



## San Mateo County Behavioral Health & Recovery Services Internship Programs 2019–2020

**San Mateo Behavioral Health and Recovery Services (BHRS)** is a comprehensive county behavioral health services program dedicated to serving the needs of adults with serious mental illness and/or co-occurring substance abuse concerns, as well as severely emotionally disturbed youth and their families. Services are offered to children, adolescents, adults, and older adults in inpatient, outpatient, and outreach programs by multidisciplinary staff that includes psychologists, psychiatrists, nurse practitioners, nurses, social workers, MFTs, trainees, interns and peer support positions. BHRS provides clinical training opportunities to students pursuing their masters' degree, their Alcohol and Drug Certification, or their doctorate.

San Mateo County is proud of its training programs as we provide training opportunities for approximately 60-75 psychology interns, masters-level trainees, Alcohol and Drug Certificate Program students, and psychiatric residents every year. For psychology practicum students, there are opportunities for individual supervision, group supervision, and case conferences. All students are also required to attend any of the five didactic training seminars throughout the county. There are bi-monthly psychiatric grand rounds at San Mateo Medical Center that are open to all staff and students. Regular in-service trainings and specialized staff trainings are also available for students to attend. All practicum sites have licensed psychologists serving as primary supervisors.

**Cultural Competency Stipends** are available for those who are able to help provide services to marginalized communities within our system of Older Adult, Adult, and Youth Services and are selected to participate in our Cultural Stipend Intern Program (CSIP). Each stipend is up to \$5,000 for an intern or trainee who works 24 hours in their placement. Stipends will be pro-rated if the student works fewer hours. The stipend application will be distributed to all trainees who are offered and accept a position with BHRS for 2019 /2020.

**TO APPLY:** Please send your resume and letter of intent to the contact person for the site(s) in which you are interested.

**For general training information please contact:** [BHRS-WorkforceDev@smcgov.org](mailto:BHRS-WorkforceDev@smcgov.org)

**Website:** [www.smhealth.org / bhrs/ WET](http://www.smhealth.org/bhrs/WET); Go to: Intern & Trainee Program

**ADOLESCENT THERAPEUTIC DAY SCHOOL PROGRAM**

San Mateo County Behavioral Health and Recovery Services

1950 Alameda de las Pulgas

San Mateo, CA 94403

(650) 740-9257

**PLACEMENT OPENINGS: One (1) MFT /MSW Trainees**

- Placement runs from September through June
- Sites in: San Bruno, South San Francisco, & Daly City
- 16-24 hours per week
- The program is a collaborative effort between BHRS and the local high school districts. There are three TDS sites located in San Bruno, Daly City and South San Francisco; interns work in one of these three programs.
- All students in the program qualify for special education, and have emotional and behavioral problems.
- This Day Treatment modality includes individual, family, group, and milieu.
- Collaboration with Child Protective Services, Juvenile Probation and the school districts.
- Weekly attendance at staff meetings required. The day and time is dependent on which program the student is an intern.

**TRAINING SETTING:** The Therapeutic Day School is a collaborative program with three high school districts and San Mateo County BHRS. The program serves high school aged students who are special education certified and qualify for intensive mental health services as determined by a school based BHRS assessment. The program staff function as a multidisciplinary team of educators and mental health providers. The trainee would be responsible for providing individual therapy, group therapy, case management, family therapy, milieu therapy, and collateral work for their assigned caseload. The program has a well developed behavior management system which is based on a point/levels system and carries rewards and privileges.

**SEND RESUME TO:** Gail Aguirre, LCSW; [gaguirre@smcgov.org](mailto:gaguirre@smcgov.org)

**Canyon Oaks Youth Center- Co Occurring Program**  
**San Mateo County Behavioral Health and Recovery Services**

**400 Edmonds Road**  
**Redwood City, CA 94062**  
**650-839-1810**

**PLACEMENT OPENINGS:** One (1). MFTA

**HOURS:** 20+ hours per week, 9-5. Must be available Tuesday & Friday Mornings. Placement runs Sep-June

**POPULATION SERVED:** Canyon Oaks Youth Center is a 12 bed, RCL 14, Sub Acute residential treatment facility serving San Mateo County youth, ages 12 to 17 years, who are experiencing severe emotional and behavioral disturbance. Many of our clients experience co-occurring disorders and struggle with substance abuse related issues as well.

