 whose caregivers Receive early childhood mental health consultation:	381/550	478	501
Percent of adults who attend follow up clinical visit within 7 days of hospital discharge:	40%/65%	64%	63%
Percent of behavioral emergency calls responded to by SMART:	Mid-Year: 71%/75%	16/17: 76%	15/16: 80%
Percent of inmates on misdemeanor charges with a mental health issues released within 6 days:	57%/65%	25%	58%
Percent of mentally ill adults diverted from psychiatric emergency services, emergency room, and jail:	88%/90%	80%	87%
Number of emergency room visits by AB109 clients:	152/196	185	N/A

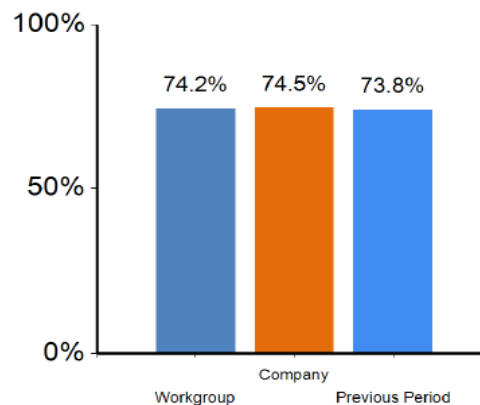
BHRS Employee Engagement:



BHRS Employee Overall favorability of their workplace:

Favorability – 74.2% (+.4%)

Workgroup = BHRS
Company = Health System



Program Presentation

Presented by Theresa Comstock, President, California Association of Local Behavioral Health Boards/Commissions

Our organization, the California Association of Local Behavioral Health Boards/Commissions, is to support your members. I wanted to share our newsletter with you (handed out to all commission member) and tell you about our website and the resources available.

On our website we have the newsletter, handbooks, and learning modules. Our website is always growing and we look for to boards/commissions like yours to send us material that is working for you so we can share it with others. For example, if you have forms you like to use when you go for site visits or bylaws.

On the back of the newsletter we print what the duties of commission and board members according to the Welfare & Institute Code. Your commission should be doing an Annual Report for your Board of Supervisors and we encourage you to do that in both written and oral form (present it at one of their meetings). The main thing is that you should be advising your Behavioral Health Director and your Board of Supervisors.

On the front of the newsletter we identify a couple of things that are related to employment. We had a meeting in San Diego which focused on employment for adults with severe mental illness. We found that there is a practice called Individual Placement and Support (IPS). Over 20 states are using it and the results are really surprising so we wanted to get that information out to our boards/commissions.

You can view the newsletter by clicking the link below:

http://www.calbhbc.com/uploads/5/8/5/3/58536227/calbhbc_newsletter_spring_2018.pdf

I want to hear from your commission. Do you have any support issues for your commission?

Q: When the commission sends something to the BOS or we give a report, how long should it take to hear back from the BOS? Is there a formal response that should be done? We don't always do a formal response.

A: You are an advisory committee, you should be advising them. It's great if they can give you feedback if they want to work with you. My advice, one of your duties is to do an annual report, in that report you should identify the issues you want to present to the BOS. A lot of counties take the annual report and they get 10 or 15 minutes on the BOS agenda to present the annual report and highlight those issues.

Q: Why isn't the state implementing things we've asked them to with the Board and Care homes? One of the things that came out of that was poor diet. What I found out is that the state doesn't follow through. The state issues license to these board and care homes and they don't care. Has that improved?

A: It continues to be a big issue. Community care license came to the Planning Council and ask them to also work on this issue as well as other counties to see some advocacy around this at the state level. It isn't solved but we've heard stories like yours throughout

the state. Looking for funding mechanisms so that they can stay in business, looking for better training, and peer support. There are a lot of pieces that need to be put in place that aren't there right now.

I want to encourage all of you to attend our Bay Area Regional Meeting on Friday, April 20, in Redwood City. I hope many of your commission members will attend. We can help with travel expenses. If you have suggestions for speakers to speak on disaster and recovery, please let me know. We are still looking for speakers.

Meeting Adjourned:

The meeting was adjourned at 4:35 p.m.

George Culores Hall of Fame Award Presentation

Alan Cochran was presented with the 2018 George Culores Hall of Fame Award
Congratulations!!

Next MHSARC Meeting:

April 4, 2018 from 3:00-5:00 p.m.
225 37th Avenue, Room 100
San Mateo, CA 94403

Next Executive Committee Meeting:

Tuesday, April 17, 2018, at 3:30 p.m.
2000 Alameda de las Pulgas, Suite 235
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.