



## COUNTY OF SAN MATEO MENTAL HEALTH & SUBSTANCE ABUSE RECOVERY COMMISSION

**Unadopted Minutes**  
**Wednesday, October 2, 2019**  
**225 37<sup>th</sup> Avenue, Room 100, San Mateo**

**BOARD MEMBERS PRESENT:** Catherine Koss, Chris Rasmussen, Isabel Uibel, Leticia Bido, Mark Duri, Patricia Way, Randy Torrijos, Sheila Brar, Yoko Ng

**STAFF:** Scott Gilman, Doris Estremera, Chantae Rochester

**BOARD MEMBERS ABSENT:**

**Excused:** Bill Nash, Cherry Leung, Donald Mattei

**Un-excused:** Wanda Thompson, Jan Wongchuking

**OTHERS PRESENT (signed in):** See MHSA Steering Committee Minutes

**CALL TO ORDER**

The meeting was called to order at 3:32 p.m. by Patricia Way.

**INTRODUCTIONS**

**APPROVAL OF TODAY'S AGENDA**

► **M/S/C** Koss/Uibel

**APPROVAL OF MINUTES**

Approval of minutes from the September 4, 2019 Mental Health & Substance Abuse Recovery Commission Meeting.

► **M/S/C** Rasmussen/Koss

Approval of minutes from the September 18, 2019 Executive Committee Meeting

► **M/S/C** Rasmussen/Koss

**Correspondence, Announcements, and Public Comment**

We are still looking for a chair for the Older Adult Committee.

Betty Savin, Chair of the Children and Youth Committee has resigned from the commission and we want to thank her for her many years of service.

The HOPE Program has Peer Mentor positions available, flyers with details on how to apply are available in the back.

South County Mental Health has created a mental health comic book with stories from mental health clients from south county mental health in Redwood City. Flyers with the digital link to the book are on the back table. We hope to produce another one in January on homelessness and housing. Our goal is to make connections and make it available to city officials.

**A. Committee for Children & Youth**

**No Report**

Next meeting will be held on November 20, 2019 at 4:00 p.m.  
2000 Alameda de las Pulgas, Room 201, San Mateo

**B. Committee for Adults**

**Reported by Yoko Ng**

Next meeting will be held on November 20, 2019 at 10:30 a.m.  
2000 Alameda de las Pulgas, Room 209, San Mateo

**C. Committee for Older Adults**

**Reported by Patricia Way**

The next meeting will be held on November 6, 2019  
2000 Alameda de las Pulgas, Room 201, San Mateo.

**Director's Report**

Reported by Scott Gilman, Director

**Recovery and Suicide Prevention Month**

Thank you for a great Recovery and Suicide Prevention Month! We had many great activities during the month of September.

**Youth/Children's Mobile Crisis Team Proposal**

Those of you have been on the commission for a long time know that this is a priority that you brought forward. We have funding allocated in our three-year plan to support the project but if you recall from my previous reports, we have put a hold on the project due to the way it was developing. We weren't comfortable with it not being integrated into our system. We don't want a children's crisis program that isn't connected to other programs within our system. Our proposal is to refer this project to the Children and Youth Committee to continue working with us on this project to allow us to do a better job of coordinating with the school system, the police department, and private insurance. We want to ensure that we are doing this in an organized way.

**3AB**

There are preparations underway on 3AB for construction regarding safety issues that need to be corrected. During this time there will be a reduction in beds on 3AB. BHRS is making plans to ensure that we have resources available.

**Liaison, Task Force and Ad Hoc Committees**

Nothing to report at this time.

**Old Business**

Slate of Officers

Chair

Sheila Brar

Co-Vice Chair	Patricia Way
Co-Vice Chair	Donald Mattei
CALMB/C	Cherry Leung
Member at Large	Wanda Thompson

## **New Business**

## **Program Presentation**

**Meeting Adjourned:** The meeting was adjourned at 4:00 p.m. by Patricia Way

**Next MHSARC Meeting:** November 6, 2019 from **3:30-4:00** p.m.  
225 37<sup>th</sup> Avenue, Room 100  
San Mateo, CA 94403

**Next Executive Committee Meeting:** Wednesday, November 20, 2019 at 3:00 p.m.  
2000 Alameda de las Pulgas,  
Suite 200, Room 207, San Mateo

**PLEASE BE SURE TO CONTACT CHANTAE ROCHESTER AT 650.573.2544 IF YOU ARE UNABLE TO ATTEND EITHER THE MHSARC OR EXECUTIVE COMMITTEE MEETING.**

In compliance with the American with Disabilities Act (ADA), auxiliary aids and services for this meeting will be provided upon request when given three-day notice. Please call 650.573.2544.