**TREATMENT:** The Canyon Oaks Youth Center is a multi-disciplinary team comprised of mental health professionals and residential counselors who provide direct care. Our psychosocial skills-based/ therapeutic attachment model focuses on increasing each resident's ability to form and sustain more gratifying and supportive relationships within our program, the youth's family, and the greater community. Through an individualized, strength-based, and family-centered needs appraisal and service plan, our program facilitates acquisition of the skills necessary for reunification or transition to less restrictive setting/ lower level of care.

The multidisciplinary team provides:

- Crisis intervention and diagnostic assessment
- CBT, psychodynamic, milieu, and developmentally-based individual, group, and family therapies
- Intensive day treatment
- Special education services
- Medication evaluation and monitoring
- Occupational therapy
- Art therapy
- Substance abuse assessment and counseling
- And case management, discharge planning, and aftercare services

This position would shadow all above modalities, but would primarily work in the co-occurring program facilitating weekly individual, family and group sessions focused on co-occurring disorders and recovery related programming.

**WEEKLY SUPPORT:** Individual and Group Supervision, Multi-discipline Clinical Groups including frequent consultation with Psychiatrists, other clinicians, residential counselors, and supervisors. Benefit from the vast array of trainings available through the BI-IRS system. Specific training on a variety of substance abuse treatment modalities and application in a mental health based program.

**Bilingual/ Bicultural experience is desirable. Spanish speaking interns preferred, though non-Spanish speakers also encouraged to apply. Applicants with experience in substance abuse treatment are encouraged to apply. Background check and fingerprinting required.**

**SEND RESUME TO: Jaclyn Pasch, LMFT**

[ipasch@smcgov.org](mailto:ipasch@smcgov.org)

**CENTRAL COUNTY BEHAVIORAL HEALTH-ADULT TEAM**  
San Mateo County Behavioral Health and Recovery Services

1950 Alameda de las Pulgas  
San Mateo, CA 94403  
(650) 573-3571

**PLACEMENT OPENINGS: Second year and advanced practicum placements available for M.S.W., M.F.T., & Ph.D/Psy.D practicum trainees.**  
**First year internships may be considered for students with prior experience.**

- Minimum 24 hours per week.
- Flexible schedule available Monday - Friday, with Thursday mornings required.
- Placement from September through June (IvL.S.W. & M.F.T.) and July to June (Ph.D./Psy.D.). Other placement schedules will be considered.
- Provide clinical services to seriously mentally ill adults in an outpatient mental health clinic.
- Bi-lingual and/ or bicultural interns are encouraged to apply.

**PROGRAM DESCRIPTION:**

Our outpatient behavioral health clinic serves over 900 clients who reside in the Central region of San Mateo County. The program offers individual, group, family therapy, medication support, & clinical case management services within a multi-ethnic, multidisciplinary team environment. Our team is committed to providing integrated treatment to clients with psychiatric problems, substance abuse, developmental and/or medical conditions. The emphasis of treatment is culturally congruent, evidenced based with wellness & recovery focused in order to maintain hope & support the clients' goals of healthy interdependence & self-sufficiency with family & peer support.

**INTERN TRAINING AND EDUCATIONAL OPPORTUNITIES:**

In addition to weekly individual supervision, team meetings, staff meetings & group supervision, interns are provided a weekly Master's Seminar & Grand Rounds lectures. San Mateo County offers multiple trainings & students are required to take on-line training (Avatar, HIPPA, Locus) & attend didactic trainings. Trainees are also encouraged to participate in Health Equity Initiatives that specifically targets cultural groups.

**SEND RESUME TO: Casey Newland, PsyD [cnewland@smcgov.org](mailto:cnewland@smcgov.org)**

**COASTSIDE MENTAL HEALTH CENTER**

San Mateo County Behavioral Health and Recovery Services

**225 S. Cabrillo Highway, Suite 200A****Half Moon Bay, CA 94019****(650) 726-6369**

**PLACEMENT OPENINGS: Two (2)** Social Work and Marriage and Family Therapist students; Psychiatric Nurse Practitioner residents; Drug and Alcohol counselor students. BBS registered post-graduates working for licensing hours are also encouraged to apply. The Coastside Mental Health Center is an outpatient community based clinic providing mental health services for emotionally disturbed youth and adults with serious mental illness living in Half Moon Bay, La Honda, or Pescadero. A large population are Latino, Spanish speaking youth and adults. This clinic also serves a good percentage of migrant farm workers.

