



COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

Unadopted Minutes
Wednesday, April 5, 2017
225 37th Avenue, Room 100
San Mateo

BOARD MEMBERS PRESENT: Patricia Way, Patrisha Ragins, Louise Orellana, Carol Marble, Dorothy Christian, Rocio Cornejo, Josephine Thompson, Betty Savin

STAFF: Stephen Kaplan, Jei Africa, Chantae Rochester, Colin Hart, Karen Krahn, Sylvia Tang

BOARD MEMBERS ABSENT: Rodney Roddewig, Wanda Thompson, Cherry Lueng, Eduardo Tirado

OTHERS PRESENT (signed in): Christopher Jump, Patrick McErlain, Calvin Shorton, Mark Christian, Robert Hall, Eric Valladores, Christopher Hoover, Marilyn Pearson, Sapna Patel, Bruce Adams, Deborah Barrow, Erica Horn, Jennifer McAbee, Julianna Feurbringer,

CALL TO ORDER

The meeting was called to order at 3:02 p.m.

INTRODUCTIONS

APPROVAL OF TODAY'S AGENDA

► **M/S/C** Thompson/Marble

APPROVAL OF MINUTES

Approval of minutes from the March 1, 2017 Mental Health & Substance Abuse Recovery Commission Meeting:

► **M/S/C** Ragins/Thompson

Approval of minutes from the March 21, 2017 Executive Committee Meeting

► **M/S/C** Ragins/Thompson

Correspondence, Announcements, and Public Comment

Heart & Soul Open House
May 23, 2017 from 1-4 p.m.

Old Business

New Business

STANDING COMMITTEES

A. Committee for Older Adults

Pat Way reported

1. Minutes attached.
2. Next meeting will be held on May 3, 2017 at 11:00 a.m.

B. Committee for Adults

Josephine Thompson reported

1. Minutes attached.
2. Next meeting will be held on May 16, 2017 at 10:30 a.m.
2000 Alameda de las Pulgas, Room 209, San Mateo

C. Committee for Children & Youth

Reported by Betty Savin

1. Minutes attached
2. Next meeting will be held on May 16, 2017 at 4:00 p.m.
2000 Alameda de las Pulgas, conference room 201, San Mateo

DIRECTOR'S REPORT

Serenity House

The renovations for Serenity House continue.

Cordilleras

The renovations for Cordilleras continue to move forward. We are still hopeful that we will go to the Board of Supervisors (BOS) relatively soon to request approval for the actual construction.

Affordable Care Act (ACA)

The good news is that the replacement for ACA never went to a vote. There was talk that there would be a return for a vote, I just read that it is unlikely not to happen.

Budget

The county budget process is moving forward. The June hearings have been scheduled, we are in the final stages of preparing our budgets.

Drug Medi-Cal

The Drug Medi-Cal implementation is moving ahead. We are still working with some of our providers to finalize our contracts and budgets. We hope to have all of our providers on board by the end of the fiscal year.

Housing

The MHSARC spent time on the issue of housing and developed a report for the BOS. There are a lot of different conversations happening around housing (it's complicated and expensive). We have on going conversations with the Department of Housing. Karen Krahn and I had a meeting this week with the representatives from the Health Plan of San Mateo (HPSM) to discuss, as part of our whole person care, how we might be able to create more housing opportunities and supports for people.

In-custody Mental Health Pods

There's a lot of conversation between the County Manager's Office (CMO), Sheriff's Department, Correctional Health, and Behavioral Health and Recovery Services (BHRS) about our in-custody mental health pods. There's strong support right now and we anticipate that we'll be in a position to significantly expand the number of people being assigned to the pods. Part of it is physical construction issues that create limitations. Currently there are 8 to 10 women in their mental health pods and about 8 men. We are waiting for some minor renovations and then we think we can increase the men's to 13 or 14 but the real goal is to create about 40 beds for men and more for women.

There's a lot of support right now and we will be working on developing a proposal for the CMO on how to establish within the jail an acute psychiatric unit. To create a 10 bed psychiatric unit in custody that would be designated as a LPS facility. People in jail could be voluntarily hospitalized if needed or someone could write a 5150 and hospitalize them. We hope to have the proposal to the CMO as part of the budget process.

MHSA UPDATE

Mental Health Services Act (MHSA) Steering Committee Meeting
Wednesday, April 26, 4:00-7:00 p.m.
Veterans Memorial Senior Center
1455 Madison Avenue, Redwood City

Liaison, Task Force and Ad Hoc Committees:

There was nothing to report at the time of this meeting.

Program Presentation

Prevention and Early Intervention

Presented by:

Jei Africa, Health Equities Manager, Behavioral Health and Recovery Services

Bruce Adams, PREP

Narges Dillon, Crisis Center

Sarah Poulian, Early Childhood Community Team (ECCT)

Early Childhood Community Team (ECCT)

- Provides services to underserved families with children 0-5 and pregnant mothers
- 2010: Early Childhood Community Team concept proposed & funded through MHSA grant issued by BHRS.
- 2011: Services begin in the Coastside and Daly City communities
- 2015: Services expand to new communities through Measure A funding

Program Goals

- Community targeted services
- Early identification and preventive services
- Increased parent knowledge and confidence in supporting healthy social-emotional development
- Improved coordination among providers
- Access to higher quality childcare

How it Works

- Three interconnected approaches
 - Mental Health Consultation

- Case Management & Parent Education
- Child-Parent Psychotherapy
- Close collaboration
- Assessment of unique community needs
- Targeted response

Meeting Adjourned:

The meeting was adjourned at 4:45 p.m.

Next MHSARC Meeting:

June 7, 2017 from 3:00-5:00 p.m.
Health Services Building
225 37th Avenue, Room 100, San Mateo

Next Executive Committee Meeting:

Tuesday, June 20, 2017, at 3:30 p.m.
225 37th Avenue, BHRS Conference Room
San Mateo

PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.