**REQUIREMENTS:**

- 16 to 24 hours per week.
- Flexible schedules available Monday - Friday, with Thursdays morning required.
- Placement from September through June, other placement schedules considered.
- Bi-lingual and bi-cultural students encouraged to apply.

**PLACEMENT DESCRIPTION:**

- The population served is youth ages 5-18, up to 22 years old if they are certified under special education and still attending high school, and their families. These are youth who are at risk of out-of home placement and meet the criteria for San Mateo County Behavioral Health Services. Population served represents a diverse community; and a specific focus is on providing services that meet cultural and language needs of the youth and families being served. Services can be provided at the clinic, home, school, or the community. Services include assessment, crisis intervention, clinical case management, individual therapy, family therapy and groups. Services may also consist of collaborating with school staff, CPS, pediatricians, juvenile probation, etc.
- Working with seriously mentally ill adults, often with co-occurring disorders providing assessment, crisis intervention, clinical case management, individual brief therapy, and groups.
- Using Evidence Based Practice models: Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Trauma Informed, Motivational Interviewing, Problem Solving Focus, Seeking Safety, Stages of Change, Recovery Model as well as community based practices that are culturally appropriate for clients.
- Supporting entry to care through Same Day Assistance, Open Welcome Registration Clinic and Officer of the Day shifts.
- Supporting the Coastside Community Service Area by collaborating with partners in the community, strengthening the infrastructure of our community to increase access to services for individuals and their families, decreasing stigma and barriers.
- Working in a multidisciplinary team composed of Psychiatrists, Social Workers, Marriage and Family Therapists, Substance Abuse Counselors, Psychiatric Nurses, Community Workers, Family Partners.
- Cultural Competence stipend application available.

**SEND RESUME TO: Hector Robles Moncada, LCSW****[hmoncada@smcgov.org](mailto:hmoncada@smcgov.org)**

# **CORRECTIONAL HEALTH SERVICES**

**MAGUIRE CORRECTIONAL FACILITY  
300 BRADFORD STREET  
REDWOOD CITY, CA 94063  
(650) 599-1762**

**PLACEMENT OPENINGS: Three (3) slots available for 2<sup>nd</sup> or 3<sup>rd</sup> year Practicum Students, Pre-doctoral and Post-doctoral psychology interns**

## **REQUIREMENTS:**

- 24-40 Hours per week
- Monday-Friday 7am-3pm. Required days Tuesdays & Wednesdays.
- Placement from September 1<sup>st</sup> through June 30<sup>th</sup>. Other placement schedules considered.
- Values cultural competency.
- Can work effectively in a multi-disciplinary team as well as with law enforcement.
- This placement only accepts advanced students with at least one year experience working in a correctional or inpatient setting or two years working in a multi-disciplinary team with seriously & persistently mentally ill patients.

**TRAINING SETTING:** Work with a multidisciplinary team providing services to incarcerated seriously mentally ill adults with co-occurring substance abuse concerns. Opportunity to work in the Behavior Health Program which is a housing unit focusing in providing specialized treatment to mentally ill inmates. Maguire Correctional Facility & Maple Street Correctional Center are the San Mateo County's Jails. About 15% of the population is mentally ill. We provide individual and group therapy. We also provide intake assessments, crisis interventions, suicide assessments, creating and managing behavioral management plans, psychiatric medication referrals, supportive counseling, coordinating with medical and custody staff treatment of inmates with history of mental illness or requesting mental health intervention. San Mateo County Jail has two Behavioral Health Pods (men & women). Interns will work in this program to provide mental health treatment to inmates on a voluntary to stabilize and plan for discharge off the pod.

**Supervisor: Shivika Dharamrup, Psy.D.**

**PHONE: (650) 599-1762**

**SEND RESUME TO:** Shivika Dharamrup, Psy. D., [sdharamrup@smcgov.org](mailto:sdharamrup@smcgov.org)

**EAST PALO ALTO COMMUNITY COUNSELING CENTER**  
**San Mateo County Behavioral Health and Recovery Services**

2415 University Avenue, Suite 301  
East Palo Alto, CA 94303  
(650) 363-4030

**PLACEMENT OPENINGS: M.F.T. and M.S.W. trainees**

- 16-24 hours weekly
- Must be available:
  - Friday, 9:30 a.m. - 11:00 a.m. for clinical team meetings
  - Thursdays, 11:00 am - Noon for youth clinical meetings (if interested in having a youth caseload)
- Placement begins in September

**PLACEMENT DESCRIPTION:**

**East Palo Alto Community Counseling Center** provides mental health services to the multi-cultural and multi-lingual communities of East Palo Alto and East Menlo Park. Delivery of culturally and linguistically appropriate services is an operational mandate of this clinic. The ideal trainee candidate will possess cultural and linguistic competencies pertinent to the Latino, African-American and Pacific Islander communities of EPA and EMP and will have a strong commitment to enhance those competencies during traineeship. The trainee at **EPACCC** can expect to develop experience across the following areas:

- **Psychotherapeutic and Clinical Case Management services to adults contending with serious and persistent mental illness.**
  - Trainee will provide community outreach/ consultation/ collaboration, diagnostic assessments, individual/ family/group interventions, evidence-based treatment and crisis intervention in both outpatient and community settings.
- **Psychotherapeutic, Clinical Case Management and Mental Health services to youth and families contending with serious emotional disturbance and/ or where the youth is at risk of being removed from home or community.**
  - Trainee will provide community outreach/ consultation/ collaboration, diagnostic assessments, individual/ family/group interventions, evidence-based treatment and crisis intervention in both outpatient and community settings.

**SEND RESUME TO: Stephanie Coate, PsyD**

scoate@smcgov.org

**NORTH COUNTY MENTAL HEALTH -ADULT TEAM**  
San Mateo County Behavioral Health and Recovery Services

375 - 89TH STREET  
Daly City, CA 94015  
(650) 301-8650

**PLACEMENT OPENINGS:** Five (5) MSW and MFT students with preference for second year students.

**REQUIREMENTS:**

- Hours: 24-32 per week
- Monday-Friday; Thursdays-all day required
- September-June

**TRAINING SETTING:** North County Mental Health Services is one of five regional clinics of San Mateo County Behavioral Health and Recovery Services that provides outpatient treatment and services to individuals with major psychiatric disorders. Mental Health services include medication management, time-limited individual and group therapy, rehabilitation and recovery services, crisis intervention, and clinical case management. Whenever appropriate, families and clients' support systems are involved in treatment.

The North County Mental Health Services staff is composed of a multicultural and interdisciplinary team of psychiatrists, psychiatric residents, social workers, marriage and family therapists, nurses, and peer case managers. The clinic serves a diverse group of clients with a strong focus on Latino and Filipino communities. Bilingual and Bicultural trainees are encouraged to apply.

The Training Program at North County Mental Health consists of weekly clinical seminars as well as individual and group supervision. The seminars are taught by behavioral health professionals at the clinic and in the community who have expertise in prioritized clinical areas.

MSW Interns and MFT Trainees are involved in all of the clinic's services and activities, including assessment, individual and group therapy, case management, and crisis intervention. Interns and trainees also learn about psychopharmacology for non-medical practitioners. There will also be opportunities to work collaboratively with other agencies within San Mateo County's behavioral health system.

North County Mental Health supports research projects within the limits of confidentiality and human subject regulations and with the approval of Quality Management.

**SEND RESUME TO:** Chummy Sevilla, LCSW    csevilla@smcgov.org



**NORTH COUNTY MENTAL HEALTH - YOUTH TEAM**  
**San Mateo County Behavioral Health and Recovery Services**

**375 - 89<sup>th</sup> STREET**  
**DALY CITY, CA 94015**  
**(650) 301-8650**

**PLACEMENT OPENINGS: Five (5) second year placements for MSWs and MFTs**

**Requirements:**

- A minimum of 24 hours weekly.
- Term: September through June
- Must be available Thursdays
- Must be able to work at least one evening/week until 6 pm.
- Must have a driver's license and car insurance to be able to drive to school and other sites on behalf of the client.
- Placement runs from the first week of September to the last week of May.

**Program/Duties:**

The placement provides an opportunity for students to gain experience in providing treatment to adults with serious mental illness and co-occurring disorders. The student will gain skills in assessment, diagnosis and treatment planning. Exposure and a chance to practice clinical case management. This umbrella includes psychodynamic and evidence-based therapies, clinical case management, crisis intervention and rehabilitation services. The student will gain experience in working with a multi-disciplinary environment and prepare them for service in community mental health

- Work with children 0 - 18 years of age.
- Perform clinical assessments; individual, family and group therapy.
- Perform psychological assessments when needed.
- Collaborate with agencies involved in the client's treatment.
- Collaborate with the school the client is attending.
- Work with a diverse ethnic population.
- Participate in trainings provided by the clinic and by the county. (Extensive training seminars in child, adolescent, family, and group assessment and treatment.)
- Attend individual supervision and required meetings for staff and students.

**Site Contact: Chummy Sevilla [csevilla@smcgov.org](mailto:csevilla@smcgov.org)**

**LOCATION**

Central County  
Fieldwork  
throughout County

**POPULATION**

Adult (Older)

**OLDER ADULT SYSTEM OF INTEGRATED SERVICES (OASIS)**  
**San Mateo County Behavioral Health and Recovery Services**

**1950 Alameda De Las Pulgas  
San Mateo, CA 94403  
(650) 573-3689**

**PLACEMENT OPENINGS: One (1) Internships available for second year M.S.W. and M.F.T. students.**

- Range 16-24 hours per week.
- Monday through Friday 8:30-5:00 with flexible hours and mandatory staff meeting on Thursday 8:30am to 10:00am.
- Placement from August through July with other schedules considered.
- Bilingual interns encouraged to apply.

Join a multidisciplinary team providing co-occurring and mental health care to seriously mentally ill older adults (60+) who live in the community. OASIS provides case management services and psychiatric follow-up care to these individuals at their place of residence (own home, apartment, or board and care facility). OASIS team works in collaboration with family members, significant others, other health care providers and community agencies. Interns/ Trainees will have skill building opportunities including: clinical assessment, treatment planning, crisis intervention, case management, and short-term counseling / therapy.

**SEND RESUME TO: Joicy Mean, LMFT**

**[jmean@smcgov.org](mailto:jmean@smcgov.org)**

**LOCATION**

Central County  
Fieldwork  
throughout County

**POPULATION**

Adult  
Youth

**PRENATAL TO THREE BEHAVIORAL HEALTH TEAM**  
**San Mateo County Behavioral Health and Recovery Services**

**2000 Alameda de las Pulgas  
San Mateo, CA 94403  
(650) 372-8592**

**PLACEMENT OPENINGS: Six(6) Second Year M.S.W. or M.F.T. (Including Art Therapy) students. Spanish-speaking is desirable.**

- 16- 24 hours weekly.
- Mandatory staff meeting and mandatory training meetings one time per week on Fridays.
- Placements primarily begin in August-May
- Must have access to car for home visits.

**PLACEMENT DESCRIPTION:**

- Prenatal to Three team provides Mental Health Services in the clinic and in the home to the Medi-Cal and uninsured population of pregnant/ 1 year postpartum women and children up to 5 years of age. This is an early intervention program which focuses on the attachment and developmental process of infants age zero through five using a Child-Parent Psychotherapy model.
- Teen Program provides treatment to pregnant and parenting teens.
- Partners for Safe and Healthy Children (PSHC) provides services to families in San Mateo County who are involved with Child Protective Services and have at least one child 5 and under in the family. This includes collaboration with CPS social workers and other collaborative partners, and treatment of men, women, and children which focuses on substance recovery, mental illness, healing from trauma, and repairing parent-child relationships.
- Trainee caseloads can be from one program or a mixture of Pre to Three, PSHC, and Teen Program.
- Interventions includes: assessment, diagnosis, treatment of both women and their children 0-5 individual, family and group modalities.
- Pre to Three is a multidisciplinary team consisting of psychiatric social workers, marriage family therapists, community workers, adult psychiatrists, public health nurses, nutritionist and perinatal drug and alcohol specialists.
- Group and individual supervision provided.

**SEND RESUME TO: Cindy Donis**

**cdonis@smcgov.org**

LOCATION

Various

POPULATION

Adult  
Youth

**PRIMARY CARE-INTERFACE TEAM**  
**San Mateo County Behavioral Health and Recovery Services**

**2000 Alameda de las Pulgas, Suite #200**  
**San Mateo, CA 94403**  
**(650) 573-2630**

**Placement Openings:** MFT or MSW students. Bi-lingual (English / Spanish) candidates encouraged to apply.

**Student Internship with the Interface Team**

Primary Care Interface clinicians treat patients referred to the Interface Team by their Primary Care provider. The Interface clinicians are embedded in various Primary Care clinics throughout San Mateo County.

**Treatment Solution Focused Model**

Mental health treatment through Primary Care Interface is brief, one to eight sessions. Interns will learn about brief mental health treatment using a Solution Focus model of therapy. Interns will have the opportunity to learn and practice this model. The textbook, "Interviewing for Solutions" support the model. Also, interns learn information and referral, screening, assessment, treatment planning, linkage to other agencies, referral to Private Provider Network and transfer to BHRS regional clinics which provide treatment for patients with a serious mental illness.

**Primary Care Integration and Behavioral Health**

The Interface Team was formed in 1994 when the San Mateo County Health Agency realized that the majority of antidepressant medications are prescribed by Primary Care Providers who lacked training in recognizing mental illness.

According to the National Council for Community Behavioral Healthcare, there have been ten years of discussions, papers, conferences, pilots and a few well-financed models regarding Behavioral Health (Mental Health and Substance Use Treatment) / Primary Care Integration. The recent financing and development of behavioral health services in Community Health Centers is the latest in a series of efforts to acknowledge that a large proportion of the population receive their behavioral health services in a primary care setting.

**SEND RESUMES TO: Elizabeth Alvarez, LMFT**

**ealvarez@smcgov.org**

**SCHOOL-BASED MENTAL HEALTH TEAM**  
**San Mateo County Behavioral Health and Recovery Services**

**Palos Verdes School  
1290 Commodore Drive West  
San Bruno, CA 94066  
(650) 583-1260 ext. 235  
FAX (650) 872-3626**

**PLACEMENT OPENINGS: M.S.W., M.F.T., M.A. psychology, and M.A. Art Therapy Students.  
Qualifies as a P.P.S.C. placement.**

- 20 hours or more weekly.
- Available for evening hours 5:00 p.m. - 7:00 p.m., one day a week for family work. Mandatory staff and clinical meeting Wednesdays 2:30 p.m. - 4:30 p.m., and a training meeting one time per week.
- Placement runs from September through June.
- Must have access to a car.

**PLACEMENT DESCRIPTION:**

- The team provides comprehensive mental health services to students in the San Mateo County Special Education programs. These students have severe emotional, behavioral, developmental, language and/or physical disabilities, which compromise their ability to learn in the classroom.
- The team serves children across two age groups: elementary (ages 6-12); and secondary (ages 12-21).
- Mental Health intervention may include a mental health assessment; individual, group, family therapy, consult with education staff, milieu intervention in a special day class and/or liaison with other community agencies.
- The team is a multi-disciplinary team consisting of social workers, M.F.T.'s, child psychiatrist, parent liaison and an art therapist.
- Group and individual supervision provided.
- Interns are required to have some volunteer or paid experience working with children 1 to 18 years of age.

**SEND RESUME TO: Nancy Littlefield, L.C.S.W., P.P.S.C**

**[nlittlefield@smcgov.org](mailto:nlittlefield@smcgov.org)**

**South County Clinic**  
**San Mateo County Behavioral Health and Recovery Services**

**802 Brewster Avenue**  
**Redwood City, CA 94063**  
**(650) 363-4111**

**PLACEMENT OPENINGS: M.F.T. and M.S.W. trainees**

- 16-24+ hours weekly
- Placement runs September through June.
- Must be available:
  - o Thursdays, 2:00 p.m. - 3:30 for staff meetings/ clinical team meetings
- Weekly individual supervision with a L.C.S.W., or M.F.T.
- Bi-lingual Spanish Speaking candidates are encouraged to apply.

**PROGRAM DESCRIPTION:**

South County Clinic is one of the regional clinics within San Mateo County. The South County located in Redwood City. The South County clinic provides mental health services to multi-cultural and multilingual clients with severe mental illness and co-occurring disorders. Delivery of culturally and linguistically appropriate services is an operational mandate of this clinic. The ideal trainee candidate will possess cultural and linguistic competencies pertinent to the Latino population and will have a strong commitment to enhance those competencies during traineeship. The trainee at **the South County clinic** can expect to develop experience across the following areas:

- o **Psychotherapeutic and Clinical Case Management services to adults contending with serious and persistent mental illness.**
  - Trainee will provide community outreach/ consultation/ collaboration, diagnostic assessments, individual/ family/group interventions, brief therapy, evidence-based treatment, case management and crisis intervention in both outpatient and community settings.

Whenever appropriate, families and clients' support systems are involved in their treatment. Treatment teams are multidisciplinary and include psychiatrists, psychologist, social workers, marriage and family therapists, psychiatric nurses, residents and interns. Interns play a significant role in conducting much of the individual and group therapy at South County. Interns collaborate with clinical teams to increase competency in working within a multidisciplinary team and to further develop clinical, assessment and case management skills.

Because Co-Occurring Disorders are an expectation, not an exception, the delivery of services incorporates Motivational Interviewing, and Stage-wise Case Management. Interns will also have the opportunity to co-lead various groups such as Wellness Recovery Action Planning, DBT Skills, Smoking Cessation, Seeking Safety, Life Skills, and Mindfulness.

**SEND RESUME TO: Mariana Rocha, LCSW**    [mrocha@smcgov.org](mailto:mrocha@smcgov.org)

**SOUTH COUNTY MENTAL HEALTH - YOUTH TEAM**  
**San Mateo County Behavioral Health and Recovery Services**

**727 Shasta St.  
Redwood City, Ca 94063  
650-599-1033**

**PLACEMENT OPENINGS: MSW and MFT Students including Art Therapy (will consider first year if qualify by experience).**

**HOURS:**

16 or more hours weekly, including one evening from 5:00 - 6:30 p.m. for family work. Must be available Wednesdays 9:00 to 1:00. Placement runs from September through June.

**POPULATION SERVED:**

The South Youth team serves a population of 5-18 year olds with moderate to significant mental health needs. Population served represents a diverse community; and a specific focus is on providing services that meet cultural and language needs of the youth and families being served. South County has a large Latino population, with a good percentage of monolingual, Spanish-Speaking, youth and family members.

The South Community Service Area serves youth and families from San Carlos, Redwood City, Fair Oaks, Portola Valley, and Menlo Park.

**TREATMENT:**

The primary duties will include mental health assessments; case management; crisis management; leading groups for youths and parents; and collaborating with outside agencies and providers. Individual, family, and / or group therapy may be provided in a clinic and/or field setting; field setting may consist of school site, home site, or community based organization. Trainees will work as part of a multi-disciplinary team which includes clinicians, peer partners, psychiatrists, and others. Trainees/Interns may also be asked to conduct community outreach to help reach populations that are underserved in their regional area, and participate in San Mateo County Health Equity initiatives or other change-agent committees.

**WEEKLY SUPPORT:**

Individual supervision, group supervision (a possibility/ not guaranteed), training seminar for master's level trainees, clinical staff meetings, and county-wide ongoing trainings and seminars.

**Bilingual, Spanish Speaking preferred.**

**SEND RESUME TO: Jim Rutherford, MFT**

**[jrutherford@smcgov.org](mailto:jrutherford@smcgov.org)**

**YOUTH CASE MANAGEMENT UNIT**  
**San Mateo County Behavioral Health and Recovery Services**

**1950 Alameda de las Pulgas  
San Mateo, CA 94403  
(650) 573-3504**

**PLACEMENT OPENINGS: First and second year M.S.W. students.**

- 16 to 20 hours weekly.
- Placement runs from September through June.
- Will provide intensive case management services to children and adolescents who are at risk of out-of-home placement, or who are currently placed in a residential facility. Will also coordinate Mental Health Services for youth who have been psychiatrically hospitalized.
- Will provide short or long-term psychotherapy for high risk children and adolescents.
- Will assist in assessment of children and adolescents at San Mateo Medical Center - Psychiatric Emergency Services.
- Will collaborate with all county agencies (i.e., Education, Probation, Social Services) to coordinate Mental Health services and community interventions.
- Available Tuesday 2:00 - 3:30 p.m.; weekly seminar in child/adolescent/family and other clinical areas.
- Must have access to car/ transportation.
- Available Thursday 9:00 - 11:00 a.m., for staff meeting.

**SEND RESUME TO: Tim Horgan, LMFT      [thorgan@smcgov.org](mailto:thorgan@smcgov.org)**  
**Phone:(650)573-3970      Fax: (650)349-0476**



**YOUTH TO ADULT TRANSITION PROGRAM (YTAC)**  
San Mateo County Behavioral Health and Recovery Services

**727 Shasta Street  
Redwood City, CA 94063  
650-599-1071**

**PLACEMENT OPENINGS: Second year M.F.T. interns.**

**REQUIREMENTS:** 16 to 20 hours weekly

Must be available Thursdays 8:30-noon for weekly seminar and staff meeting.

Placement runs from September through June

- Work with transitional age youth ages 16-25 years old
- Provide clinical case management and counseling to transitional age youth with multiple risk factors including risk of out-of-home placement, psychiatric hospitalization, history of trauma, substance abuse and/or homelessness
- Participate in multidisciplinary team meetings to provide services to emotionally disturbed youth and seriously mentally ill adults
- Provide individual, family and group psychotherapy for transitional age youth
- Evaluate young adult clients admitted to Psychiatric Emergency Department
- Collaborate with multiple service systems including Education, Probation and Social Services
- Learn and develop skills in the areas of crisis intervention, short-term counseling/therapy, assessment and evaluation, treatment planning, case management, and group therapy
- Available Thursday 8:30am-10am for weekly seminar in child/ adolescent / family and other clinical areas

**SEND RESUME TO:**

**Jason Kimbrough, M.F.T.  
Phone: 650-599-1071**

**[jkimbrough@smcgov.org](mailto:jkimbrough@smcgov.org)  
Fax: 650-369-4001**

**(Forensic) Youth Services Center**  
**Behavioral Health and Recovery Services**  
**222 PAUL SCANNELL DRIVE**  
**SAN MATEO, CA 94402**  
**(650) 312-5314**

**PLACEMENT OPENINGS: Six (6) PsyD/PhD, MFT, MSW Interns and trainees**

**Hours:**

- 20 - 24 hours per week
- July through May
- Hours distributed Monday - Friday, 8:00 A.M. - 6:00 P.M.
- Must be available Wednesdays 8:30 A.M. - 1:00 P.M. (trainings and meetings)
- Spanish speakers encouraged to apply

**Program Description:**

The Youth Services Center offers an excellent opportunity to develop psychological assessment and report writing skills, while also serving adolescents and their families in multidisciplinary forensic settings. All Practicum students are expected to conduct a series of court ordered psychological evaluations and prepare written reports to the court. Therefore, students must have completed coursework in psychological testing prior to this placement. Students devote at least half of their time to one of 3 direct, clinical assignments alongside their testing and report writing:

1. The **Forensic Team** provides the following to youth detained in the County of San Mateo's Juvenile Hall: crisis response, assessment, brief and longer-term individual and family therapy, group therapy, and case management.
2. The Clinical team at the **Margaret J. Kemp Girls' Camp** engages in gender-responsive, culturally competent, and trauma-informed group, individual, and family therapy to address mental health needs and co-occurring disorders. Demands of this team may limit availability for psychological assessment and report writing.
3. Clinicians at **Camp Glenwood** collaboratively deliver individual, group, and family therapy, as well as crisis response and case management to adolescent boys who have been committed for several months to an intensive therapeutic program location near La Honda.

**Application Process:** Please e-mail a **curriculum vitae, cover letter**, and mail, send or bring **2 letters of recommendation**.

**Site Contact:** Aurora Pena, LMFT [apena@smcgov.org](mailto:apena@smcgov.org)